

FISHTAIL TOURS AND TRAVELS PVT. LTD.

01	COMPANY PROFILE (Click to View)
02	LEISURE TOUR PACKAGES
-	Dream Kathmandu Valley - 3 Nights / 4 Days
-	Kathmandu And Nagarkot Tour Package - 3 Nights / 4 Days
-	Twin Valley Tour - 5 Nights / 6 Days
-	Kathmandu, Pokhara & Jomsom Tour Package - 6 Nights / 7 Days
-	Nature Safari Tour Package – 7 Nights / 8 Days
-	Nepal's Spring Classic Tour – 7 Nights / 8 Days
03	CULTURAL TOURS
-	Beyond Kantipur (Kathmandu) – 10 Nights / 11 Days
-	Sarangi - A Cultural Tour – 09 Nights / 10 Days
04	NEPAL LUXURY TOUR (7 Nights – 8 Days)
05	OVERLAND TOUR
-	7 Nights / 8 Days Drive Raxaul, Chitwan, Pokhara Kathmandu, Janakpur, Darbanga Tour Package
-	7 Nights / 8 Days Drive Gorakhpur – Pokhara Kathmandu Chitwan & Lumbini Tour Package
06	SOFT ADVENTURE
-	08 Nights Nepal Tour With Soft Adventure Trek
-	11 Nights For Nepal Bird Watching Tour
07	TREKKING PACKAGES
-	Everest Base Camp Trek – 13 Nights / 14 Days
-	Annapurna Base Camp Trek – 10 Nights / 11 Days
-	Annapurna Circuit Trek – Rainbow – 11 Nights / 12 Days
-	Langtang Trek – 09 Nights / 10 Days
-	Upper Mustang Drive Tour (Premium Section) – 11 Nights / 12 Days
08	HOLY MOUNT KAILASH YATRA (TENTATIVE)
-	Overland Tour Via Kyrung – 13 Nights / 14 Days
-	Mt Kailash Via Lhasa – Ali – Vvip Tour – 11 Nights / 12 Days
-	Mt Kailash Heli Tours Via Hilsa – 11 Nights / 12 Days
-	Mount Kailash Via Lhasa – 14 Nights / 15 Days
-	Mount Kailash – Nandi & Inner Korra – 16 Nights / 17 Days
09	OPTIONAL ACTIVITIES 2024 (Click to View)
10	MICE TOURISM (Click to View)
11	GENERAL TERMS AND CONDITIONS - FTT (INR) (Click to View)

DREAM KATHMANDU VALLEY TOUR PACKAGE

Tour code	Tour Title	Tour Duration	Destination Covered
FTT- IM001	DREAM KATHMANDU VALLEY	3 Nights/4 Days	Kathmandu

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Retaining its ancient traditions, Kathmandu is blessed by a Living Goddess and is enriched by endless ceremonial processions and events that take to the streets every now and then with throngs of devotees seeking blessings. The Newari civilization of the Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. It is a living example of how cultural restoration and tourism can complement each other, leading to the preservation of historical artifacts and the growth of rich cultural history.

OUTLINED ITINERARY:

Day 01: Arrival in Kathmandu and Overnight.
Day 02: Full Day Kathmandu Sightseeing and Overnight
Day 03: Day Trip to Chandragiri Hills
Day 04: Departure

DETAILED ITINERARY:

Day 01: ARRIVE IN KATHMANDU

Once you arrive at the Tribhuvan International Airport in Kathmandu, look out for our representative who will be holding a placard with your name on it. A short drive and you will be in your hotel. Our tour officer will help you complete all the check-in procedure and brief you about tour itinerary.

Overnight stay in Kathmandu.

Day 02: FULL DAY KATHMANDU SIGHTSEEING

Enjoy your morning breakfast. Today, you will start a journey of cultural



exploration! Starting from Kathmandu, the nerve center of Nepal, we will arrange a variety of sightseeing activities for you. Begin your tour with **Swayambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of an ancient lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.



Then visit to **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan.



In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.



In the evening proceed to the holiest **Pashupatinath Temple**. According to religious beliefs, Lord Pashupatinath is the almighty God and the savior of all mankind. Therefore, it is said that all Hindus should make a pilgrimage to the Pashupatinath temple at least once in their lives to pray for eternal peace and salvation. One of the most mesmerizing rituals at Pashupatinath Temple is the **Pashupati Bagmati Aarati**. This is a ritual that allows everyone to be a part of it and creates an environment of union of God and the devotees. **Overnight in Kathmandu.**

DAY 03: DAY TRIP TO CHANDRAGIRI

Enjoy your morning breakfast. Today are going to have a full day fun trip to chandragiri. It's about 1 hour drive to reach Chandragiri Hills from Kathmandu. **Chandragiri hill**, the place to have a view of the Kathmandu valley and to have the impression of seeing all of Nepal. On a clear day, you can have a panorama of the magnificent Himalayan chains from Annapurna to Everest. Take a cable car ride to reach at the top of Chandragiri. Enjoy the scenic view along the way. Once you reach on top visit Bhaleshwor Temple, situated in the southwest side of Hills. Enjoy break taking views of the himalayas. Return back in cable car, drive back to your hotel and remaining time at leisure in Kathmandu. **Overnight in Kathmandu.**



DAY 04: DEPARTURE TRANSFER

After breakfast, our cheerful representative will drop you off to the airport three hours prior to the flight departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person				
	Double/Twin Share–INR on BB Plan				
	02- 04 Pax	05-10Pax	SINGLE SUPLIME NT	CHILD WITH BED	CHILD WITHOUT BED
3*	8,500	7,500	4,800	5,900	3,500
4*	9,100	8,100	5,500	6,400	3,900
4* Premium	9,800	8,900	6,400	6,900	4,100
5*	15,200	14,300	12,100	9,100	6,100
5* Premium	17,400	16,500	14,500	12,200	7,050

TOUR COST INCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 03nights accommodation on Double/Twin sharing basis at hotel in Kathmandu,
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel,
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/RESORT:

Tour Category	Destinations & Hotel/Resort
	Kathmandu
3*	Hotel Moonlight /Similar
4*	Hotel Grand /Similar
4* (Premium)	Hotel Shambala /Similar
5*	Hotel Yak & Yeti /Similar
5*(Premium)	Hotel Hyatt Regency /Similar

TOUR COST EXCLUDES:

- ✗ Airfare to/from Nepal.
- ✗ Lunch & Dinner except Chitwan.
- ✗ Beverage and expenses of personal nature.
- ✗ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✗ Tips to guide, porters, drivers etc.
- ✗ Personal Insurance.

END OF TOUR

3 NIGHTS / 4 DAYS KATHMANDU AND NAGARKOT TOUR PACKAGE

Tour code	Tour Duration	Destination Covered
FTT – IM002	3 Nights/4 Days	Kathmandu & Nagarkot

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. Nestled on the northern fringe of the Kathmandu Valley, Nagarkot is a captivating destination. This idyllic hill station boasts unparalleled natural beauty and offers enchanting sunrise views over the Himalayas.

OUTLINED ITINERARY:

Day 01: Arrival in Kathmandu and Overnight.
Day 02: Full Day Kathmandu Sightseeing and Overnight
Day 03: Drive to Nagarkot, Enroute Bhaktapur and Overnight
Day 04: Departure

DETAILED ITINERARY:

Day 01: ARRIVE IN KATHMANDU

Once you arrive at the Tribhuvan International Airport in Kathmandu, look out for our representative who will be holding a placard with your name on it. A short drive and you will be in your hotel, our tour officer will help you complete all the check-in procedure and brief you about tour itinerary. **Overnight stay in Kathmandu.**

Day 02: FULL DAY KATHMANDU SIGHTSEEING

Enjoy your morning breakfast. Today, you will start a journey of cultural exploration! Starting from Kathmandu, the nerve center of Nepal, we will arrange a variety of sightseeing activities for you. Begin your tour with the holiest **Pashupatinath Temple**. According to religious beliefs, Lord Pashupatinath is the almighty God and the savior of all mankind. Therefore, it is said that all Hindus should make a pilgrimage to the Pashupatinath temple at least once in their lives to pray for eternal peace and salvation.



Then visit to **Swayambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.

In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.



In the evening proceed **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan. **Overnight in Kathmandu.**

DAY 03: DRIVE TO NAGARKOT, ENROUTE BHAKTAPUR

Enjoy your morning breakfast. Check out of your hotel and drive to Nagarkot(32km, 1.5 hrs. drive). Enroute Visit Bhaktapur. After breakfast check out and head for your **Bhaktapur** sightseeing. Bhaktapur, commonly known as the "city of worshippers," is also known as the "city of temples." Visit, **Bhaktapur Durbar Square**, ancient temples and shrines, sculptures and historical heritage sites constructed in different eras carry the identity of this city. Highlights of the ancient's Nepali art like golden gate, 55 Window Temple, etc. can be observed in one place here. **Nagarkot** is known for its spectacular sunrise and sunset views. Nagarkot is believed to be a rich home for different species of butterflies. The hill-town even offers a panoramic view of the entire Kathmandu Valley Check in at your hotel and enjoy the remaining day at leisure. **Overnight in Nagarkot.**



DAY 04: DEPARTURE TRANSFER

Enjoy sunrise over the panoramic view of Himalayas from hotel premises (if weather Permits). After breakfast, our cheerful representative will drop you off to the airport three hours prior to the flight departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

TOUR COST:

Tour Category	Tour cost as per the group size in Per Person				
	Double/Twin Share – INR on BB Plan				
	02-04 Pax	05-10 Pax	SINGLE SUPLIMENT	CHILD WITH BED	CHILD WITHOUT BED
3*	9,900	8,700	5,300	6,900	3,900
4*	10,600	9,300	5,900	7,500	4,300
4* Premium	12,000	10,700	7,300	8,400	4,800
5*	14,700	13,800	11,400	10,300	5,900
5* Premium	17,900	16,700	13,500	12,600	7,200

TOUR COST INCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Kathmandu
- ✓ 01 nights' accommodation in Double/Twin sharing at hotels in Nagarkot
- ✓ Kathmandu/Nagarkot/Kathmandu by private A/C Deluxe Vehicle
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/RESORT:

Tour Category	Destinations & Hotel/Resort	
	Kathmandu	Nagarkot
3*	Hotel Moonlight/ Similar	Hotel Himalayan Villa/ Similar
4*	Hotel Grand / Similar	The Fort Resort/ Similar
4* Premium	Hotel Shambala / Similar	Hotel Country Villa / Similar
5*	Hotel Yak & Yeti/ Similar	Tayo Eco Resort / Similar
5* Premium	Hyatt Regency Kathmandu/ Similar	Hotel Mystic Mountain / Similar

TOUR COST EXCLUDES:

- ✕ Airfare to/from Nepal.
- ✕ Nepal visa fee - available upon arrival at Kathmandu airport – USD 25.00 per person for multiple entry up to 15 days. (VISA NOT REQUIRED FOR INDIAN PASSPORT HOLDER)
- ✕ Lunch & Dinner
- ✕ Beverage and expenses of personal nature.
- ✕ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✕ Tips to guide, porters, drivers etc.
- ✕ Personal Insurance.

END OF TOUR

5 NIGHTS / 6 DAYS KATHMANDU AND POKHARA TOUR PACKAGE

Tour code	Tour Title	Tour Duration	Destination Covered
FTT – IM003	Twin Valley Tour	5 Nights/6 Days	Kathmandu & Pokhara

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. Pokhara is best known for the stunning view of the Annapurna range. It is perhaps one of the few places on earth from where mountains above 6,000 m can be seen unobstructed from an altitude of 800 m within the distance of 28 km.

OUTLINED ITINERARY:

Day 01: Arrival in Kathmandu and Overnight.
 Day 02: Full Day Kathmandu Sightseeing and Overnight
 Day 03: Drive to Pokhara
 Day 04: Half Day Pokhara Sightseeing
 Day 05: Drive Back to Kathmandu
 Day 06: Departure

DETAILED ITINERARY:

Day 01: ARRIVE IN KATHMANDU

Once you arrive at the Tribhuvan International Airport in Kathmandu, look out for our representative who will be holding a placard with your name on it. A short drive and you will be in your hotel. Our tour officer will help you complete all the check-in procedure and brief you about tour itinerary. **Overnight stay in Kathmandu.**

Day 02: FULL DAY KATHMANDU SIGHTSEEING

Enjoy your morning breakfast. Today, you will start a journey of cultural exploration! Starting from Kathmandu, the nerve center of Nepal, we will arrange a variety of sightseeing activities for you. Begin your tour with the holiest **Pashupatinath Temple**. According to religious beliefs, Lord Pashupatinath is the almighty God and the savior of all mankind. Therefore, it is said that all Hindus should make a pilgrimage to the Pashupatinath temple at least once in their lives to pray for eternal peace and salvation.



Then visit to **Swayambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.

In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.

In the evening proceed **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan. **Overnight in Kathmandu.**

DAY 03: DRIVE TO POKHARA

Following breakfast, our adventure begins road trip to **Pokhara (7 hrs approx.)**. Pokhara, the 'Tourist Capital of Nepal,' at an altitude of more than 900m, it is one of the highest cities, making it the base for many world-famous treks. The highlight of the town is its Lakeside, which is a boating paradise flanked with charming shops, dreamy cafés, restaurants and pubs that make up this postcard-perfect town. Once you arrive in Pokhara transfer to designated hotel and check-in. Feel free to take a stroll through the city in the evening or relax by the lakeside. **Overnight in Pokhara**



DAY 04: HALF DAY POKHARA SIGHTSEEING

Enjoy your morning breakfast at hotel. Then proceed for your sightseeing. Visit to **Bindhabasini Temple** dedicated to goddess Durga- the deity of supreme power, right in the center of the bazaar. The 16th century architecture is sure to delight you. **Davis falls**, or "Patale Changgo" in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. Move towards Mahadev Cave, also known as **Gupteshwor Cave** is limestone



cave with its shrine desiccated to Lord Shiva. The cave is said to have been discovered in 16th Century. Watch the **Seti Gorge** standing atop the Mahendra Pul. Flowing right through the city, the river runs completely underground at places. Also, visit **World Peace Pagoda**, situated at the



height of 1100 meters on the Anadu Hill. After returning back to lakeside, hop on the boat for an hour boat ride in Fewa Lake. **Overnight in Pokhara.**

DAY 05: DRIVE BACK TO KATHMANDU

After Breakfast, we take a long drive to Kathmandu. Upon arrival in Kathmandu check in at your hotel and relax the remaining time of your own at leisure. **Overnight in Kathmandu**

DAY 06:- DEPARTURE

After breakfast free time until departure. Our tour escort will timely drop you to airport 3 hour prior flight time for final departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person				
	Double/Twin Share – INR on BB Plan				
	02-04 Pax	05-10Pax	SINGLE SUPLIMENT	CHILD WITH BED	CHILD WITHOUT BED
3*	17,500	14,700	7,300	12,300	7,000
4*	18,100	15,300	7,900	12,600	7,300
4* Premium	19,600	16,800	9,900	13,700	7,800
5*	25,300	22,400	15,800	17,700	10,200
5* Premium	29,600	26,800	19,900	20,700	11,900

TOURCOSTINCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 03nights' accommodation in Double/Twin sharing at hotels in Kathmandu
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Pokhara
- ✓ Kathmandu/Pokhara/Kathmandu by private A/C Deluxe Vehicle
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel,
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/RESORT:

Tour Category	Destinations & Hotel/Resort	
	Kathmandu	Pokhara
3*	Hotel Moonlight/ Similar	Hotel Kausi / Similar
4*	Hotel Grand / Similar	Hotel Aabas/ Similar
4* Premium	Hotel Shambala / Similar	Hotel Sarowar / Similar
5*	Hotel Yak & Yeti/ Similar	Mountain Glory Resort/ Similar

5* Premium	Hyatt Regency Kathmandu/ Similar	Fishtail Lodge / Similar
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TOUR COST EXCLUDES:

- ✕ Airfare to/from Nepal.
- ✕ Nepal visa fee - available upon arrival at Kathmandu airport – USD 25.00 per person for multiple entry up to 15 days. (VISA NOT REQUIRED FOR INDIAN PASSPORT HOLDER)
- ✕ Lunch & Dinner
- ✕ Beverage and expenses of personal nature.
- ✕ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✕ Tips to guide, porters, drivers etc.
- ✕ Personal Insurance.

END OF TOUR

6 NIGHTS / 7 DAYS KATHMANDU, POKHARA & JOMSOM TOUR PACKAGE

Tour code	Tour Duration	Destination Covered
FTT – IM004	6 Nights/7 Days	Kathmandu , Jomsom & Pokhara

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. Pokhara is best known for the stunning view of the Annapurna range. It is perhaps one of the few places on earth from where mountains above 6,000 m can be seen unobstructed from an altitude of 800 m within the distance of 28 km.

OUTLINED ITINERARY:

Day 01: Arrival in Kathmandu and Overnight.
 Day 02: Drive to Pokhara
 Day 03: Fly to Jomsom- Muktinath
 Day 04: Fly back to Pokhara – Half Day Pokhara Sightseeing
 Day 05: Drive Back to Kathmandu
 Day 06: Full Day Kathmandu Sightseeing
 Day 07: Departure

DETAILED ITINERARY:

Day 01: ARRIVE IN KATHMANDU

Once you arrive at the Tribhuvan International Airport in Kathmandu, look out for our representative who will be holding a placard with your name on it. A short drive and you will be in your hotel. Our tour officer will help you complete all the check-in procedure and brief you about tour itinerary. **Overnight stay in Kathmandu.**

Day 02: DRIVE TO POKHARA

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DAY 03: FLY JOMSOM – MUKTINATH

Morning transfer to the domestic airport. Today is the test of our luck because of the weather dependable flight to Jomsom. Jomsom Airport is located across the giant mountains where the weather changes frequently. It takes 20 mins to reach Jomsom. The flight offers magnificent views of the snow-capped mountains. After landing, transfer to the hotel, 5 mins walk. Short rest and then, drive from Jomsom to **Muktinath** following the Kaligandaki River, 1:30 hrs drive. Arrival at Muktinath and walk 2 km up to the temple. If unable to walk then horses are available to ride. Take a holy bath under 108 water springs and 2 Kunda. Perform ritual activities at Muktinath Temple. Visit Mukteshwar Mahadev Temple, Vishnu Paduka, Swaminarayan Nilkath Varni Meditation Spot, Shree Guru Ramanujacharya Temple, Narshing Gompa, and Jwala Mai Temple. Then, back to Jomsom following the same route. **Overnight at Jomsom.**



DAY 04: FLY BACK TO POKHARA - HALF DAY POKHARA SIGHTSEEING

Enjoy your Breakfast at the hotel.. As per the flight schedule transfer to the airport, 5 mins walk. Fly back to Pokhara. Afternoon Pokhara Sightseeing Visit to **Bindhabasini Temple** dedicated to goddess Durga- the deity of supreme power, right in the



center of the bazaar. The 16th century architecture is sure to delight you. **Davis falls**, or “Patale Changgo” in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. Move towards Mahadev Cave, also known as **Gupteshwor Cave** is limestone



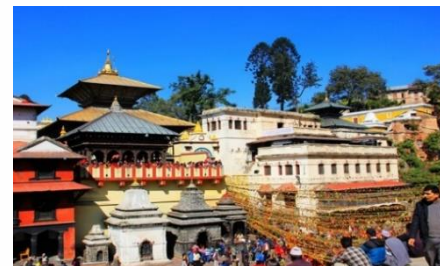
cave with its shrine dedicated to Lord Shiva. The cave is said to have been discovered in 16th Century. Watch the **Seti Gorge** standing atop the Mahendra Pul. Flowing right through the city, the river runs completely underground at places. Also, visit **World Peace Pagoda**, situated at the height of 1100 meters on the Anadu Hill. After returning back to lakeside, hop on the boat for an hour boat ride in Fewa Lake. **Overnight in Pokhara.**

DAY 05: DRIVE BACK TO KATHMANDU

After Breakfast, we take a long drive to Kathmandu. Upon arrival in Kathmandu check in at your hotel and relax the remaining time of your own at leisure. **Overnight in Kathmandu**

DAY 06: FULL DAY KATHMANDU SIGHTSEEING

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Then visit to **Swyambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.



In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.

In the evening proceed **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan. **Overnight in Kathmandu.**



DAY 07:- DEPARTURE

After breakfast free time until departure. Our tour escort will timely drop you to airport 3 hour prior flight time for final departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person				
	Double/Twin Share – INR on BB Plan				
	02-04 Pax	05-10Pax	SINGLE SUPLIMEN T	CHILD WITH BED	CHILD WITHOUT BED
3*	37,400	34,400	9,800	29,900	18,700
4*	38,000	34,900	10,500	30,400	19,000
4* Premium	39,800	36,700	11,900	31,900	19,900
5*	46,500	43,500	19,200	37,500	23,300
5* Premium	50,600	47,500	23,100	40,500	25,500

TOURCOSTINCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 03nights' accommodation in Double/Twin sharing at hotels in Kathmandu
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Pokhara

- ✓ 01 nights' accommodation in Double/Twin sharing at hotels in Jomsome
- ✓ Kathmandu/Pokhara by private A/C Deluxe Vehicle
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel
- ✓ Full Board meal at Jomsom
- ✓ Pokhara/Jomsom/Pokhara by domestic flight,
- ✓ ACAP Permit,
- ✓ Jomsom/Muktinath/Jomsom by non-A/C SIC Jeep.
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/RESORT:

Tour Category	Destinations & Hotel/Resort		
	Kathmandu	Pokhara	Muktinath
3*	Hotel Moonlight / Similar	Hotel Kausi / Similar	Hotel Majesty / Similar
4*	Grand Hotel / Similar	Hotel Aabas / Similar	Hotel Majesty / Similar
4* Premium	Hotel Shambala / Similar	Hotel Sarowar / Similar	Hotel Majesty / Similar
5*	Hotel Yak & Yeti / Similar	Mountain Glory / Similar	Hotel Om's Home's / Similar
5* Premium	Hyatt Regency Kathmandu / Similar	Fishtail Lodge / Similar	Om's Home / Similar

TOUR COST EXCLUDES:

- ✗ Airfare to/from Nepal.
- ✗ Lunch & Dinner except in Jomsom
- ✗ Beverage and expenses of personal nature.
- ✗ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✗ Tips to guide, porters, drivers etc.
- ✗ Personal Insurance.

END OF TOUR

7 NIGHTS / 8 DAYS NATURE SAFARI TOUR PACKAGE

Tour code	Tour Duration	Destination Covered
FTT – IM005	7 Nights/8 Days	Kathmandu , Chitwan & Pokhara

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. Chitwan National Park UNESCO site is particularly rich flora and fauna. One of the last populations of single-horned Asiatic rhinoceros lives in the park, which is also one of the last refuges of the Bengal tiger. Pokhara is best known for the stunning view of the Annapurna range. It is perhaps one of the few places on earth from where mountains above 6,000 m can be seen unobstructed from an altitude of 800 m within the distance of 28 km.

OUTLINED ITINERARY:

Day 01: Arrival in Kathmandu and Overnight.
Day 02: Full Day Kathmandu Sightseeing and Overnight
Day 03: Drive to Chitwan
Day 04: Jungle Activities
Day 05: Drive to Pokhara
Day 06: Half Day Pokhara Sightseeing
Day 07: Drive Back to Kathmandu
Day 08: Departure

DETAILED ITINERARY:

Day 01: ARRIVE IN KATHMANDU

Once you arrive at the Tribhuvan International Airport in Kathmandu, look out for our representative who will be holding a placard with your name on it. A short drive and you will be in your hotel. Our tour officer will help you complete all the check-in procedure and brief you about tour itinerary. **Overnight stay in Kathmandu.**

Day 02: FULL DAY KATHMANDU SIGHTSEEING

Enjoy your morning breakfast. Today, you will start a journey of cultural exploration! Starting from Kathmandu, the nerve center of Nepal, we will arrange a variety of sightseeing activities for you. Begin your tour with the holiest **Pashupatinath Temple**. According to religious beliefs, Lord Pashupatinath is the almighty God and the savior of all mankind. Therefore, it is said that all Hindus should make a pilgrimage to the Pashupatinath temple at least once in their lives to pray for eternal peace and salvation.



Then visit to **Swayambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.

In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.

In the evening proceed **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan. **Overnight in Kathmandu.**

DAY 03: DRIVE CHITWAN

After breakfast, timely depart towards **Chitwan** (6 Hrs. Drive). Upon arrival in Chitwan, transfer to designated hotel. Chitwan is listed among one of the eight UNESCO world heritage sites. This is also the first national park of Nepal. You will enjoy 2 days full of jungle activities that will take you deep into the jungle and get closer to the wild as you comb the jungles for rhinos and tigers. **Overnight stay at Chitwan.**



DAY 04:- JUNGLE ACTIVITIES IN CHITWAN

The day will be filled with various jungle activities starting with either **jeep safari & Canoeing** on the calm waters of Rapti River is the best way to spot water birds, crocodiles and alligators. Visit local **Tharu village** to closely observe the lifestyle and habitat of these indigenous people; and the brave can even take a guided walk through the jungle, surrounded by the hoots and roars of the forest. On the evening there will be special **cultural show by indigenous Tharu community** people followed by dinner. Overnight stay at Chitwan.



DAY 05:- DRIVE TO POKHARA

Following breakfast, drive to Pokhara (7 hrs approx.). **Pokhara**, the 'Tourist Capital of Nepal,' at an altitude of more than 900m, it is one of the highest cities, making it the base for many world-famous treks. The highlight of the town is its Lakeside, which is a boating paradise flanked with charming shops, dreamy cafés, restaurants and pubs that make up this postcard-perfect town. Once you arrive in Pokhara transfer to designated hotel and check-in. Feel free to take a stroll through the city in the evening or relax by the lakeside. **Overnight in Pokhara.**



DAY 06: HALF DAY POKHARA SIGHTSEEING

Enjoy your morning breakfast at hotel. Then proceed for your sightseeing. Visit to **Bindhabasini Temple** dedicated to goddess Durga- the deity of supreme power, right in the center of the bazaar. The 16th century architecture is sure to delight you. **Davis falls**, or "Patale Changgo" in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. Move towards Mahadev Cave, also known as **Gupteshwor Cave** is limestone cave with its shrine desiccated to Lord Shiva. The cave is said to have been discovered in 16th Century. Watch the **Seti Gorge** standing atop the Mahendra Pul. Flowing right through the city, the river runs completely underground at places. Also, visit **World Peace Pagoda**, situated at the height of 1100 meters on the Anadu Hill. After returning back to lakeside, hop on the boat for an hour boat ride in Fewa Lake. **Overnight in Pokhara.**



DAY 07: DRIVE BACK TO KATHMANDU

After Breakfast, we take a long drive to Kathmandu. Upon arrival in Kathmandu check in at your hotel and relax the remaining time of your own at leisure. **Overnight in Kathmandu**

DAY 08:- DEPARTURE

After breakfast free time until departure. Our tour escort will timely drop you to airport 3 hour prior flight time for final departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person				
	Double/Twin Share–INR on BB Plan				
	02-04 Pax	05-10 Pax	SINGLE SUPLIMENTS	CHILD WITH BED	CHILD WITHOUT BED
3*	27,000	23,300	14,300	18,900	10,800
4*	27,900	23,900	14,900	19,600	11,200
4* Premium	30,000	26,300	16,900	21,000	12,000
5*	35,600	32,800	25,500	24,900	14,300
5* Premium	45,100	41,200	31,900	31,600	18,100

TOUR COST INCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 03 nights' accommodation in Double/Twin sharing at hotels in Kathmandu
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Chitwan
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Pokhara
- ✓ Kathmandu/Chitwan/Pokhara by private A/C Deluxe Vehicle
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel
- ✓ Full Board Meal at Chitwan
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/RESORT:

Tour Category	Destinations & Hotel/Resort		
	Kathmandu	Pokhara	Chitwan
3*	Hotel Moonlight/ Similar	Hotel Kausi / Similar	Chitwan Paradise/ Similar
4*	Grand Hotel / Similar	Hotel Aabas/ Similar	Royal Tiger/ Similar
4* Premium	Hotel Shambala / Similar	Hotel Sarowar / Similar	Tiger Land Safari/ Similar
5*	Hotel Yak & Yeti/ Similar	Mountain Glory / Similar	River Bank Jungle Resort/ Similar
5* Premium	Hyatt Regency Hotel / Similar	Fishtail Lodge / Similar	Soaltee Westend Resort / Similar

TOUR COST EXCLUDES:

- ✕ Airfare to/from Nepal.
- ✕ Nepal visa fee - available upon arrival at Kathmandu airport – USD 25.00 per person for multiple entry up to 15 days. (VISA NOT REQUIRED FOR INDIAN PASSPORT HOLDER)
- ✕ Lunch & Dinner except in Chitwan
- ✕ Beverage and expenses of personal nature.
- ✕ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✕ Tips to guide, porters, drivers etc.
- ✕ Personal Insurance.

END OF TOUR

Nepal's Spring Classic Tour

Tour code	Tour Title	Tour Duration	Destination Covered
FTT – IM004	Nepal's Spring Classic Tour	7 Nights/8 Days	Kathmandu, Pokhara, Chitwan & Nagarkot

PRODUCT DESCRIPTION:

Nepal Classic Tour is classic tour covering major triangle destinations, Kathmandu, Pokhara, Chitwan & Nagarkot. Trip begin from Kathmandu- the city of temples covers core religious and historically important UNESCO World Heritage sites; where travellers can understand culture and lifestyle of Nepalese people. Then moving forward to Pokhara - known as Switzerland of Asia which gives magnificent view of western Himalayan ranges including Mt Fishtail, Annapurna, Dhaulagiri and other mountain peaks, lakes, waterfall, etc. Chitwan famous for safari in tropical jungles of the Terai that preserves some of the best wildlife habitat in the subcontinent. It offers exceptional biodiversity and a beautiful natural environment. The tropical jungles of the Terai preserve some of the best wildlife habitat in the subcontinent. And Nagarkot one of the hill station nearby Kathmandu valley where you can witness the panoramic mountain view of eastern mountain Including Mt. Everest and green high hills surrounding the valley. Beside the popular nature and cultural site tour, during this tour one can be involved in various adventure activity, night life, casinos, discotheques, shopping, etc.

OUTLINED ITINERARY:

Day 01: Arrive at Tribhuvan International Airport.
 Day 02: Explore Kathmandu's cultural wonders on a sightseeing tour.
 Day 03: Drive to Pokhara, enjoying scenic views along the way.
 Day 04: Discover the natural beauty of Pokhara on a sightseeing tour.
 Day 05: Drive to Chitwan, exploring the wilderness of Flora and Fauna.
 Day 06: Experience the Jungle Activities.
 Day 07: Return to Kathmandu by road, and move towards Hill Station.
 Day 08: Departure from Tribhuvan International Airport for your international flight.

DETAILED ITINERARY:

Day 01: Arrive in Kathmandu

Upon your arrival at Tribhuvan International Airport in Kathmandu, keep an eye out for our representative holding a placard with your name. They will assist you to the hotel, where our tour officer will help with the check-in process and provide a briefing about the tour itinerary. In the evening, you can visit Thamel, the main tourist hub, and enjoy some



time at a bar or club own your own. Have a comfortable overnight stay in Kathmandu.

Day 02: Kathmandu City Tour

After Breakfast we begin our cultural discovery in Kathmandu, the heart of Nepal. We'll visit the **Pashupatinath Temple**, a sacred place where Lord Pashupatinath is worshipped for eternal peace and salvation. Next, we'll see the impressive **Boudhanath Stupa**, a large stupa with a vibrant Tibetan culture around it. Moving on, we'll explore **Patan Durbar Square**, a hub of fine art, with charming alleys and beautiful temples. Finally, we'll visit **Swayambhunath Stupa**, also known as the "Monkey Temple," famous for its resident monkey population. After a fulfilling day, we'll return to the hotel in Kathmandu for an overnight stay.



Day 03: Drive to Pokhara

After breakfast, get ready for an exciting adventure as we travel through on a scenic drive to Pokhara, covering a distance of 210 kilometers, which will take approximately 6 to 7 hours. Along the way, you'll be treated to mesmerizing views of rivers, terraced fields, and as you approach Pokhara, the captivating sight of the Annapurna range will amaze you. Pokhara is renowned for its scenic beauty, often referred to as the "lake city."

Once we reach Pokhara, you can enjoy a leisurely stroll through the city in the evening, soaking in the charming atmosphere.

Alternatively, you can relax by the serene lakeside, taking in the picturesque views. Overnight, you'll be staying in Pokhara, ready to explore its wonders the next day.



Day 04: Sarangkot with Pokhara sightseeing tour

In the morning, we'll take a short drive to **Sarangkot**, a hilltop viewpoint known for its mesmerizing sunrise views. From here, you'll be treated to the awe-inspiring sight of the Annapurna, Dhaulagiri, and Manaslu mountain ranges bathed in golden sunlight.



After returning to the hotel and enjoying a delicious breakfast, our sightseeing adventure in Pokhara continues. First, we'll visit the **Bindhabasini Temple**, an important religious site dedicated to the goddess Durga, offering a peaceful and spiritual ambiance. Next, we'll head to **Davis Falls**, also known as "**PataleChanggo**," where you can witness the spectacular underground waterfall created by water currents flowing beneath the land. The sight of the water disappearing into the depths is truly fascinating. Our exploration continues with a visit to

Mahadev Cave, also called **Gupteshwor Cave**, a limestone cave housing a shrine dedicated to Lord

Shiva. The cave's ancient history and religious significance make it a unique and intriguing destination. Before the day comes to a close, we'll stop at the **Seti Gorge**, where the **Seti River** flows through the city. At certain points, the river disappears underground, creating a mystical and picturesque setting. In the evening, you'll have the delightful experience of a **01-hour boat ride on Fewa Lake**, taking you to Taal Barahi Temple. After a satisfying day of exploration, you'll have a comfortable overnight stay in Pokhara.



Day 05: Drive to Chitwan

Drive towards **Chitwan (180 km, 4-5 hrs drive)**. Chitwan is listed among one of the eight UNESCO world heritage sites. This is also the first national park of Nepal. You will enjoy 2 days full of jungle activities that will take you deep into the jungle and get closer to the wild as you comb the jungles for rhinos and tigers. On the evening there will be special **cultural show by indigenous Tharu community** people followed by dinner. Overnight stay at Chitwan.



Day 06: Jungle Activity in Chitwan National Park

The day will be filled with various jungle activities starting with **jungle safari**. **Canoeing** on the calm waters of Rapti River is the best way to spot water birds, crocodiles and alligators. Visit local **Tharu village** to closely observe the lifestyle and habitat of these indigenous people; and the brave can even take a guided walk through the jungle, surrounded by the hoots and roars of the forest. Overnight stay at Chitwan.



Day 07: Drive back to Kathmandu & Transfer to Nagarkot

After breakfast drive back to Kathmandu. Upon arriving, transfer to Nagarkot. Nagarkot is 32 KM from Kathmandu and 1:30 min of driving. Nagarkot is one of the nearest hill stations from Kathmandu. Upon arrival followed by welcome drinks check in at hotel and Evening enjoys the panoramic view of eastern mountain ranges with green high hills from your respective hotel & Overnight in Nagarkot.



Day 08: Depart Kathmandu

Our cheerful representative will drop you off to the airport three hours prior to the flight departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

TOUR COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport transfers on private vehicle,
- ✓ 02 Night Double/Twin sharing accommodation at Kathmandu,
- ✓ 02 Night Double/Twin sharing accommodation at Pokhara,
- ✓ 02 Night Double/Twin sharing accommodation at Chitwan,
- ✓ 01 Night Double/Twin sharing accommodation at Nagarkot,
- ✓ Daily breakfast at hotel you are staying at,
- ✓ Lunch & Dinner at hotel in Chitwan,
- ✓ Land transfer from Kathmandu/Pokhara/Chitwan/Nagarkot/Kathmandu in private /ac vehicle,
- ✓ Sightseeing and transfer as per the itinerary by private a/c vehicle,
- ✓ 01 Full day Kathmandu city tour,
- ✓ 01 Full day Pokhara city tour,
- ✓ 01 Full day Jungle activity in Chitwan,
- ✓ Mineral Water on board during sightseeing tour,
- ✓ Local Sim card with 4G facilities returnable,
- ✓ All applicable taxes.

TOUR COST EXCLUDES:

- ✗ Meals, Licensed holder tour guide during sightseeing, Entrance & monument fees, Chandragiri Hills cable car fee, Manakamana cable car fee, Bar bills, Laundry bills, Tips and all other expenses except mentioned in package includes heading. Baggage and personal expenses. Any other expenses due to political, Act of nature or any other reason which are beyond control of fishtail travel or its associate agents.

Note:

- Rate is valid for **Indian Passport/Voters ID card** and Valid for the months of **March 2024**.
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like Pokhara/Chitwan/Nagarkot, etc.
- Vehicle will not be at **disposal** but will perform activities as per the **Package Inclusions on point to point basis**.

**The above program is just the guideline and can be customized as per your requirements. Please contact us for with your desired program.*

END OF TOUR

BEYOND KANTIPUR (KATHMANDU)

A life changing journey immersing in the inspiring beauty of Nepal's culture and nature

Tour code	Tour Title	Tour Duration	Destination Covered
ITB-CT 005	Beyond Kantipur	10 Nights/ 11 Days	Kathmandu, Nuwakot, Gorkha, Bandipur and Pokhara

INTRODUCTION

A heady mix of spiritual, traditional, adventure and wildlife in this adventurous trip unfolds a diverse line-up of spell-binding experiences. Many wonders and mysteries await you in this trip! Begin your adventure in the fascinating Kathmandu city and marvel at the surrounding exotica. With close to 3,200 temples, stupas, and shrines of various shapes and sizes scattered throughout the squares and the fascinating backstreets in and outside the old city, there's something about Kathmandu that just lures you back, time and again. Embark on a tour that highlights the wildlife, cultural and the cosmopolitan aspects of wonderful Nepal. All this and more can be done in an unforgettable 11 days tour of Nepal. Squeeze around the numerous lively crowded "Gallis" (alleys) in Kathmandu city, smell the fragrance of Incense that fills the air, as the temple bells ring soothingly nearby. Negotiate the chaotic traffic and experience Kathmandu's rich culture on a personal level, you will surely feel alive! Brace yourself! The adventure begins as you climb aboard one of the many colorful boats that line the shores of 'Phewa Lake.' The dreamy sunrise at 'Sarangkot' will definitely set your mood to discover more in Pokhara! The quaint towns of Bandipur along with Gorkha and Nuwakot, adds more cultural experiences mingling with the warm locals to encounter their culture and customs. This trip is surely a rewarding experience to make your trip a memorable one.

Fishtail Travel invite all the soft adventure/culture and rural village life lovers or holiday makers to experience and encounter varied cultural villages during your holiday trip to Nepal.

DETAILED ITINERARY

DAY 01: ARRIVAL IN THE CITY OF ARTS & ARCHITECTURE - KATHMANDU

Embarking on our journey begins from Kathmandu, the city with the remarkable architecture dated back to 16th Century. Our team representative will welcome you at the Tribhuvan International Airport and escort you to your designated hotel. Our representative will help you to check in to the hotel. You will be welcomed, facilitated and served with a beautiful hotel room. The first arrival day is entirely a break day. In the evening, you can walk around nearby touristic hubs like Thamel and Basantapur Durbar square. *Overnight in Kathmandu.*



DAY 02: SIGHTSEEING IN KATHMANDU

Kathmandu Valley is the historical and cultural heart of Nepal with a rich artistic and cultural heritage. Kathmandu has been one of the popular destinations for international tourists ever since Nepal opened its doors to visitors. The valley offers a wonderful mix of Hinduism and Buddhism. Right after having breakfast we are

off to visit one of the greatest Hindu temple - Pashupatinath, two famous Buddhist Temples - the Boudhanath Stupa and Swoyambhunath Stupa. *Overnight in Kathmandu.*



DAY 03: TOUR OF PATAN AND KIRTIPUR

Following breakfast we visit and discover Patan, City of Fine Arts. Patan Durbar Square and as we walk past the whitewashed gate, we enter a square lined with cafes, grocery stores and huge iron bells. Still beyond the alleys lie mostly medieval neighborhoods of the city. Temples and Stupas are in abundance, in various shapes, sizes and antiquity. After having a tour of a city of art and craft, surely we will be going back to have seen so much of medieval art and architecture that really flourished during the Malla reign. We drive to Kirtipur and discover off the beaten Newari town located on a hill southwest of Kathmandu. Here we can discover the traditional lifestyle of the local Newari of Kirtipur along with the rich cultural heritage it boasts. We drive back to Kathmandu. *Overnight in Kathmandu.*



DAY 04: DRIVE TO NUWAKOT | 3-4hrs |

Early morning after having our breakfast, we hop into our vehicle and drive off to Nuwakot, another hilltop town that is getting popular as a tourist destination. Here we can stay at a community lodge where we can feel like local. We can visit the durbar (palace) in Nuwakot which is a seven storey fort; this is from where King Prithivi Narayan Shah conquered Kathmandu. From here we can also have a spectacular view of the valley below and also the breathtaking mountains. We explore the surroundings and mingle with the friendly locals and experience their warm hospitality. *Overnight in Nuwakot.*



DAY 05: DRIVE TO GORKHA [1001m] | 5-6hrs |

Following breakfast, our adventure begins with a scenic drive to Gorkha offering views of rivers, terrace fields and captivating view of the countryside. Once we reach Gorkha we can explore the surroundings and visit the famous Gorkha Palace (Durbar) built in a Newari style. There is another worth visiting places like as Old Gorkha Bazar that exhibits many historic monuments; Ratna Mandir, Bhimsen temple, Tallo durbar built in 1835. *Overnight in Gorkha.*



DAY 06: DRIVE TO BANDIPUR [1030m] | 1-2hrs |

After having our breakfast we drive to Bandipur via Dumre Passing the Trishuli River. Bandipur is a picturesque town nestled in the Himalayan foothills of Nepal, a land as famous for its natural beauty as for the hospitality of its people. Bandipur captivates the visitor with its cultural appeal and pristine scenery. This

Newari town has maintained its age-old flavor, and presents sightseers with a heady mix of history, architecture, incredible views, awesome caves and unspoiled landscapes. The worth visit to the town is an opportunity to get a close look at Newari culture. *Overnight in Bandipur.*



DAY 07: BANDIPUR TOUR

We enjoy a day of free time to further explore Bandipur. The surrounding hills are ideal for hiking along trails that will take us through tribal villages, verdant forests, 'power places', and hilltop shrines that once doubled as fortresses. As we explore the area we may feel as though we're stepping back in time; though development increases, the aura of this place has been beautifully preserved. As tourism in Nepal developed along the main roads and airports, for over 30 years there simply was no road linking Bandipur to the main infrastructure, leaving it almost untouched by touristic influence. The village is saddled on a high ridge above Dumre, 700 metres beyond the Marsyangdi River Valley, making for an exceptional view of the Himalayan panorama. *Overnight in Bandipur.*

DAY 08: DRIVE FROM BANDIPUR TO POKHARA AND EXPLORATION

Following breakfast, our adventure begins with a scenic drive to Pokhara offering views of rivers, terrace fields and captivating view of the Annapurna range as you are near the city- scenic lake city. Moreover, there are lots of other interesting attractions like Devi's Waterfall, Tibetan Refugee Settlement, Gupteshwor Cave, International Mountain Museum and Bindabasini. Overnight in Pokhara.



DAY 09: POKHARA SIGHTSEEING AND SARANGKOT SUNRISE

A short drive before the crack of dawn, takes us to Sarangkot to witness the most amazing sunrise. We can paraglide in Sarangkot as the option is available on request. Nothing is better to start the day with a well-deserved breakfast at the hotel. The City of Lakes - Pokhara is a natural charmer. The city is dotted with placid lakes, and we are sure that the view of the Phewa Lake with the serene Fishtail Mountain in the backdrop will surely inspire the photographer in us.



Various fun-filled activities will keep us entertained throughout the day. We can try boating, bird watching, kayaking, swimming, canoeing as they are all amusing. We can also walk around and meet the locals for they are warm and friendly. Jump in one of the colorful boats and paddle up to seek blessings from the Varahi temple in the middle of the lake.



The Davis falls, or "Patale Changgo" in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. More photos for Facebook!

Seti Gandaki Gorge standing atop the Mahendra Pul (Pul: Bridge). Flowing right through the city, the river runs completely underground at places. Bindabasini Temple which is dedicated to goddess Durga - the deity of supreme power, right in the center of the bazaar. The 16th century architecture is sure to delight us. Nichidatsu Fujii a Japanese Buddhist monk laid the foundation of

World Peace Pagoda or “Shanti Stupa” located atop a hill. Look into our inner self and, we will find peace as the view of Annapurna range in the background simply takes our breath away. A wholesome authentic Nepalese cuisine is a good way to end the day. We recommend the Thakali dinner prepared with love by local ethnic mothers. There’s lot more to do in Pokhara, just stride down to the Lakeside area in the evening. *Overnight in Pokhara.*



DAY 10: FLY BACK TO KATHMANDU | 30min flight |

Breakfast at hotel. Timely transfer to domestic airport for your flight. Once we reach Kathmandu, check in to our hotel. We are free to explore on our own, indulge in some last minute shopping or visit some UNESCO Heritage Sites in Kathmandu Valley. It’s time to get triumphant of our journey, so a farewell dinner in the evening will be arranged. *Overnight in Kathmandu.*



DAY 11: FINAL DEPARTURE

This is the last day of your visit. You can enjoy shopping and buying souvenir to friends and relatives. We will drop you to the airport 3 hrs prior to the departure time. The memories that you have shared with us matter a lot. Waving hands and goodbye hugs are just not enough, we tell our beloved guests to stay in touch with us. This is the way how we feel satisfied by our services.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person	
	Double/Triple Share – INR on BB plan	
	2-4 Pax	5-10 Pax
4 star	INR 62,200	INR 54,200
5 star	INR 79,200	INR 71,200

TOUR COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport (Intl & Dom) transfers in private transportation,
- ✓ 04 night at Double/Triple sharing accommodation in Kathmandu,
- ✓ 01 night at Double/Triple sharing accommodation in Nuwakot,
- ✓ 01 night at Double/Triple sharing accommodation in Gorkha,
- ✓ 02 night at Double/Triple sharing accommodation in Bandipur,
- ✓ 02 night at Double/Triple sharing accommodation in Pokhara,
- ✓ Breakfast at hotel you are staying at,
- ✓ Land transfers Kathmandu/Nuwakot/Gorkha/Bandipur/Pokhara by private a/c vehicle,
- ✓ Airfare for Pokhara/Kathmandu (*subject to change),
- ✓ Sightseeing as per the itinerary by private a/c vehicle,
- ✓ 02 Full Day sightseeing in Kathmandu,

- ✓ 01 Full Day sightseeing in Pokhara with 01 Hour Boat ride in Fewa Lake,
- ✓ Mineral water bottle on board during sightseeing tour,
- ✓ All applicable Government taxes,
- ✓ 01 Local SIM with 4G facilities (returnable).

HOTELS / RESORT:

Destinations	Hotels/ Resort	
	4 star	5 star
Kathmandu	Hotel Shambala	Hyatt Regency Kathmandu
Nuwakot	The Famous Farm	The Famous Farm
Gorkha	Gorkha Gaun	Gorkha Gaun
Bandipur	Bandipur Mountain Resort	Bandipur Mountain Resort
Pokhara	Hotel Barahi Pokhara	Temple Tree Resort & Spa

Note: There is only limited hotel option in destination like Nuwakot, Gorkha & Bandipur. The hotel option provided at said location is of standard category and service may vary than that of in other destinations.

TOUR COSTS EXCLUDES:

- ✖ **Meals: Lunch & Dinner, Entrance & monument fees, English speaking licensed holder tour guide, Manakamana Cable fee,** Bar bills, Laundry bills, Tips and all other expenses except mentioned in package includes heading. Baggage and personal expenses. Any other expenses due to political, Act of nature or any other reason which are beyond control of fishtail travel or its associate agents.

Note:

- Rate is valid for **Indian Passport /Voters Id Card holder** and Valid for the months of **Sept 2024.**
- Above rates is inclusive Applicable Government Tax.
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like **Pokhara/Nuwakot/Bandipur/Gorkha, etc.**
- Vehicle will **not be at disposal** but will perform activities as per the Package Inclusions on **point to point basis.**

END OF TOUR

SARANGI - A CULTURAL TOUR

Experience the unforgettable moments exploring Nepal's rich culture and history and natural beauty

Tour code	Tour Title	Tour Duration	Destination Covered
ITB-CT008	SARANGI	09 nights/10 Days	Kathmandu Valley, Pokhara Tansen, Lumbini and Nagarkot

INTRODUCTION

A heady mix of spiritual, traditional, adventure and wildlife in this adventurous trip unfolds a diverse line-up of spell-binding experiences. Many wonders and mysteries await you in this trip! Begin your adventure in the fascinating Kathmandu city and marvel at the surrounding exotica. With close to 3,200 temples, stupas, and shrines of various shapes and sizes scattered throughout the squares and the fascinating backstreets in and outside the old city, there's something about Kathmandu that just lures you back, time and again.

Your next stops are the beautiful Bandipur Newari town and Pokhara- The famous Lake City. From the pristine Phewa to the mesmerizing Himalayas, the natural grandeur of Pokhara will arrest your sights. Discover the universal truths and retrace the footsteps of Lord Buddha in Lumbini and Kapilbastu like a true Buddhist pilgrim. A meditation on the road, visit to this sanctified Buddhist site might just be the soul-cleansing experience you have been looking for! Finish off with a 'Jungle Adventure' in Chitwan amidst the wild while surrounded by the hoots and roars of the forest.

Fishtail Travel invite all the soft adventure/culture and rural village life lovers or holiday makers to experience and encounter varied cultural villages during your holiday trip to Nepal.

DETAILED ITINERARY

DAY 01: ARRIVAL IN THE CITY OF ARTS & ARCHITECTURE- KATHMANDU

Embarking on our journey begins from Kathmandu, the city with the remarkable architecture dated back to 16th Century. Our team representative will welcome you at the Tribhuvan International Airport and escort you to your designated hotel. Our representative will help you to check in to the hotel. You will be welcomed, facilitated and served with a beautiful hotel room. The first arrival day is entirely a break day. In the evening, you can walk around nearby touristic hubs like Thamel and Basantapur Durbar square. *Overnight in Kathmandu.*

DAY 02: SIGHTSEEING IN KATHMANDU

Kathmandu Valley is the historical and cultural heart of Nepal with a rich artistic and cultural heritage. Kathmandu has been one of the popular destinations for international tourists ever since Nepal opened its doors to visitors. The valley offers a wonderful mix of Hinduism and Buddhism. Right after having breakfast we are off to visit one of the greatest Hindu temple- Pashupatinath, two famous Buddhist Temples - the Boudhanath Stupa and Swoyambhunath Stupa. *Overnight in Kathmandu.*



DAY 03: KATHMANDU – POKHARA FLIGHT

Breakfast at hotel. Timely transfer to domestic airport for you flight towards Pokhara. The flight duration will be approx. of 30min. and you will get to see the views of snow peaked mountains, green hills, lakes from your window seat. Upon arrival in Pokhara, transfer to your designated hotel and check-in. Rest of the day free at leisure on your own. We suggest you to stroll around lakeside area in the evening. *Overnight in Pokhara.*



DAY 04: POKHARA SIGHTSEEING AND SARANGKOT SUNRISE

A short drive before the crack of dawn, takes us to Sarangkot to witness the most amazing sunrise. We can paraglide in Sarangkot as the option is available on request. Nothing better to start the day with a well-deserved breakfast at the hotel. The City of Lakes -Pokhara is a natural charmer. The city is dotted with placid lakes, and we are sure that the view of the Phewa Lake with the serene Fishtail Mountain in the backdrop will surely inspire the photographer in us.

Various fun-filled activities will keep us entertained throughout the day.



We can try boating, bird watching, kayaking, swimming, canoeing as they are all amusing. We can also walk around and meet the locals for they are warm and friendly. Jump in one of the colorful boats and paddle up to seek blessings from the Barahi temple in the middle of the lake.



The Davis falls, or “Patale Changgo” in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. More photos for Facebook!

Seti Gandaki Gorge standing atop the Mahendra Pul (Pul: Bridge). Flowing right through the city, the river runs completely underground at places. Bindyabasini Temple which is dedicated to goddess Durga- the deity of supreme power, right in the center of the bazaar. The 16th century architecture is sure to delight us. NichidatsuFujii a Japanese Buddhist monk laid the foundation of World Peace Pagoda or “Shanti Stupa”located atop a hill. Look into our inner self and, we will find peace as the view of Annapurna range in the background simply takes our breath away. A wholesome authentic Nepalese cuisine is a good way to end the day. We recommend the Thakali dinner prepared with love by local ethnic mothers. There’s lot more to do in Pokhara, just stride down to the Lakeside area in the evening. *Overnight in Pokhara.*



DAY 05: DRIVE TO TANSEN |2-3hrs|

Today we drive to another ancient hill town of Tansen. This town boasts of its cultural richness. Here we can visit the bazaar walking on cobbled streets surrounded by houses influenced by old Newari architecture. We can try and buy a Nepali cap called “DHAKA TOPI” since Tansen is popular for it. We can take back home as souvenir. Traverse around Shreenagar Hills, hiking around/to the



Rani Mahal on the banks of the Kali Gandaki River or we can go backpacking along the river trail to find enchanting new routes. *Overnight in Tansen*

DAY 06: DRIVE TO LUMBINI

As soon as we are done with breakfast we start early our drive to Lumbini - which will take about 2 hours. As we leave the city and enter the Terai plains, we can notice the sudden surge in the temperature as it gets hot and humid (except in winters). We then reach the legendary place where one of history's greatest and most revered figure, Siddhartha Gautam was born. If we make it to Lumbini by evening or around sunset, you can take a leisurely walk around the local market and observe the local lifestyle around here. *Overnight in Lumbini.*



DAY 07: LUMBINI | KAPILVASTU TOUR

Lumbini means love in Sanskrit and the place definitely lives up to its name. But more than that, the place provides one with a spiritually uplifting journey as it brings you closer to the origin of Lord Buddha. Ashoka Pillar (which bears the oldest inscription of Nepal), Queen Maya Devi Temple, ancient monasteries, the sacred Bodhi Tree, ancient bathing pond are the noteworthy attractions around here. Visit the museum, peace pagoda and stroll around the meditation site. Next up is the historical site of Kapilvastu, Tilaurakot where Siddhartha Gautam spent the first 29 years of his life. There's a small museum at the final turn-off to Tilaurakot that displays some of the artifacts found at the site. *Overnight in Lumbini.*



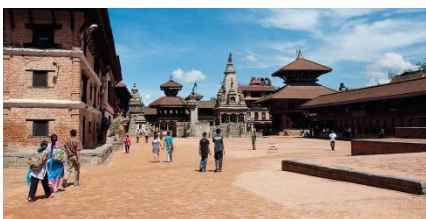
DAY 08: FLIGHT BACK TO KATHMANDU & TRANSFER TO NAGARKOT

Breakfast at hotel. Timely transfer to airport for your flight to Kathmandu. It is approx. 35min flight Bhairahawa to Kathmandu. From Kathmandu there is a half-hour drive taking us to Nagarkot the premiere hill station on the Kathmandu Valley rim; here we can whiff a breath of fresh mountain air and view the rolling hills on the eastern rim of Kathmandu valley. Kick back and relax, beat the mountain chill with some wine. *Overnight in Nagarkot.*



DAY 09: DRIVE BACK TO KATHMANDU EN ROUTE VISIT BHAKTAPUR

In the early morning, we witness yet another amazing sunrise at Nagarkot, with the view of Mount Everest (weather permitting) and other snowcapped peaks of the Himalayas, it is simply awe-inspiring. The downhill drive takes us through serene landscapes, the changing scene from pine trees to lush green agricultural flatlands below, arouses a sense of belonging. We make a stop at Bhaktapur a UNESCO heritage site, an ancient city that has a rustic charm and is home to the larger population of "Newars" in the valley. The brick-laden walkways, intricately carved out temples give you an insight of times gone by. Built in the 17th century, the Nyatapoli Temple still stands strong today. Peek at the 55 embellished windows, as the Golden Gate gives us access to the inner areas of the palace. The numerous pagoda styled temples and monuments that dot the square, gives a perfect example of the expressive and complex design of Nepalese architecture back in ages



of the medieval times. We can grab a few locally produced handicrafts before we depart as memorabilia and gifts for our loved ones. *Overnight in Kathmandu.*

DAY 10: FINAL DEPARTURE

This is the last day of your visit. You can enjoy shopping and buying souvenir to friends and relatives. We will drop you to the airport 3 hrs prior to the departure time. The memories that you have shared with us matter a lot. Waving hands and goodbye hugs are just not enough, we tell our beloved guests to stay in touch with us. This is the way how we feel satisfied by our services.

**Note: The figures shown above are the maximum and minimum temperatures in summer and winter respectively
/ Source: Department of Hydrology & Metrology, Nepal.*

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person	
	Double/Triple Share – INR on BB plan	
	2-4 Pax	5-10 Pax
4 star	INR 62,000	INR 54,400
5 star	INR 77,300	INR 70,000

TOUR COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport (Intl & Dom) transfers in private transportation,
- ✓ 03 night at Double/Triple sharing accommodation in Kathmandu,
- ✓ 02 night at Double/Triple sharing accommodation in Pokhara,
- ✓ 01 night at Double/Triple sharing accommodation in Tansen,
- ✓ 02 night at Double/Triple sharing accommodation in Lumbini,
- ✓ 02 night at Double/Triple sharing accommodation in Nagarkot,
- ✓ Breakfast at hotel you are staying at,
- ✓ Airfare for Kathmandu/Pokhara & Lumbini/Kathmandu (*subject to change),
- ✓ Land transfers Pokhara/Tansen/Lumbini & Kathmandu/Nagarkot/Kathmandu by private a/c vehicle,
- ✓ Sightseeing as per the itinerary by private a/c vehicle,
- ✓ 01 Full Day sightseeing in Kathmandu,
- ✓ 01 Full Day sightseeing in Pokhara with 01 Hour Boat ride in Fewa Lake,
- ✓ 01 Half Day Lumbini sightseeing tour in e-rickshaw,
- ✓ Kapilbastu sightseeing tour,
- ✓ Mineral water bottle on board during sightseeing tour,
- ✓ All applicable Government taxes,
- ✓ 01 Local SIM with 4G facilities (returnable).

HOTELS / RESORT:

Destinations	Hotels/ Resort	
	4 star	5 star
Kathmandu	Hotel Shambala	Hyatt Regency Kathmandu
Pokhara	Hotel Barahi	Temple Tree Resort & Spa
Tansen	Hotel Pauwa	Hotel Pauwa
Lumbini	Lumbini Hokke Hotel	Hotel Kasai
Nagarkot	Hotel Country Villa	Hotel Mystic Mountain

Note: There is only limited hotel option in Tansen. The above hotel provided option at Tansen is of standard category and service may vary than that of in other destinations.

TOUR COSTS EXCLUDES:

- * **Meals: Lunch & Dinner, Entrance & monument fees, English speaking licensed holder tour guide, Manakamana Cable fee, Bar bills, Laundry bills, Tips and all other expenses except mentioned in package includes heading. Baggage and personal expenses. Any other expenses due to political, Act of nature or any other reason which are beyond control of fishtail travel or its associate agents.**

Note:

- Rate is valid for **Indian Passport /Voters Id Card holder** and Valid for the months of **December 2024.**
- Above rates is inclusive Applicable Government Tax.
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like **Pokhara/Tansen/Lumbini/Nagarkot, etc.**
- Vehicle will **not be at disposal** but will perform activities as per the Package Inclusions on **point to point basis.**

END OF TOUR

LUXURY TOUR PACKAGES

Tour code	Tour Title	Tour Duration	Destination Covered
FTT – IM 001	Luxury Tour Packages	07 Nights/08 Days	Kathmandu, Everest View & Pokhara

PRODUCT DESCRIPTION:

Luxury Valley Tour as the name suggests it covers two most popular valley tour of the country, Kathmandu and Pokhara. This tour is a fine blend of religion, culture and nature. Kathmandu- the city of temples covers core religious and historically important UNESCO World Heritage sites; where Travellers can understand culture and lifestyle of Nepalese people. This tour also covers Mt. Everest Region. UNESCO World Heritage site listed with the name of Sagarmatha National Park. Along with we will follow our path through Pokhara - known as Switzerland of Asia which gives magnificent view of western Himalayan ranges including Mt Fishtail, Annapurna, Dhaulagiri and other mountain peaks, lakes, waterfall, etc. Beside the popular nature and cultural site tour, during this tour one can be involved in various adventure activity, night life, casinos, discotheques, shopping, etc.

OUTLINED ITINERARY:

Day 01: Arrival in Tribhuvan International airport.

Day 02: Heli Tour to Everest Region.

Day 03: Fly back Kathmandu & Fly to Pokhara.

Day 04: Pokhara Free Day.

Day 05: Fly back Kathmandu. Drive to The Terraces Resort & Spa (1 hrs. Drive).

Day 06: (Optional: Hiking to Pilot Baba Ashram and hike back to the resort 11.2 Km, 3 hrs. hike) Overnight stay The Terraces Resort & Spa.

Day 07: Drive back to Kathmandu.

Day 08: International departure.



DETAILED ITINERARY:

Day 01: Arrive in Kathmandu

Once you arrive at the Tribhuvan International Airport in Kathmandu, look out for our representative who will be holding a placard with your name on it. A short drive and you will be in your hotel, our tour officer will help you complete all the check-in procedure and brief you about tour itinerary. In the evening you can head over to Thamel, the main tourist hub where you can have some good time at the bar or a club. Overnight stay in Kathmandu.



Day 02: Everest Heli Tour

Early Morning Wake up and proceed for Everest Heli Tour for Everest Experience at 6:30 am & you will proceed for a ride through the high hills of Nagarkok, Pikey peak (one of the view point for Mt. Everest). Stop over at Lukla for refilling the fuel & again proceed for fly towards Everest Base camp/ Kalapathher. After sightseeing fly back to **Everest View hotel** for breakfast. Enjoy your breakfast & rest of the day free at leisure. Overnight stay in Shyangboche.

Day 03: Fly back to Kathmandu & Fly to Pokhara

Following breakfast, fly back to Kathmandu. Upon arrival in Kathmandu, we will connect you to flight to **Pokhara** (25 Min) offering views of rivers, terrace fields and captivating view of the Annapurna range as you near the city- scenic lake city. Once you land in our representative at Pokhara will be there at arrivals section holding placard with your name. Feel free to take a stroll through the city in the evening or relax by the lakeside. Overnight in Pokhara.



Day 04: Pokhara Free Day



Early morning Sunrise view from the hotel. And Proceed for breakfast & free day for your own. Pokhara is a natural paradise also the adventurous hub place where you can enjoy different adventurous activities like, Hot air Balloning, Ultra Light Flight, Paragliding and many more upon your request. Overnight in Pokhara.

Day 05: Fly Back to Kathmandu & Transfer to Terrace Resort

After breakfast, timely transfer to domestic airport for fly back to Kathmandu. Upon arrival, we will head towards, The Terraces Resort and Spa. We will help you with the check-in procedure. Rest of the time free at leisure. Overnight in the Terraces Resort & Spa.

DAY 06: Free Day at Leisure or Optional Hike

Following breakfast, if hiking is of your interest we can arrange on a short hike to Ghyampe Danda and Pilot Baba Ashram, offering views of rivers, terrace fields and captivating view of the Jugal, Ganesh Himal range and Kathmandu city view (hiking can be arrange only on pre inform basis). If this adventure activity is not of your interest you can enjoy spas or other available services on the resort (directly payable). Overnight in the Terraces Resort & Spa.

Day 07: Back to Kathmandu

After breakfast drive back to Kathmandu. Upon arriving, transfer to your respective hotel. Rest of the time free at leisure you can visit Durbarmarg area for shopping. Overnight in Kathmandu.

Day 08: Depart Kathmandu

Our cheerful representative will drop you off to the airport three hours prior to the flight departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.



TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person
	Double/Twin Share – INR on BB Plan
	02 Pax
5* Luxury	INR 8,38,500

TOUR COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport transfers on private vehicle,
- ✓ 02 Night Double sharing accommodation at Kathmandu,
- ✓ 01 Night Double sharing accommodation at Shyangboche,
- ✓ 02 Night Double sharing accommodation at Pokhara,
- ✓ 02 Night Double sharing accommodation at Lakuri Bhanjyang,
- ✓ Daily breakfast at hotel you are staying at,
- ✓ Private Heli charter from Kathmandu-Everest region and vice versa (*subject to change & weather condition),
- ✓ Round trip airfare for Kathmandu/Pokhara/Kathmandu (*subject to change),
- ✓ Sightseeing and transfer as per the itinerary by private a/c vehicle – Fortuner/ similar,
- ✓ Accompanying tour escort throughout the trip,
- ✓ Mineral Water on board during sightseeing tour,
- ✓ 01 Local Sim card with 4G facilities returnable,
- ✓ All applicable taxes.

HOTELS/ RESORT:

Tour Category	Destinations& Hotel/ Resort			
	Kathmandu	Shyangboche	Pokhara	Lakuri Bhanjyang
5* Luxury	Hotel Marriot Kathmandu, Junior Suite Room	Hotel Everest View	Sarangkot Mountain Lodge, Suite Room	The Terrace Resort & Spa, Superior Suite Room

TOUR COST EXCLUDES:

- ✗ Meals, bar bills, Laundry bills, Tips and all other expenses except mentioned in package includes heading. Baggage and personal expenses. Any other expenses due to political, Act of nature or any other reason which are beyond control of fishtail travel or its associate agents.

Note:

- Rate is valid for **Indian Passport/Voters ID holder** and Valid for the months of **Sept. 2024.**
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in Shyangboche, Pokhara, etc.
- Vehicle will **be at disposal** but will perform activities within the city limits.

**The above program is just the guideline and can be customized as per your requirements. Please contact us for with your desired program.*

END OF TOUR

7 NIGHTS / 8 DAYS DRIVE RAXAUL, CHITWAN, POKHARA KATHMANDU, JANAKPUR, DARBANGA TOUR PACKAGE

Tour code	Tour Duration	Destination Covered
FTT-RAX1	7 Nights/8 Days	Raxaul, Chitwan, Pokhara, Kathmandu, Janakpur & Darbanga

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. Pokhara is best known for the stunning view of the Annapurna range. It is perhaps one of the few places on earth from where mountains above 6,000 m can be seen unobstructed from an altitude of 800 m within the distance of 28 km. Chitwan National Park UNESCO site is particularly rich flora and fauna. One of the last populations of single-horned Asiatic rhinoceros lives in the park, which is also one of the last refuges of the Bengal tiger. Janakpur is believed to be the birthplace of Goddess Sita and the place of her marriage with Lord Ram. Also known as the City of Ponds, Janakpur boasts of more than seventy ponds that dot its verdant landscape.

OUTLINED ITINERARY:

Day 01: Arrival in Raxaul – Drive to Chitwan and overnight
 Day 02: Jungle Activities and Overnight
 Day 03: Drive Pokhara and overnight
 Day 04: Half Day Pokhara Sightseeing and overnight
 Day 05: Drive Kathmandu and overnight
 Day 06: Full Day Kathmandu Sightseeing and overnight
 Day 07:- Fly to Janakpur- Sightseeing and Overnight
 Day 08:- Departure

DETAILED ITINERARY:

DAY 01:- ARRIVAL IN RAXAUL - DRIVE TO CHITWAN

Arrival and pick up from railway station/ airport in Raxaul. Then drive to Chitwan (06 hrs. approx.). Upon arrival in Chitwan, transfer to designated hotel. Chitwan is listed among one of the eight UNESCO world heritage sites. This is also the first national park of Nepal. You will enjoy 2 days full of jungle activities that will take you deep into the jungle and get closer to the wild as you comb the jungles for rhinos and tigers. **Overnight stay at Chitwan.**



DAY 02:- JUNGLE ACTIVITIES IN CHITWAN

The day will be filled with various jungle activities starting with either **jeep safari & Canoeing** on the calm waters of Rapti River is the best way to spot water birds, crocodiles and alligators. Visit local **Tharu village** to closely observe the lifestyle and habitat of these indigenous people; and the brave can even take a guided walk through the jungle, surrounded by the hoots and roars of the forest. On the evening there will be special **cultural show by indigenous Tharu community** people followed by dinner. **Overnight stay at Chitwan.**



DAY 03:- DRIVE TO POKHARA

Enjoy your morning breakfast, Then drive to Pokhara (07 hrs approx.). **Pokhara**, the 'Tourist Capital of Nepal,' at an altitude of more than 900m, it is one of the highest cities, making it the base for many world-famous treks. The highlight of the town is its Lakeside, which is a boating paradise flanked with charming shops, dreamy cafés, restaurants and pubs that make up this postcard-perfect town. Once you arrive in Pokhara transfer to designated hotel and check-in. Feel free to take a stroll through the city in the evening or relax by the lakeside. **Overnight in Pokhara**



DAY 04: HALF DAY POKHARA SIGHTSEEING

Enjoy your morning breakfast at hotel. Then proceed for your sightseeing. Visit to **Bindhabasini Temple** dedicated to goddess Durga- the deity of supreme power, right in the center of the bazaar. The 16th century architecture is sure to delight you. **Davis falls**, or “Patale Changgo” in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. Move towards Mahadev Cave, also known as **Gupteshwor Cave** is limestone cave with its shrine desiccated to Lord Shiva. The cave is said to have been discovered in 16th Century. Watch the **Seti Gorge** standing atop the Mahendra Pul. Flowing right through the city, the river runs completely underground at places. Also, visit **World Peace Pagoda**, situated at the height of 1100 meters on the Anadu Hill. After returning back to lakeside, hop on the boat for an hour boat ride in Fewa Lake. **Overnight in Pokhara.**



DAY 05: DRIVE TO KATHMANDU

After Breakfast, we take a long drive to Kathmandu. Upon arrival in Kathmandu check in at your hotel and relax the remaining time of your own at leisure. **Overnight in Kathmandu**

Day 06: FULL DAY KATHMANDU SIGHTSEEING

Enjoy your morning breakfast. Today, you will start a journey of cultural exploration! Starting from Kathmandu, the nerve center of Nepal, we will arrange a variety of sightseeing activities for you. Begin your tour with the holiest **Pashupatinath Temple**. According to religious beliefs, Lord Pashupatinath is the almighty God and the

savior of all mankind. Therefore, it is said that all Hindus should make a pilgrimage to the Pashupatinath temple at least once in their lives to pray for eternal peace and salvation.

Then visit to **Swyambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.



In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.

In the evening proceed **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan. **Overnight in Kathmandu.**

DAY 07: FLY TO JANAKPUR

Early breakfast and take a drive to Kathmandu domestic airport for flight to Janakpur. Janakpur, the birthplace of Janaki or Sita, the consort of Lord Ram, is an important religious pilgrimage site in the Terai plains, in south central Nepal. Visits **Ram Janaki Mandir** the birthplace of Sita, and **Bibaha mandap** Ram and Sita's Marriage Place. **Overnight in Janakpur.**



DAY 08:- DEPARTURE

After breakfast free time until departure. Our tour escort will timely drop you to railway station/ airport at Darganga for your final departure. Come back for another adventure visiting our spectacular mountains.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person
	Double/Twin Share – INR on BB Plan

	02-04 Pax	05-10 Pax	SINGLE SUPLIMEN T	CHILD WITH BED	CHILD WITHOUT BED
3*	44,500	38,900	13,900	31,100	17,900
4*	43,200	37,700	14,800	30,300	16,500
4* Premium	46,300	40,80	17,100	32,500	18,500
5*	56,900	51,300	24,400	39,900	22,800
5* Premium	62,500	56,900	9,800	43,700	24,900

TOUR COST INCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Chitwan
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Pokhara
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Kathmandu
- ✓ 01 nights' accommodation in Double/Twin sharing at hotels in Janakpur
- ✓ Birgunj/Chitwan/Pokhara/Kathmandu by private A/C Deluxe Vehicle
- ✓ Kathmandu/Janakpur by domestic flight,
- ✓ Raxaul to Kathmandu drop, Janakpur sightseeing & Darbanga drop by Scorpio Vehicle
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel
- ✓ Full Board Meal at Chitwan
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/ RESORT:

Tour Cate gory	Destinations & Hotel/Resort			
	Kathmandu	Pokhara	Lumbini	Chitwan
3*	Hotel Moonlight/ Similar	Hotel Kausi / Similar	Hotel Welcome / Similar	Chitwan Paradise/ Similar
4*	Grand Hotel / Similar	Hotel Aabas/ Similar	Hotel Welcome / Similar	Royal Tiger/ Similar
4* Premium	Hotel Shambala / Similar	Hotel Sarowar / Similar	Hotel Sita Sharan / Similar	Tiger Land Safari/ Similar
5*	Hotel Yak & Yeti/ Similar	Mountain Glory / Similar	Mithila Yatri Niwas / Similar	River Bank Jungle Resort/ Similar
5* Premium	Hyatt Regency Hotel / Similar	Fishtail Lodge / Similar	Mithila Yatri Niwas / Similar	Soaltee Westend / Similar

TOUR COST EXCLUDES:

- ✕ Airfare to/from Nepal.
- ✕ Nepal visa fee - available upon arrival at Kathmandu airport – USD 25.00 per person for multiple entry up to 15 days. (VISA NOT REQUIRED FOR INDIAN PASSPORT HOLDER)
- ✕ Lunch & Dinner except in Chitwan
- ✕ Beverage and expenses of personal nature.
- ✕ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✕ Tips to guide, porters, drivers etc.
- ✕ Personal Insurance.

END OF TOUR

7 NIGHTS / 8 DAYS DRIVE GORAKHPUR – POKHARA KATHMANDU CHITWAN & LUMBINI TOUR PACKAGE

Tour code	Tour Duration	Destination Covered
FTTGK-001	7 Nights/8 Days	Gorakhpur, Pokhara, Kathmandu , Chitwan & Lumbini

PRODUCT DESCRIPTION:

Kathmandu, the largest city of Nepal, is the political as well as cultural capital of the country. Kathmandu is a city where ancient traditions rub shoulders with the latest technological advances. Kathmandu Valley has a rich aesthetic and cultural legacy. Intricate wood carvings, distinctive temples, sculptures, bronze crafts, terracotta works, and the unique lifestyle of its people still thrive at. Pokhara is best known for the stunning view of the Annapurna range. It is perhaps one of the few places on earth from where mountains above 6,000 m can be seen unobstructed from an altitude of 800 m within the distance of 28 km. Lumbini is a Buddhist pilgrimage site in the Rupandehi District of Lumbini Province in Nepal. It is the place where, according to Buddhist tradition, queen Maya gave birth to Siddhartha Gautama at around 566 BCE. Gautama, who, according to Buddhist tradition, achieved Enlightenment sometime around 528 BC became Shakyamuni Buddha and founded Buddhism. Lumbini is one of many magnets for pilgrimage that sprang up in places pivotal to the life of the Buddha. Chitwan National Park UNESCO site is particularly rich flora and fauna. One of the last populations of single-horned Asiatic rhinoceros lives in the park, which is also one of the last refuges of the Bengal tiger.

OUTLINED ITINERARY:

Day 01: Arrival in Gorakhpur – Drive to Pokhara and overnight
 Day 02: Half Day Pokhara Sightseeing and overnight
 Day 03: Drive Kathmandu and overnight
 Day 04: Full Day Kathmandu Sightseeing and overnight
 Day 05:- Drive to Chitwan and Overnight
 Day 06: Jungle Activities and Overnight
 Day 07: Drive Lumbini - Sightseeing and overnight
 Day 08:- Departure

DETAILED ITINERARY:

DAY 01:- ARRIVAL IN GORAKHPUR - DRIVE TO POKHARA

Arrival and pick up from railway station/ airport in Gorakhpur. Then drive to Pokhara (10 hrs approx.). **Pokhara**, the 'Tourist Capital of Nepal,' at an altitude of more than 900m, it is one of the highest cities, making it the base for many world-famous treks. The highlight of the town is its Lakeside, which is a boating paradise flanked with charming shops, dreamy cafés, restaurants and pubs that make up this



postcard-perfect town. Once you arrive in Pokhara transfer to designated hotel and check-in. Feel free to take a stroll through the city in the evening or relax by the lakeside. **Overnight in Pokhara**

DAY 02: HALF DAY POKHARA SIGHTSEEING

Enjoy your morning breakfast at hotel. Then proceed for your sightseeing. Visit to **Bindhabasini Temple** dedicated to goddess Durga- the deity of supreme power, right in the center of the bazaar.



The 16th century architecture is sure to delight you. **Davis falls**, or “Patale Changgo” in Nepali is actually an underground waterfall. The water flows under the ground through its natural tunnel of 500 feet from the fall made by the water currents beneath the land. Move towards Mahadev Cave,

also known as **Gupteshwor Cave** is limestone cave with its shrine desiccated to Lord Shiva. The cave is said to have been discovered in 16th Century. Watch the **Seti Gorge** standing atop the Mahendra Pul. Flowing right through the city, the river runs completely underground at places. Also, visit **World Peace Pagoda**, situated at the height of 1100 meters on the Anadu Hill. After returning back to lakeside, hop on the boat for an hour boat ride in Fewa Lake. **Overnight in Pokhara.**



DAY 03: DRIVE TO KATHMANDU

After Breakfast, we take a long drive to Kathmandu. Upon arrival in Kathmandu check in at your hotel and relax the remaining time of your own at leisure. **Overnight in Kathmandu**

Day 04: FULL DAY KATHMANDU SIGHTSEEING

Enjoy your morning breakfast. Today, you will start a journey of cultural exploration! Starting from Kathmandu, the nerve center of Nepal, we will arrange a variety of sightseeing activities for you. Begin your tour with the holiest **Pashupatinath Temple**. According to religious beliefs, Lord Pashupatinath is the almighty God and the savior of all mankind. Therefore, it is said that all Hindus should make a pilgrimage to the Pashupatinath temple at least once in their lives to pray for eternal peace and salvation.



Then visit to **Swyambhunath Temple** also known as the Monkey Temple. Resting on a hillock 3 km west of Kathmandu, Swayambhu is one of the holiest Buddhist stupas in Nepal. It is said to have evolved spontaneously when the valley was created out of a primordial lake more than 2,000 years ago. This stupa is the oldest of its kind in Nepal and has numerous shrines and monasteries on its premises.

In the afternoon visit **Boudhanath Stupa**, the largest Buddhist stupa in the world, built in the fifth century. Before today's stupa was built, it was a campsite for Tibetan merchants. Today, it is the best place to observe Tibetan lifestyle, culture and religious activities of monks. It is also rich in Tibetan products such as Tibetan jewelry, hand-woven carpets, thangkas, masks, kukuli, knives and other Tibetan products.



In the evening proceed **Patan Durbar Square & Golden Temple**. Patan is one of the oldest Buddhist cities. It is a center of both Hinduism and Buddhism with 136 bahals or courtyards and 55 major temples. Most of these structures are in the vicinity of the Durbar Square. The Golden Temple with literal meaning "Gold-colored Great Monastery", is a historical vihara (Buddhist monastery) situated in Patan. **Overnight in Kathmandu.**



DAY 05: DRIVE CHITWAN

After breakfast at your hotel, check out and drive to Chitwan (approx 7 Hrs. Drive). Upon arrival in Chitwan, transfer to designated hotel. Chitwan is listed among one of the eight UNESCO world heritage sites. This is also the first national park of Nepal. You will enjoy 2 days full of jungle activities that will take you deep into the jungle and get closer to the wild as you comb the jungles for rhinos and tigers. **Overnight stay at Chitwan.**



DAY 06:- JUNGLE ACTIVITIES IN CHITWAN

The day will be filled with various jungle activities starting with either **jeep safari & Canoeing** on the calm waters of Rapti River is the best way to spot water birds, crocodiles and alligators. Visit local **Tharu village** to closely observe the lifestyle and habitat of these indigenous people; and the brave can even take a guided walk through the jungle, surrounded by the hoots and roars of the forest. On the evening there will be special **cultural show by indigenous Tharu community** people followed by dinner. **Overnight stay at Chitwan.**



DAY 07: DRIVE TO LUMBINI

Early breakfast and take a long drive to Lumbini. (approx. 7 hrs). **Lumbini** , birth place of Gautam Buddha is one of many magnets for pilgrimage that sprang up in places pivotal to the life of the Buddha. Upon reaching at lumbini begin your sightseeing. Visit the Sacred Garden, **Mayadevi temple**, Pushkarini (the sacred Pond), World Peace stupa, monastic zone, and museum. The exploration of Lumbini will bring you closer understanding of life of Buddha. **Overnight in Lumbini.**



DAY 08:- DEPARTURE

After breakfast free time until departure. Our tour escort will timely drop you to railway station/ airport for your final departure. Come back for another adventure visiting our spectacular mountains.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person				
	Double/Twin Share – INR on BB Plan				
	02-04 Pax	05-10 Pax	SINGLE SUPLIMENT	CHILD WITH BED	CHILD WITHOUT BED
3*	36,700	31,400	14,000	25,700	14,700
4*	37,400	32,100	14,700	26,200	15,200
4* Premium	40,200	34,900	17,500	28,100	16,500
5*	43,900	38,700	21,300	30,800	17,800
5* Premium	54,900	49,800	31,900	38,400	22,200

TOUR COST INCLUDES:

- ✓ Airport pickup/drop using private vehicle,
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Pokhara
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Kathmandu
- ✓ 02 nights' accommodation in Double/Twin sharing at hotels in Chitwan
- ✓ 01 nights' accommodation in Double/Twin sharing at hotels in Lumbini
- ✓ Pokhara/Kathmandu /Chitwan/Lumbini by private A/C Deluxe Vehicle
- ✓ All sightseeing transfers using private a/c vehicle,
- ✓ Daily Breakfast at hotel
- ✓ Full Board Meal at Chitwan
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS/ RESORT:

Tour Category	Destinations & Hotel/Resort			
	Kathmandu	Pokhara	Lumbini	Chitwan
3*	Hotel Moonlight/ Similar	Hotel Kausi / Similar	Maurya / Similar	Chitwan Paradise/ Similar
4*	Grand Hotel / Similar	Hotel Aabas/ Similar	Buddha Maya / Similar	Royal Tiger/ Similar
4* Premium	Hotel Shambala / Similar	Hotel Sarowar / Similar	Buddha Maya / Similar	Tiger Land Safari/ Similar
5*	Hotel Yak & Yeti/ Similar	Mountain Glory / Similar	Pawan palace/ Similar	River Bank Jungle Resort/ Similar
5* Premium	Hyatt Regency Hotel / Similar	Fishtail Lodge / Similar	Pawan Palace / Similar	Soaltee Westend / Similar

TOUR COST EXCLUDES:

- ✕ Airfare to/from Nepal.
- ✕ Nepal visa fee - available upon arrival at Kathmandu airport – USD 25.00 per person for multiple entry up to 15 days. (VISA NOT REQUIRED FOR INDIAN PASSPORT HOLDER)
- ✕ Lunch & Dinner except in Chitwan
- ✕ Beverage and expenses of personal nature.
- ✕ Any Optional Sightseeing Tours and extension of tours, hotel accommodation etc.
- ✕ Tips to guide, porters, drivers etc.
- ✕ Personal Insurance.

END OF TOUR

08 NIGHTS NEPAL TOUR WITH SOFT ADVENTURE TREK

TOUR ITINERARY:

Day 01: Arrival in Tribhuvan International Airport, Kathmandu. Meet and greet at by our company's representative. Transfer to designated hotel and check-in. Overnight stay in Kathmandu.

Day 02: Breakfast at hotel. Proceed for Kathmandu city tour covering **Pashupatinath Temple, Boudhanath Stupa, Kathmandu Durbar Sqare and Swoyambhunath Stupa**. Overnight stay in Kathmandu.

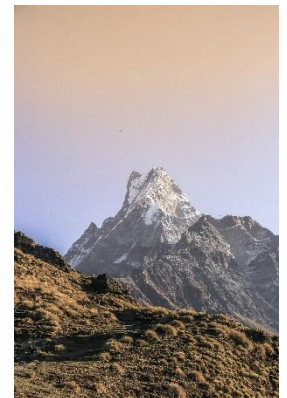


Day 03: Drive to **Pokhara** (210 km 8-9hrs. drive) through scenic view on the national highway along Trishuli River (Optional: en-route visit Manakamana Temple). Upon arrival, transfer to the hotel. We suggest you to stroll around lakeside area during evening. Overnight stay in Pokhara.

Day 04: Wake up early in the morning for excursion to **Sarangkot** for sunrise view over the panoramic view of Himalayan range such as Annapurna, Dhaulagiri, Fishtail and Manaslu (if weather permits). Return back to hotel for breakfast. Proceed for city tour covering **Bindebashini Temple, Gupteshwor Cave, Davis's fall** and an hour boat ride to **Fewa Lake** reaching till **Taal Barahi Temple**. Overnight stay in Pokhara.



Day 05: After breakfast, drive to **Kande** (1.5 hrs.). Start your hike to Australian Base Camp through forestry uphill from Kande. After 2-3hrs., hiking you will arrive at **Australian Camp**. You will be able to observe very impressive view of Annapurna Range including **Machhapuchhre (Fishtail), Annapurna South Himchuli, Annapurna II and IV and Lamjung Himal** etc. (if weather permits). Overnight stay at lodge in Australian Camp.



Day 06: After breakfast, hike down to **Phedi** via Dhampus village (3-4hrs. hike). Once you reach Phedi, our vehicle will be there waiting for you. Drive to **Chitwan** (180 km 5-6 hrs. drive) and transfer to hotel. Lunch will be served after refreshment. Evening **cultural performance** by ethnic Tharu People. Overnight stay in Chitwan.

Day 07: **Jungle Safari** at Chitwan National Park including National Park fee and entrance fee. After lunch, **Dugout Canoe Ride** along with Dungre/ Rapti River to see 2 types of rare species of crocodile; the marsh mugger and the fish eating Gharial. Late afternoon **village walk** will be organized nearby Tharu village. Overnight stay in Chitwan.



Day 08: Drive back to **Kathmandu** (5-6hrs. drive). Upon arrival, transfer to designated hotel and check-in. Rest of the day free at leisure. Overnight stay in Kathmandu.

Day 09: Free time until time of departure. (Check-out at 12:00pm). Timely transfer to international airport for onward journey.

TOUR COSTS:

Tour Category	Tour cost as per the group size in Per Person	
	Double/Triple Share – INR on BB plan	
	2-4 Pax	5-10 Pax
4 star	INR 43,300	INR 37,200
5 star	INR 58,300	INR 52,200

TOUR COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport (Intl & Dom) transfers in private transportation,
- ✓ 03 night at Double/Triple sharing accommodation in Kathmandu,
- ✓ 02 night at Double/Triple sharing accommodation in Pokhara,
- ✓ 01 night at Double/Triple sharing accommodation in Australian Camp,
- ✓ 02 night at Double/Triple sharing accommodation in Chitwan,
- ✓ Breakfast at hotel you are staying at,
- ✓ Lunch & Dinner at hotel in Australian Camp & Chitwan,
- ✓ Land transfers Kathmandu/Pokhara/Kande/Phedi/Chitwan/Kathmandu by private a/c vehicle,
- ✓ Sightseeing as per the itinerary by private a/c vehicle,
- ✓ 01 Full Day sightseeing in Kathmandu,
- ✓ 01 Full Day sightseeing in Pokhara with 01 Hour Boat ride in Fewa Lake,
- ✓ Hiking guide assistance for hike to Australian Camp,
- ✓ Jungle activities at Chitwan National Park including National park fee and entrance fee,
- ✓ Mineral water bottle on board during sightseeing tour,
- ✓ All applicable Government taxes,
- ✓ 01 Local SIM with 4G facilities (returnable).

HOTELS / RESORT:

Tour Category	Destinations/ Hotels Resort			
	Kathmandu	Pokhara	Australian Camp	Chitwan
4 star	Hotel Shambala	Hotel Barahi	Guest House/ lodge	Park Safari Resort
5 star	Hyatt Regency Kathmandu	Temple Tree Resort & Spa	Guest House/ lodge	Green Park Chitwan

TOUR COSTS EXCLUDES:

- ✱ Meals: Lunch & Dinner, Entrance & monument fees, English speaking licensed holder tour guide, Manakamana Cable fee, Bar bills, Laundry bills, Tips and all other expenses except mentioned in package includes heading. Baggage and personal expenses. Any other expenses due to political, Act of nature or any other reason which are beyond control of fishtail travel or its associate agents.

Note:

- Rate is valid for **Indian Passport /Voters Id Card holder** and Valid for the months of **Dec. 2024.**
- Above rates is inclusive Applicable Government Tax.
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like **Pokhara/Australian Camp/Chitwan, etc.**
- Vehicle will **not be at disposal** but will perform activities as per the Package Inclusions on **point to point basis.**

END OF TOUR

11 NIGHT FOR NEPAL BIRD WATCHING TOUR

TOUR ITINERARY

Day 01: Assistance upon the arrival at Tribhuvan International Airport. Meet and greet by our tour representative. Transfer to your respective hotel and check-in. Overnight stay in Kathmandu.

Day 02: After breakfast, transfer to **Godawari** and check-in at designated hotel. After freshen up, proceed for sightseeing tour at **Phulchoki** – the kingdom of flora and invertebrates.

Day 03: Breakfast at hotel. Sightseeing tour in botanical garden and valley sightseeing. Overnight stay in Godawari.



Day 04: Drive to **Pokhara** (210 km 8-9hrs. drive) through scenic view on the national highway along Trishuli River (Optional: en-route visit Manakamana Temple). Upon arrival, transfer to the hotel. We suggest you to stroll around lakeside area during evening. Overnight stay in Pokhara.



Day 05: Breakfast at hotel. Then proceed for your special bird watching tour starting from **Naudanda**, continue the tour towards **Sarangkot**. After sightseeing drop back to hotel. Overnight stay in Pokhara.

Day 06: Drive to **Chitwan** (180 km 4-5 hrs. drive) and transfer to hotel. Lunch will be served after refreshment. Evening **cultural performance** by ethnic Tharu People. Overnight stay in Chitwan.



Day 07: **Jeep Safari** at Chitwan National Park including National Park fee and entrance fee. After lunch, **Dugout Canoe Ride** along with Dungre/ Rapti River to see 2 types of rare species of crocodile; the marsh mugger and the fish eating Gharial. Late afternoon **village walk** will be organized nearby Tharu village. Overnight stay in Chitwan.

Day 08: **Jeep Safari** at Chitwan National Park including National Park fee and entrance fee. After lunch, **jungle walk** will be organized at national park area. Overnight stay in Chitwan.



Day 09: Drive to **Bardia** (10-11hrs drive). Upon arrival, transfer to your designated resort/lodge and check-in. After freshen up visit **Tharu Village**. Evening **sundowner with snacks**. Overnight stay in Bardia.

Day 10: Breakfast at hotel. Today you will do half **day jeep safari** at Bardia National Park. After lunch, **jungle walk** at the national park premises. Overnight stay in Bardia.

Day 11: After breakfast, timely transfer to domestic airport and fly back to **Kathmandu** (30min flight). Upon arrival, transfer to your respective hotel and check-in. Rest of the day free at leisure. Overnight stay in Kathmandu.

Day 12: Free time until time of departure. Timely transfer to international airport for onward journey.

TOUR COSTS:

Tour Category	Tour cost as per the group size Per Person	
	Double/Twin Room – INR on BB & AP Plan	
	4-10 Pax	11-16 Pax
4 star	INR 1,29,600	INR 85,400

TOUR COST INCLUDES

- ✓ All arrival and departure transfers domestic and international.
- ✓ Kathmandu sightseeing with private vehicle and professional guide.
- ✓ Bird watching in Phulchowki.
- ✓ Kathmandu-Pokhara-Chitwan and Koshi Tappu drive-08 O/N using private A/c vehicle.
- ✓ Sarangkot & Naudanda sightseeing for bird watching
- ✓ 02 overnight accommodation at Park Village Hotel in Kathmandu on BB basis
- ✓ 02 overnight accommodation at Godavari Resort on BB basis
- ✓ 02 overnight accommodation at Temple Tree Resort in Pokhara on BB basis
- ✓ 03 overnight accommodation at Tiger Land Safari Resort in Chitwan to enjoy variety of bird watching on full board basis
- ✓ Jeep safari in Chitwan National Park for 2-3 hrs
- ✓ 02 overnight accommodation at Bardia Forest Resort in Bardia National Park for variety of bird watching on full board basis, including Jeep Safari, Cultural Program and entrance ticket
- ✓ Land transfer from Kathmandu/Godavari/Pokhara/Chitwan/Bardia in private a/c vehicle,
- ✓ One way Nepalgunj-Kathmandu airfare (*subject to change),
- ✓ Farewell dinner in Kathmandu on day 12,
- ✓ One specialist Bird watching Guide throughout the tour,
- ✓ All applicable taxes.

HOTELS / RESORT:

Destinations	Hotels/ Resort
Kathmandu	Park Village Hotel
Godavari	Godavari Village Resort
Pokhara	Temple Tree Resort
Chitwan	Tiger land safari Resort
Bardia	Bardia Forest Resort

TOUR COSTS EXCLUDES:

- ✖ Personal expenses
- ✖ Beverages
- ✖ Insurance
- ✖ International and domestic air fare.
- ✖ Nepal visa fee.
- ✖ Tips and gratitude
- ✖ Meals other than listed in itinerary.
- ✖ Cost incur due to blockade, strike, political unrest and inclement weather which are unforeseen events.

Note:

- Rate is valid for **Indian Passport/Voters ID card** and Valid for the months of **Dec 2024**.
- Above rates is inclusive of applicable Government Tax.
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like **Godavari/Pokhara/Chitwan/Bardia, etc.**
- Vehicle will **not be at disposal** but will perform activities as per the Package Inclusions **on point to point basis**.

END OF TOUR

EVEREST BASE CAMP TREK

Tour Title	Duration	Destination Covered
Everest Base Camp Trek	14 Days	Kathmandu, Lukla, Phakding, Namche, Khumbu, Tengboche, Dingboche, Lobuche, Gorakshep, EBC etc.

SHORT INTRO

On the way to Mount Everest, the Everest Region in Solukhumbu district has almost mystical status in the world of trekking. Nearly two weeks climb to Everest Base camp is possibly the world's most famous trek among the tourists that look for trekking experiences. Tens of thousands of trekkers undertake the route every year for grandstand views of the world's highest mountain and it's even more dramatic neighboring mountains, Lhotse and Nuptse. Everest region is an ultimate stop for people who are adventure seekers, because it eventually turns out to be a challenge because of high altitude in the Everest region.

It is among the popular destinations for trekking choices but it is quite difficult to get into the region in comparison to other destinations like Annapurna base camp. Everest region can be only reached walking for ten days straight or the other available option would be flying to Lukla, which is considered to have the most unreliable airport services.

Everest region is not only famous for the trekking routes but also as it is the home for many Sherpa communities. It is filled with Sherpa villages and monasteries that represent Sherpa culture. The primary goal of an Everest trek is the Everest base camp at an elevation of about 5340 meters. But you cannot see Everest from the base camp, so most trekkers climb Kalapattar, an unassuming 5550-metre bump on the southern border of Pumori that is 7145 meters high.



Due to high altitude, there might be chances to suffer from acute mountain sickness or even worse altitude sickness. Altitude sickness is generally caused by climbing too early to a high altitude, therefore before leaving for Everest region it is important to consider about some first aid and be well

prepared for the trip to Everest region.

MAJOR HIGHLIGHTS:

Trekking Area	: Khumbu Region
Trekking Duration	: 11 Days
Trekking Accommodation	: Teahouse (Lodge)
Trekking Meals	: Breakfast, Lunch & Dinner
Max. Height	: 5,550 m / 18,204 ft
Cultures	: Gurung, Tamang, Tibetan etc.
Staffs	: Guide & Porters
Transportation	: Private Transportation & Flight



Far Below the Sun is Mt. Everest

OUTLINE ITINERARY:

- Day 01:** Arrive in Kathmandu,
- Day 02:** Drive to Manthali. Fly to Lukla and trek to Phakding,
- Day 03:** Trek to Namche,
- Day 04:** Rest and acclimatize day at Namche,
- Day 05:** Trek to Tengboche,
- Day 06:** Trek to Dingboche,
- Day 07:** Acclimatize & rest day at Dingboche,
- Day 08:** Trek to Lobuche,
- Day 09:** Trek to Everest Base Camp and back to Gorakshep,
- Day 10:** Trek to Kalapathar and back to Pheriche,
- Day 11:** Trek to Namche,
- Day 12:** Trek to Lukla,
- Day 13:** Fly to Manthali & Drive to Kathmandu
- Day 14:** Final departure.

DETAIL ITINERARY:

DAY 01: ARRIVE IN KATHMANDU (1,350 M / 4,428 FT),

Upon your arrival in Kathmandu, our company's representative and driver will meet you at the Tribhuvan International Airport and escort you to your designated hotel. The representative will help you to check into your hotel. In the hotel, you will be briefed about your daily activities during the trek. Overnight stay at hotel in Kathmandu

DAY 02: DRIVE TO MANTHALI. FLY TO LUKLA AND TREK TO PHAKDING (2,835M/ 9,300FT), 45 MINUTES FLIGHT & 4-5 HRS TREK,

Early morning 2 AM, drive to Manthali. On the way you will be served with packed breakfast. After 4-5 hrs. you will reach the beautiful village of Manthali.

You take a mountain flight to Lukla and then from Lukla, you are going to begin the trek towards Phakding. Firstly, you will begin the trek descending towards Dudh Koshi River and join the main trail to Namche Bazaar. After which you pass the village of Ghat and take a short walk to Phakding.



DAY 03: TREK TO NAMCHE (3,446M/ 11,300FT), 5-6 HRS,

The trail then heads towards Dudh Koshi valley to Jorsale finally entering Sagarmatha National Park. From where you begin climbing steep up until Namche Bazar.

DAY 04: REST AND ACCLIMATIZE DAY AT NAMCHE,

You are going to take a short walk uphill to Sagarmatha National Park and on top of Namche Bazar. You are not doing anything extreme today for acclimatizing for the rest of the trekking days.



DAY 05: TREK TO TENGBOCHE (3,867M/ 12687FT), 5-6 HRS,

After that short break, the trail now leads to a winding path where you will also get to experience biggest peaks. After which you will come to a busy place called as Sagnasa passing some unique vegetation. After which, you reach Tengboche.



DAY 06: TREK TO DINGBOCHE (4,530M/ 14,800FT), 5-6 HRS,

The trail then descends through some forests and ends at Deboche. From Deboche walking, you will eventually reach a small bridge over the narrow gorge of the Imja-Tse River. The walk continues mostly uphill and a little further from here there are two routes; the upper one going to the upper Pangboche Village, where the

old Monastery is located, the lower route is the straight forward main trail to Dingboche, Pheriche and beyond.

DAY 07: ACCLIMATIZE & REST DAY AT DINGBOCHE, 3-4 HRS,

This day we rest at Dingboche for acclimatize. We will visit around the village around and also hike to Nangkartshang Peak which is located at 5,083 meters (16,673 feet) high from the sea level.



DAY 08: TREK TO LOBUCHE (4,930M/ 16,175FT), 5-6 HRS,

The trek heading north will take you to Pheriche village after a gentle trail. The trail from Pheriche will take you towards Dugla before a small wooden bridge over the Khumbu glacier. From there its 1-2 hours of walk towards Lobuche.

DAY 09: TREK TO EVEREST BASE CAMP AND BACK TO GORAKSHEP (5,184M/ 17,000FT), 6-7 HRS,

You will prepare towards the foot of Everest Base Camp. You will trek up the valley following the rocky path. After the last rocky moraine banks, a short downhill walk brings you to Gorakshep on the flat field below Kalapatther at 5545m and Mt. Pumori 7,145m.



DAY 10: TREK TO KALAPATHAR AND BACK TO PHERICHE (4,252M/ 13,950FT), 6-7 HRS,

You will walk from Gorakshep to Kalapathhar. After a gradual walk, you will take another uphill climb for ½ hour that brings you to Kalapathhar, 5,288m. After an hour descent, you go back to Gorakshep and then all the way back to Pheriche for the night.

DAY 11: TREK TO NAMCHEBAZAR (3,440M/ 12,759FT), 6-7 HRS,

From Pheriche our journey continues towards Namche. The trail takes us across rivers and rhododendron forests, amidst the views of Tawache, Everest, Nuptse, Lhotse, AmaDablam, Kantega and Thamserku mountains. We descend rapidly through pine forest where we can easily spot mountains goats, pheasants and other wild animals and birds. Overnight stay at tea house lodge.

DAY 12: TREK TO LUKLA (2,850M/ 9,350FT), 6-7 HRS,

Today you trek along the Dudh Kosi River through Jorsale and Chourikharka. The trail has ups and downs and flat as we ascend to Lukla.



Lukla Airport (or Tenzing Hillary Airport) Panorama

DAY 13: FLY TO MANTHALI & DRIVE TO KATHMANDU

From here you will take a flight towards Manthali from Lukla. Upon arriving at Manthali, drive back to Kathmandu (4-5hrs drive) and transfer to your respected hotel. Evening, farewell Nepalese cultural dinner to celebrate your trekking experience in Everest region. Overnight stay at hotel in Kathmandu

DAY 14: FINAL DEPARTURE,

Today after breakfast you will directly transfer to the international airport for onward journey with sweet memories. Breakfast at the Hotel.

TOUR COSTS BASED NO. OF PAX TRAVELLING TOGETHER:

Type of Treks	Tour cost as per the group size Per Person			
	Twin/DBL Share –INR on BB plan			
	Min. 2 Pax	5-9 Pax	10-14 Pax	15 Pax & Above
3 star	INR 88,600	INR 75,800	INR 70,200	INR 68,500

COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport transfer in private a/c vehicle,
- ✓ 02 night Twin/Triple sharing accommodation at Kathmandu in BB Plan,
- ✓ Tea house trek as per the itinerary in AP plan (Daily Breakfast, Lunch & Dinner),
- ✓ Twin/Triple sharing accommodation with common restroom during trek at tea house lodges,
- ✓ Land transfer for Kathmandu/Ramechhap and vice versa in private a/c vehicle,
- ✓ Round trip for Ramechhap/Lukla/ Ramechhap airfare for guest and guide (*subject to change without prior notice)

- ✓ English speaking trekking guide during the trek,
- ✓ 01 Assistant guide during trek above 10 Pax only,
- ✓ Porters on 1:2 basis with maximum 25 kg weight,
- ✓ Sagarmatha National park fees,
- ✓ Khumbu Local Permit fee,
- ✓ 01 Cultural Farewell Nepalese dinner,
- ✓ First Aid kit (carried by Guide),
- ✓ Insurance of porters and guide.

HOTEL:

Hotel Category	Kathmandu	During Trek
3 star	Hotel Manang/ similar	Guest House/ Lodge

COST EXCLUDES:

- × International flight
- × All the personal expenses as tips, bar bills, laundry and beverage
- × Extra baggage charges
- × Personal gears & clothing (available on hire)
- × Battery Charging/ Drinking water and beverages.
- × Trekking equipments as trekking poles, down (feather) jacket, sleeping bag & duffel bag
- × Any other expenses due to political, act of nature or any other reason which are beyond control of Fishtail Travel Nepal and NTB Treks & Expedition Pvt. Ltd or its associated overseas agents
- × Baggage and personal insurance including emergency evacuation.

Important Note:

1. There will be dormitory accommodation at the higher points of trek including Base Camp.
2. Heater is available at Dining area with extra cost.
3. You are travelling in environmentally sensitive area; use of plastic bottles is prohibited. Hence you need to carry your own water bottles or Thermos for your personnel use. Hot & Cold water can be refilled at the lodge with extra cost of NPR. 200-500 per refill.
4. Battery & Mobile charge can be negotiated with the owner of the lodge and can be paid directly.
5. All above rates are valid till **Sept. 2024 exclusively for Indian Passport holders only**, based on our contract with the hotels, government tax structure, USD exchange rate, fuel charges etc. Incase if there is any changes, rates will be revised accordingly.
6. Airfare & Entrance fee are subject to change if changed by the concerned authority.

END OF TREK

ANNAPURNA BASE CAMP TREK

“ The adventurous pursuit of the truth ”



Tour Code	Tour Title	Tour Duration	Destination Covered
NTB - AT - 001	Annapurna Base Camp (ABC)	10 Nights/11 Days	Kathmandu /Pokhara /Annapurna region

Annapurna Base Camp Trekking is one of the most awaited treks for many trekkers. This trail has been able to attract attention to the real Himalayan adventure seekers nationally and internationally.

The trek uncovers the geographic diversity including breath-taking landscape, panoramic view of snow-capped peaks of great Himalayas such as Annapurna-I(8,091m), Annapurna-II (7,937m), Annapurna- III (7,555m), Dhaulagiri (8,167m), Machhapuchhre (6,998m) and Gangapurna, scenic river banks and picturesque forest valley.

The attractions of the trail are Hindu and Buddhist temples along with the combination of culturally rich traditional villages of ethnic communities of the Magar, Gurung, Thakali and their warm hospitality. Mingle with the locals, pass through scenic beauty, terraced landscape, view of the spectacular snow-capped mountains, encountering the flora and fauna and religious sites make the whole trip a memorable lifetime experience. Heartfelt affection of indigenous people, scenic beauty,

terraced landscape, snowcapped mountains, flora and fauna and religious sites make the trek a memorable lifetime experience.

OUTLINE ITINERARY:

Day 01: Arrive in Kathmandu,
Day 02: Drive to Pokhara,
Day 03: Drive to Nayapul & Trek to Ghandruk,
Day 04: Trek to Sinuwa,
Day 05: Trek to Deurali,
Day 06: Trek to ABC,
Day 07: Trek to Bamboo,
Day 08: Trek to Jhinu Hot Spring,
Day 09: Trek to Nayapul & Drive to Pokhara,
Day 10: Drive back to Kathmandu
Day 11: Final departure.

DETAIL ITINERARY:

DAY 01: ARRIVAL IN KATHMANDU.

Upon your arrival in Kathmandu, our company representative and driver will meet you at the Tribhuvan International Airport and escort you to your designated hotel. The representative will help you to check into your hotel. In the hotel, you will be briefed about your daily activities during the trek. Overnight stay at hotel.

DAY 02: DRIVE TO POKHARA (210KM, 8-9HRS DRIVE)

After breakfast, get ready for an exciting adventure as we travel through on a scenic drive to Pokhara, covering a distance of 210 kilometers, which will take approximately 8-9 hours. Along the way, you'll be treated to mesmerizing views of rivers, terraced fields, and as you approach Pokhara, the captivating sight of the Annapurna range will amaze you. Pokhara is renowned for its scenic beauty, often referred to as the "lake city."

Once we reach Pokhara, you can enjoy a leisurely stroll through the city in the evening, soaking in the charming atmosphere. Alternatively, you can relax by the serene lakeside, taking in the picturesque views. Overnight, you'll be staying in Pokhara, ready to explore its wonders the next day.

Note: Road section near Pokhara approx. 100km of road section is under construction and is off road with bumpy ride. So drive for Kathmandu-Pokhara/ vice versa will be affected.



DAY 03: DRIVE FROM POKHARA TO NAYAPUL AND TREK TO GHANDRUK (1940M/6,364FT) 6-7 HOUR.

Today is the first day of the trek and Ghandruk, a beautiful Gurung village, is the destination set for the day. We start with a 2 hour (max) bus ride to Nayapul from Pokhara. On reaching Nayapul, the trail first drops down to Birethanti, crossing the suspension bridge over the Bhurungdi River. Birethanti is a beautiful village, where trekkers will have to fulfill the necessary check in formalities at the office of ACAP. Then the ultimate upward walk begins towards the village of Ghandruk. Initially the trail winds along the Modi River and the trail is flat up till Syauli Bazaar. Leaving the riverbank, we then hike on a winding path till Kimche. From Kimche, the trail further ascends towards Ghandruk crossing Chane. The evening can be spent exploring the village. The night will be spent at a lodge in Ghandruk.



DAY 04: TREK FROM GHANDRUK TO SINUWA (2,360M/7,742FT) 6-7 HOUR.

Sinuwa is the destination set for today. Leaving the beautiful village of Ghandruk behind, it is now time to hike up towards the destination of the trek. Initially following the bank of the Modi River, we ascend for some time and then leaving the river behind, we climb towards the huge boulders. Walking past the boulder, we cross the bridge over the Kimrong River and climb a steep trail that will take us to the Gurung village, Chhomrong, crossing Jhinu Danda. From Chhomrong, we cross the bridge across the Chhomrong river and enjoying the view of bamboo, rhododendron, and oak forest, we hike up to Sinuwa. The night will be spent at a lodge in Sinuwa.



DAY 05: TREK FROM SINUWA TO DEURALI (3,230M/10,597FT) 6-7 HOURS.

Deurali is the destination set for today. We start with an easy walk from Sinuwa that continues till bamboo passing Kuldhigar. Then a steep stone staircase will take us to Dobhan, crossing a suspension bridge. The trail is accompanied by bamboo, rhododendron, and Oak forest. Then a steep climb continues through the valley towards Himalaya and Hinku Cave. Then we finally reach Deurali. The night will be spent at a lodge in Deurali.

DAY 06: TREK FROM DEURALI TO ANNAPURNA BASE CAMP (4,130M/13,549FT) 6-7 HOURS.

This day will finally take you to the base camp of Annapurna, which is both - the destination of the day and the trek. A gentle climb on a trail along the Modi River will first take us to Bagar. From Bagar, a strenuous hike will first take us to the base camp of Machhapuchhre (3,700m). After resting here for about an hour taking snaps, enjoying the view of Machhapuchhre along with other snowcapped peaks towering above 7000-8000 meter; we follow a wide trail that leads us to the Annapurna Sanctuary. We then finally reach our destination, the South Annapurna Base Camp that greets us with 360degree vista of snow covered peaks. The night will be spent at a lodge in the Annapurna Base Camp.



DAY 07: TREK FROM ANNAPURNA BASE CAMP TO BAMBOO (2,340M/7,677FT) 6-7 HOURS.

Bamboo is the destination set for today. After enjoying the mighty Annapurna Sanctuary, we retrace the same trail that drops all the way down through Bagar, Deurali and Dobhan to Bamboo. The trail is accompanied by waterfall, cave, temple and passes through the forest of rhododendron, oak, and bamboo forest. After walking for about 6 hours, we finally reach the destination of the day, that is, Bamboo. The night will be spent at a lodge in Bamboo.



DAY 08: TREK FROM BAMBOO TO JHINU HOT SPRING (1,780M/5,839FT) 6-7 HOURS.

Jhinu Danda is the destination set for today. From Bamboo we first hike up to Kuldhigar, where the office of ACAP and the visitor center is located. We then hike down to the bridge across the Chhomrong River passing Sinuwa. We cross the bridge and enter a beautiful Gurung village of Chhomrong. From Chhomrong, a steep descent will take us to Jhinu Danda. The Jhinu hot spring is 15-20minutes downhill from Jhinu Danda. You can relax your tired muscles by taking a relaxing dip in the hot spring bathing pool. The night will be spent at a lodge in Jhinu Danda.

DAY 09: TREK FROM JHINU HOT SPRING TO NAYAPUL 5 HOURS & DRIVE TO POKHARA (820M/2,690FT) 2 HOURS.

Today is your last day with Amigo family and Pokhara is the destination set for the day. Crossing the bridge over the Modi River, the trail initially passes through sporadic bamboo forest, which then crosses various small settlements up and down hill, decorated with terrace farms featuring seasonal crops till Syauli Bazaar. From Syauli Bazaar onwards, the trail is flat up till Nayapul. Following this flat trail, we walk up to Birethanti, where your guides will complete the necessary check out formalities. Then crossing the bridge over Bhurungdi River we walk up to Nayapul. We catch a bus or a private vehicle at Nayapul, which will take us to Pokhara after about 2 hours ride. The evening can be spent exploring the attraction of Pokhara city.



DAY 10: DRIVE BACK TO KATHMANDU

After breakfast, we'll begin our journey back to Kathmandu. The scenic drive will take you through beautiful landscapes and provide a chance to relish the memories of your time in Pokhara. Once we reach Kathmandu, we'll transfer you to your respective hotel. The rest of the day is free for you to relax and enjoy some leisure time.

DAY 11: DEPARTURE TRANSFER

Today after breakfast you will directly transfer to the international airport for onward journey with sweet memories.

TOUR COSTS BASED NO. OF PAX TRAVELLING TOGETHER:

Type of Treks	Tour cost as per the group size Per Person	
	Twin/DBL Share –INR on BB plan	
	02-04 Pax	05-10 Pax
3 star	INR 59,400	INR 53,300

COST INCLUDES:

- Special traditional welcome on arrival at International airport,
- Airport-Hotel-Airport transfers on private vehicle,
- 02 night in Double/Twin sharing accommodation in Kathmandu on BB plan,
- 02 night in Double/Twin sharing accommodation in Pokhara on BB plan,
- Triple/Quad sharing accommodation with common restroom during trek at tea house lodges,
- Tea house trek as per the itinerary in AP plan (Daily Breakfast, Lunch & Dinner),

- Land transfers Kathmandu/Pokhara/Kathmandu & Pokhara/Nayapul/Pokhara by private a/c vehicle,
- 01 License holder Professional English speaking guide for Trek,
- Annapurna Conservation Area Permit (ACAP),
- Trekkers Information Management System (TIMS),
- Porters on 1:2 sharing basis (carrying maximum 25kg),
- 01 Cultural Farewell Nepalese dinner,
- Insurance of porters and guide,
- Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the trekking staffs during the trek,
- First Aid Kit Box during the trek (carried by guide),
- All applicable Government taxes.

HOTELS/RESORT:

Tour Category	Destinations/ Hotels Resort		
	Kathmandu	Pokhara	During Trek
3 star	Hotel Manang/ similar	Hotel Queens Park/similar	Teahouse/Guesthouse

COST EXCLUDES:

- × International flight
- × All the personal expenses as tips, bar bills, laundry and beverage
- × Extra baggage charges
 - Use of Down Jacket with extra rental cost (Per day INR 90.00)
 - Use of Sleeping bag with extra rental cost (Per day INR 130.00)
- × Personal gears & clothing (available on hire)
- × Battery Charging/ Drinking water and beverages.
- × Trekking equipment's as trekking poles, sleeping bag and others
- × Any other expenses due to political, act of nature or any other reason which are beyond control of Fishtail Travel Nepal and NTB Treks & Expedition Pvt. Ltd or its associated overseas agents
- × Baggage and personal insurance including emergency evacuation.

Important note:

1. There will be dormitory accommodation at the higher points of trek including Base Camp.
2. Heater is available at Dining area with extra cost.
3. You are travelling in environmentally sensitive area; use of plastic bottles is prohibited. Hence you need to carry your own water bottles or Thermos for your personnel use. Hot & Cold water can be refilled at the lodge with extra cost of NPR.100-200 per refill.
4. Battery & Mobile charge can be negotiated with the owner of the lodge and can be paid directly.

5. All above rates are valid till **December 2024** exclusively for **Indian Passport holders only**, based on our contract with the hotels, government tax structure, fuel charges etc. Incase if there is any changes, rates will be revised accordingly.
Entrance fee are subject to change if changed by the concerned authority.

END OF TREK

ANNAPURNA CIRCUIT TREK – RAINBOW

“ The king of Trekking ”



The Annapurna Circuit is a trek within the Annapurna mountain range of central Nepal. The total length of the route varies between 160 to 230km, depending on where motor transportation is used and where the trek is ended. This trek crosses two different river valleys and encircles the Annapurna massif. The path reaches its highest point at Thorung-La Pass (5416m/17769 ft), touching the edge of the Tibetan plateau. Practically all trekkers hike the route anticlockwise, as this way the daily altitude gain is slower, and crossing the high Thorong La pass is easier and safer. The mountain scenery, seen at close quarters includes the Annapurna Massif (Annapurna I-IV), Dhaulagiri, Machhapuchhre, Manaslu, Gangapurna, Tilicho Peak, Pisang Peak, and Paungda Danda. Numerous other peaks of 6000 to 8000m in elevation rise from the Annapurna range.

The trek begins from Besisahar or Bhulbhule in the Marshyangdi river valley and concludes in the Kali Gandaki Gorge. Besisahar can be reached after a five-hour drive from Kathmandu. The trail passes along paddy fields and into subtropical forests, several waterfalls and gigantic cliffs, and various villages. Annapurna Circuit has often been voted as the best long distance trek in the world, as it combined, in its old full form, a wide variety of climate zones from tropics at 600 m to the arctic at 5416 m at the Thorong La pass and cultural variety from Hindu villages at the low foothills to the Tibetan culture of Manang Valley and lower Mustang.

The attractions of the trail are Hindu and Buddhist temples along with the combination of culturally rich traditional villages of ethnic communities of the Magar, Gurung, Thakali and their warm hospitality. Mingle with the locals, pass through scenic beauty, terraced landscape, view of the spectacular snow-capped mountains, encountering the flora and fauna and religious sites make the

whole trip a memorable lifetime experience. Heartfelt affection of indigenous people, scenic beauty, terraced landscape, snowcapped mountains, flora and fauna and religious sites make the trek a memorable lifetime experience.

Tour Code	Tour Title	Tour Duration	Destination Covered
NTB - AT - 004	Annapurna Circuit Trek	11 Nights / 12 Days	Kathmandu, Pokhara, Manang, Throng -La Pass, Muktinath, Jomsom, Beni

ITINERARY

- Day 01:** Arrival at Kathmandu, transfer to hotel with meet & greet at airport.
- Day 02:** Drive from Kathmandu to Dharapani via Besishahar. Lunch on the way during the drive and dinner & overnight stay at Local Tea House.
- Day 03:** Trek from Dharapani to Chame. Lunch on the way in the trail at local hotel and dinner & overnight stay at Tea House.
- Day 04:** Right after having breakfast, we leave Chame and trek further to Pisang. Lunch stop at Bhartang, dinner & overnight stay at Chame's local lodge.
- Day 05:** Follow the trail after breakfast trek to Manang. Humde stop for the day lunch & Teahouse at Manang for dinner & overnight stay.
- Day 06:** Acclimatization Day in Manang with full day rest. You can warm-up yourself with some short hike around the village. All meals & overnight stay at the Lodge.



Day 07: This will be the tough day of our trek, we have to walk up hill most of the time. Lunch at Yak Kharka and continue trek to Throung Phedi. Dinner & overnight stay at Lodge.

Day 08: Before lunch we will cross the Throung La Pass, which conquer the Annapurna circuit treks. After the lunch proceed to Muktinath. Check-in to the hotel, dinner & overnight.



Day 09: Visit Muktinath temple in the morning. Trek down to Jomsom by following our lunch at Lapra. In Jomsom stay overnight with diner at Local Tea house.

Day 10: Drive to Pokhara from Jomsom after the breakfast. Lunch will provide in during the drive, check-in at lakeside hotel. Rest time and overnight stay.



Day 11: After breakfast, we will drive back to Kathmandu and check in to hotel, evening followed with farewell dinner & overnight stay.

Day 12: Free time until departure transfer. Drop at TIA Kathmandu airport for the final departure.

TOUR COSTS BASED NO. OF PAX TRAVELLING TOGETHER:

Type of Treks	Tour cost as per the group size Per Person	
	Twin/DBL Share –INR on BB plan	
	02-04 Pax	05-10 Pax
3 star	INR 78,200	INR 73,200

COST INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport transfers on private vehicle,

- ✓ 02 night in Double/Twin sharing accommodation in Kathmandu on BB plan,
- ✓ 01 night in Double/Twin sharing accommodation in Pokhara on BB plan,
- ✓ Triple/Quad sharing accommodation with common restroom during trek at tea house lodges,
- ✓ Tea house trek as per the itinerary in AP plan (Daily Breakfast, Lunch & Dinner),
- ✓ Land transfers Kathmandu/Besishahar & Pokhara/Kathmandu by private a/c vehicle,
- ✓ Land transfer for Besishahar/Dharapani & Jomsom/Pokhara by local jeep/similar,
- ✓ 01 License holder Professional English speaking guide for Trek,
- ✓ Annapurna Conservation Area Permit (ACAP),
- ✓ Trekkers Information Management System (TIMS),
- ✓ Porters on 1:2 sharing basis (carrying maximum 25kg),
- ✓ 01 Cultural Farewell Nepalese dinner,
- ✓ Insurance of porters and guide,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the trekking staffs during the trek,
- ✓ First Aid Kit Box during the trek (carried by guide),
- ✓ All applicable Government taxes.

HOTEL/ACCOMMODATION DETAILS:

Hotel Category	Kathmandu	Pokhara	During Trek
3 star	Hotel Manang/ similar	Hotel Queens Park/ similar	Tea House/ Lodge

COST EXCLUDES:

- × International flight,
- × All the personal expenses as tips, bar bills, laundry, food and beverage,
- × Extra baggage charges,
- × Trekking equipment, Personal gears & clothing (available on hire),
- × Battery Charging/ Drinking water and beverages,
- × Any other expenses due to political, act of nature or any other reason which are beyond control of Fishtail Travel Nepal and NTB Treks & Expedition Pvt. Ltd or its associated overseas agents,
- × Baggage and personal insurance including emergency evacuation,
- × Anything not mentioned in above inclusions.

Important Note:

1. There will be dormitory accommodation at the higher points of trek including Base Camp.
2. Heater is available at Dining area with extra cost.

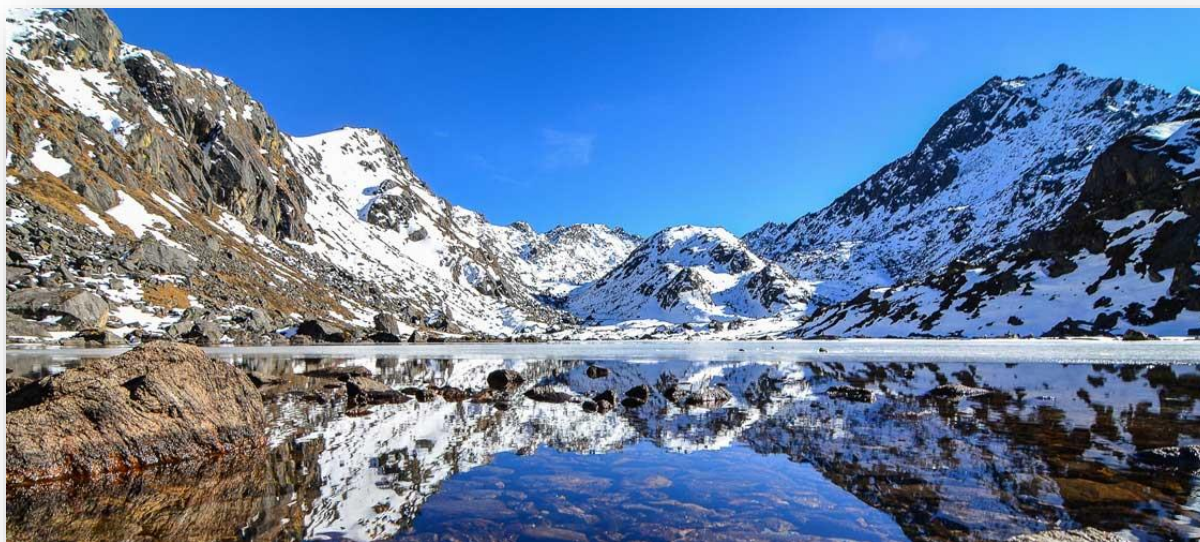


3. You are travelling in environmentally sensitive area; use of plastic bottles is prohibited. Hence you need to carry your own water bottles or Thermos for your personnel use. Hot & Cold water can be refilled at the lodge with extra cost of NPR.100-200 per refill.
4. Battery & Mobile charge can be negotiated with the owner of the lodge and can be paid directly.
5. All above rates are valid till **December 2024 exclusively for Indian Passport holders only**, based on our contract with the hotels, government tax structure, and guide charges as applicable by government guidelines, USD exchange rate, fuel charges etc. Incase if there is any changes, rates will be revised accordingly.
6. Airfare & Entrance fee are subject to change if changed by the concerned authority.

END OF TREK

LANGTANG TREK

“ The trek in the Tamang heritage with the panoramic views of Langtang Himalayas ”



Tour code	Tour Title	Tour Duration	Destination Covered
NTB – LT - 018	Langtang Trek	9 Nights/10 Days	Kathmandu, Langtang region

Langtang trekking region is the third most popular trekking destination in Nepal. The route offers wonderful trekking and hiking trail for nature and wildlife lovers. It is located 19 miles away to the north of Kathmandu bordering Tibet. The major attractions of the area are panoramic Himalayan views of snow-capped mountains like Langtang Lirung (the highest peak in the region), Dorje Lakpa, Ganesh, Manaslu, Gaurishankar, Naya Kanga, Gang Chheppo etc. In addition, beautiful lush forests and its wildlife like Red Panda, Leopards, Musk deer, Himalayan Thar and different species of birds and butterflies act as a cherry on the top of the cake. One can also observe and explore life styles and traditions of culturally rich Tamang and Sherpa communities.

Langtang region is conserved and protected as a Langtang National Park and also the sacred lake Gosainkunda at an altitude of 4310m. More than 25,000 Hindus and Buddhists pilgrims come to take a bath in the lake during the month of August-during Janai Purnima (one of the popular festival of Hindus). According to Hindu mythology, Lord Shiva himself created this high-altitude lake when he pierced a glacier with his trident to obtain the water to quench his thirst after consuming poison gathered from the churning of the oceans.

Fishtail Travel /NTB Treks & Expedition Pvt. Ltd invite you to explore Himalayan wildlife and Tamang ethnic villages, Langtang valley in Langtang region during your next holiday's trip to Nepal.

DETAILED ITINERARY:

Day 01: Arrival in Kathmandu [1345m] | Welcoming the guests is our passion |

Embarking on our journey begins from Kathmandu, the city with the remarkable architecture dated back to 16th Century. Our team representative will welcome you at the Tribhuvan International Airport and escort you to your designated hotel. Our representative will help you to check in to the hotel. You will be welcomed, facilitated and served with a beautiful hotel room. The first arrival day is entirely a break day. In the evening, you can walk around nearby touristic hubs like Thamel and Basantapur Durbar square.



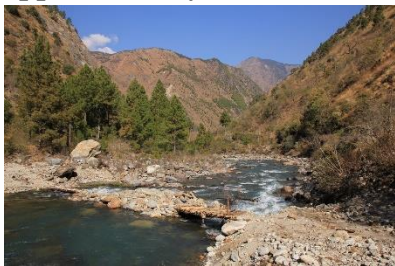
Day 02: Sightseeing in Kathmandu City [1345m] | The city of arts and architecture |



Kathmandu valley is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The valley offers a wonderful mix of Hinduism and Buddhism. After breakfast we visit UNESCO world heritage sites as one of the largest Hindu temple Pashupatinath Temple, Boudhanath Stupa and Swoyambhunath Stupa followed with Kathmandu Durbar Square sightseeing. Overnight stay at hotel.

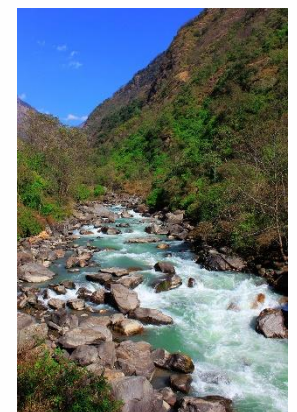
Day 03: Drive to Syabrubesi [1462m] via Dhunche [2030m] | Through Trishuli Bazar | 8-9hrs |

After breakfast we drive to SyabruBesi which is 135 km far from Kathmandu. The drive takes approximately 9 hours to reach SyabruBesi through Pasang Lhamu Highway. Moving to our destination, we pass through several locations like Kakani (best known for panoramic view of great Himalayas of Nepal, hills and Kathmandu city itself), Trishuli Bazaar and Dhunche. The route will be accompanied by magnificent views of mountains such as Annapurna, Langtang, Gaurishankar, Ganesh and Manaslu etc. and an opportunity to observe local villages, their people and lifestyle. Overnight at lodge in Syabrubesi.



Day 04: Syabru Besi to Lama Hotel [2480m] | Fun of Climbing Rimche | 6-7hrs |

After breakfast we walk towards the northern side in order to cross the suspension bridge over Bhote Koshi River. Continuing the trek we pass Daman Landslide Lodge, Dangdung Khola and Langtang Khola. Interestingly we also climb Rimche. From Rimche, we reach Changtang, which is popularly known as Lama Hotel. On the route we see terraced fields and dense forests with a variety of species of plants like Oak, Maple, Alder and Bamboo. Besides that we get to



see yellow-throated Martin, Wild Boar, Langur monkey, Red Panda and Himalayan Black Bear en route. Overnight at Lama Hotel.

Day 05: Lama Hotel to Langtang Village [3307m] | Exotic sights of Langtang Lirung – the highest peak of the Langtang region | 5-6hrs |

We continue the ascent via Langtang Khola. The trail offers the most exotic sights of Langtang Lirung – the highest peak of the Langtang region, several lodges, yak pastures and meadows, cultivated land yielding barley, turnips, wheat, buckwheat, potatoes and scattered Tamang village which is the headquarter of Langtang National Park. Overnight at lodge in Langtang.



Day 06: Langtang Village to Kyangjin gompa [3870m] | Let's try some local cheese | 4hrs |

Kyangjin Gompa is one of the popular Gompa in this region. The beauty of the trek is enhanced by surrounding monasteries, government operated cheese factory, scenic forests, hills and mountains, rivers, and undulating glaciers. Additionally, we can also observe and explore the culture, tradition and lifestyle of traditional of ethnic Tamang and Sherpa communities. We can try some local cheese- they are good! Overnight at KyajinGompa.



Day 07: Kyangjin gompa Lama Hotel [2480m] | Back to Lama Hotel again | 6-7hrs |

From Kyangjin we take the route back to Lama Hotel. We follow the Langtang village, GhoraTabela to Lama Hotel and will be accommodated at the same place. Overnight at Lama Hotel



Day 08: Lama Hotel to Syabru Besi [1462m] | Back to Syabrubesi again | 4-5hrs |

From Lama Hotel we take the same route back to Syabru Besi by following the path leading to the village that gives insights of culture and customs of Tamang and Sherpa communities. Overnight stay at tea house lodge/ camp.

Day 09: Drive to Kathmandu [1345m] | Celebration for accomplishments |

We drive to Kathmandu by following the same highway. The journeys to Kathmandu is approximately take 8 – 9 hours. Arrive Kathmandu and our team representative helps you to check in to hotel. Overnight stay at hotel.

Day 10: Final Departure | To know how satisfied our guests are measured not only by how tight the goodbye hugs are but by staying in touch with us forever. |

This is the last day of your visit. You can enjoy shopping and buying souvenir to friends and relatives. We will drop you to the airport 3hrs prior to the departure time. The memories that you have shared

with us matter a lot. Waving hands and goodbye hugs are just not enough, we tell our beloved guests to stay in touch with us, and this is how we feel satisfied by our services.

TOUR COSTS BASED NO. OF PAX TRAVELLING TOGETHER:

Type of Treks	Tour cost as per the group size Per Person	
	Twin/DBL Share –INR on BB plan	
	2-4 Pax	5-10 Pax
3 star	INR 57,200	INR 54,600

COSTS INCLUDES:

- Special traditional welcome on arrival at International airport,
- Airport-Hotel-Airport transfer in private a/c vehicle,
- 03 night Twin/Triple sharing accommodation at Kathmandu in BB Plan,
- Tea house trek as per the itinerary in AP plan (Daily Breakfast, Lunch & Dinner),
- Twin/Triple sharing accommodation with common restroom during trek at tea house lodges,
- Land transfer for Kathmandu/Syabrubesi/Kathmandu in private a/c vehicle,
- English speaking trekking guide during the trek,
- Porters on 1:2 basis with maximum 25 kg weight,
- Langtang National park fees,
- Trekking Information Management Permit (TIMS) fee,
- First Aid kit (carried by Guide),
- Insurance of porters and guide.

HOTELS/ ACCOMMODATION:

Hotel Category	Kathmandu	During Trek
3 star	Hotel Manang/ similar	Guest House/ Lodge

COSTS EXCLUDES:

- International flight
- All the personal expenses as tips, bar bills, laundry and beverage
- Extra baggage charges
- Personal gears & clothing (available on hire)

- Battery Charging/ Drinking water and beverages.
- Trekking equipment as trekking poles, down (feather) jacket, sleeping bag & duffel bag
- Any other expenses due to political, act of nature or any other reason which are beyond control of Fishtail Travel Nepal and NTB Treks & Expedition Pvt. Ltd or its associated overseas agents
- Baggage and personal insurance including emergency evacuation.

Important Note:

1. There will be dormitory accommodation at the higher points of trek including Base Camp.
2. Heater is available at Dining area with extra cost.
3. You are travelling in environmentally sensitive area; use of plastic bottles is prohibited. Hence you need to carry your own water bottles or Thermos for your personnel use. Hot & Cold water can be refilled at the lodge with extra cost of NPR. 200-500 per refill.
4. Battery & Mobile charge can be negotiated with the owner of the lodge and can be paid directly.
5. All above rates are valid till **December 2024 exclusively for Indian Passport holders only**, based on our contract with the hotels, government tax structure, USD exchange rate, fuel charges etc. Incase if there is any changes, rates will be revised accordingly.
6. Airfare & Entrance fee are subject to change if changed by the concerned authority.

END OF TREK

UPPER MUSTANG DRIVE TOUR

“ The trek that takes you to the once hidden and an ancient kingdom and offers you a lifetime opportunity to experience the Himalaya desert reflecting Tibetan culture ”



Tour code	Tour Title	Tour Duration	Destination Covered
NTB - AT - 027	Upper Mustang Drive Tour	11 Nights/12 Days	Kathmandu, Pokhara and Upper Mustang

The Upper Mustang Trek, often known as Mustang Trek, is one of the most popular, mysterious, interesting and charming destinations in Nepal. Mustang is an ancient Himalayan Kingdom that lies in the northern central part of Nepal at the top of the Kaligandaki River bordering with Tibet. The northern Kagbeni village is known as upper Mustang and has significant Tibetan influences. The major attractions of Mustang trekking are ancient Tibetan villages, rare medieval Buddhist arts, the exotic culture, traditions, languages, architectures, unique beauty of the vast high valley, colorful stratified rock formation and the Himalayan desert with lifetime Himalayan and cultural experiences.

The panoramic views of great Himalayas like Annapurna, Gangapurna, Machhapuchhre, Dhaulagiri and others peaks along with forests of pine, rhododendron, oaks and its wildlife, rivers, hills and picturesque landscapes are some other interesting charms of this trek.

Fishtail Tours & Travels / NTB Treks & Expedition Pvt. Ltd invite you explore most popular, mysterious ancient Himalayan Kingdom during your next holiday trip to Nepal.

DETAILED ITINERARY:

Day 01: Assistance upon the arrival in Tribhuvan international Airport. Meet and greet by our company's representative. Transfer to your designated hotel and check-in. Rest of the time free at leisure. Overnight stay in Kathmandu.

Day 02: Timely transfer to domestic airport for flight to **Pokhara** (30min flight). Upon arrival in Pokhara, transfer to respective hotel. We suggest you to stroll around lakeside area in the evening. Overnight stay in Pokhara.



Day 03: After breakfast, drive towards **Jomsom**. Upon arrival in Jomsom, check in at your teahouse/lodge. Overnight stay in Jomsom.

Day 04: Drive to **Charang village** (6-7 hours' drive). Upon arrival, check in at your teahouse/lodge. Charang has five huge stories of Dzong and Red Gumpa and collection of Statues and Thankas as well. Overnight stay in Charang.



Day 05: Drive to **Lomanthang** (2 hours' drive). For Lo-Manthang, first we gently drive uphill to a large isolated Chorten that marks the boundary between Charang and Lo-Manthang. Upon arrival, check in at your teahouse/lodge. Overnight stay in Lomanthang.

Day 06: Explore Lomanthang village and nearby monasteries. Overnight stay in Lomanthang.

Day 07: Explore Lomanthang village and nearby monasteries. Overnight stay in Lomanthang.

Day 08: Drive to **Muktinath**. Upon arrival, check in at your teahouse/lodge. Visit **Muktinath Temple, 108 Holy Spouts, Buddha Statue**. Overnight stay in Muktinath.



Day 09: Drive to **Jomsom** (2 hours' drive). Upon arrival, check in at your teahouse/lodge. Overnight stay in Jomsom.

Day 10: Fly back to **Pokhara** (20min flight). Upon arrival in Pokhara, transfer to your designated hotel and check-in. Rest of the day free for leisure on your own. Overnight stay in Pokhara

Day 11: Timely transfer to domestic airport for your flight to **Kathmandu** (30min. flight). Upon arrival, transfer to designated hotel. Overnight stay in Kathmandu.

Day 12: Free time until time of departure. Timely transfer to international airport for onward journey.



TOUR COSTS BASED NO. OF PAX TRAVELLING TOGETHER:

Type of Treks	Tour cost as per the group size Per Person	
	Twin/DBL Share –INR on BB plan	
	2-4 Pax	5-10 Pax
3 star	INR 1,40,600	INR 1,44,300

Extra Supplement:

- USD 10 per person per monastery entrance fee in Lomanthang (directly payable)

TOUR COSTS INCLUDES:

- ✓ Special traditional welcome on arrival at International airport,
- ✓ Airport-Hotel-Airport transfers on private a/c vehicle,
- ✓ 02 night Double/Twin sharing accommodation at Kathmandu (BB Plan),
- ✓ 02 night Double/Twin sharing accommodation at Pokhara (BB Plan),
- ✓ 07 night in Triple/Quad sharing accommodation with common bathroom at Lower & Upper Mustang region (AP Plan),
- ✓ Round trip flight fare for Kathmandu/Pokhara/Kathmandu (*subject to change without prior notice),
- ✓ Transfer from Pokhara/Jomsom/Charang/Lomanthang/Muktinath/Jomsom in private jeep,
- ✓ One-way flight fare for Jomsom/Pokhara (*subject to change),
- ✓ Upper mustang special permit fee (for 10 days only),
- ✓ ACAP & TIMS Permit fee,
- ✓ English speaking trekking guide during tour to Lower & Upper mustang trip,
- ✓ 01 Local Sims card with 4G facilities returnable,
- ✓ Mineral Water on board during sightseeing tour,
- ✓ All applicable taxes.

HOTELS / RESORT:

Tour Category	Destinations/ Hotels Resort		
	Kathmandu	Pokhara	Lower/Upper mustang region
3 star	Hotel Manang/ similar	Hotel Queens Park/ similar	Local teahouse/lodge

TOUR COSTS EXCLUDES:

- ✖ International Airfare/Airport tax,
- ✖ Hotel accommodation & Meals in Kathmandu & Pokhara,
- ✖ Entrance & monument fees,
- ✖ Personal expenses such as laundry, battery charging, telephone calls, sweets, dessert, snacks, beverages and bar bills, camera battery charging.
- ✖ Travel Insurance (Essential - Should include emergency evacuation coverage while trekking up to 5500m).
- ✖ Personal gears, equipment & clothing (available on hire),
- ✖ Baggage and personal insurance including emergency evacuation,
- ✖ Tips for tour/ trekking staffs and driver,
- ✖ Any others expenses which are not mentioned on Cost Includes section,
- ✖ Any other expenses due to political, act of nature or any other reason which are beyond control of Fishtail Travel Nepal and NTB Treks & Expedition Pvt. Ltd or its associated overseas agents

Note:

- Rate is valid for **Indian Passport/Voters ID Card holder** and Valid for the months of **December 2024**.
- Above rates is inclusive of Applicable Government Tax.
- Airport transfer **Supplement charges** will be applicable before **8:00 A.M & after 8:00 P.M.**
- Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like Pokhara/Jomsom, etc.
- Vehicle will **not be at disposal** but will perform activities as per the **Package Inclusions on point to point basis.**

Important Note:

1. There will be dormitory accommodation at the higher points of tour.
2. Heater is available at Dining area with extra cost.

3. You are travelling in environmentally sensitive area; use of plastic bottles is prohibited. Hence you need to carry your own water bottles or Thermos for your personnel use. Hot & Cold water can be refilled at the lodge with extra cost of NPR.100-200 per refill.
4. Battery & Mobile charge can be negotiated with the owner of the lodge and can be paid directly.
5. All above rates are valid till **December 2024**, based on our contract with the hotels, government tax structure, USD exchange rate, fuel charges etc. Incase if there is any changes, rates will be revised accordingly.
6. Airfare & Entrance fee are subject to change if changed by the concerned authority.

END OF TOUR

HOLY MOUNT KAILASH YATRA 2024

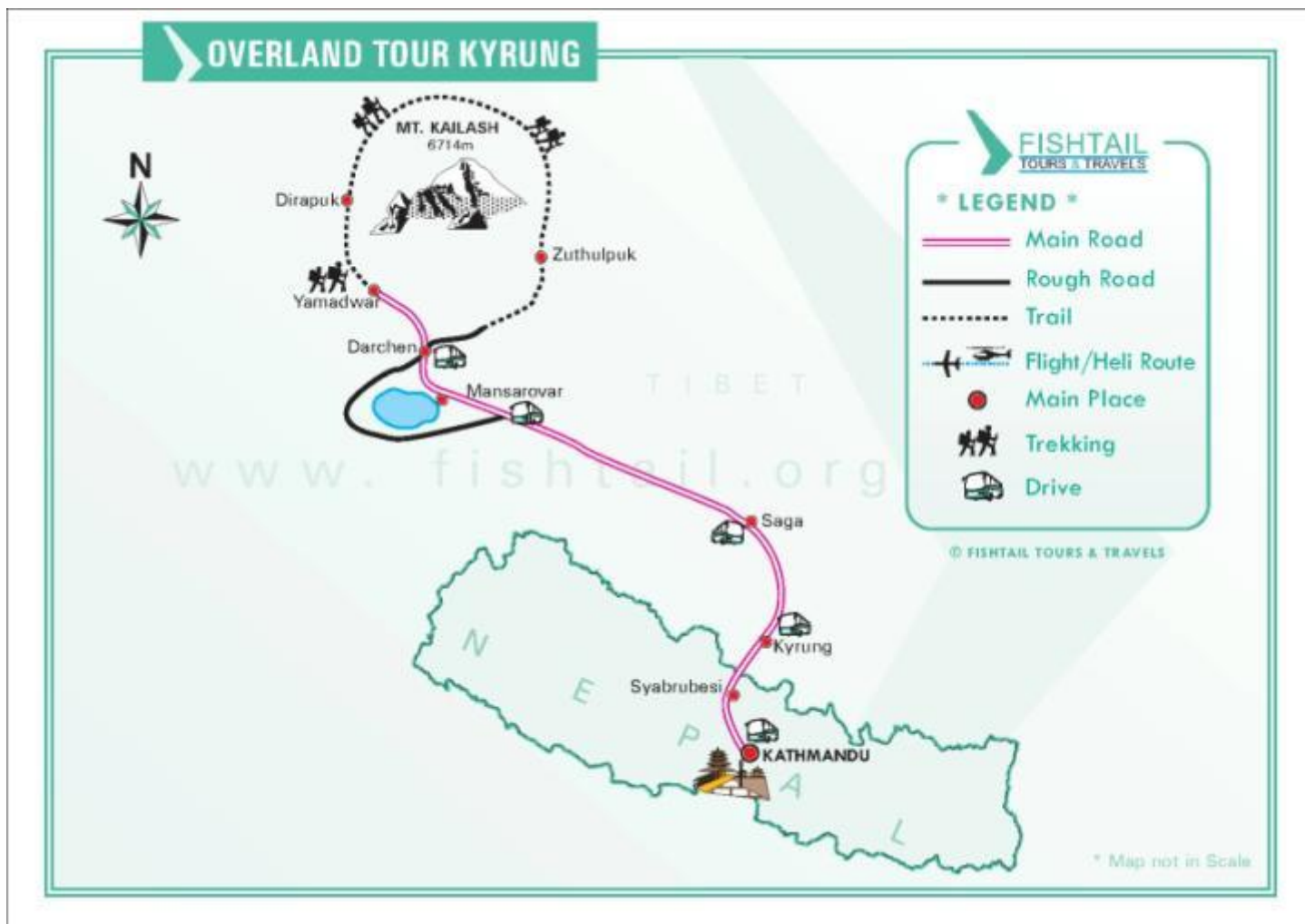
01,	Mount Kailash Overland Tour - 14 Days
02,	Muktinath Extension Tours - 5 Days
03,	Holy Mt Kailash - An Introduction
04,	Information
05,	Why to Choose Fishtail Tours and Travels as your Yatra Companion
06,	Tour Booking Form



FISHTAIL
TOURS & TRAVELS
DELIVERING SMILING HOLIDAYS SINCE 1990

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1990
30 YEARS OF SERVICE EXCELLENCE IN TOURS & TRAVEL

OVERLAND TOUR VIA KYRUNG



PRODUCT INFORMATION:

Holy Mt Kailash Overland Tour via Kyrung is one of the economic and easy yatra program which require total 14 days including 4 nights stay in Kathmandu, 1 night stay at Syabrubesi and 8 nights stay at Tibet using hotel and guest house. The yatra is started with homage to Lord Pashupatinath and Budhanilakanth temple (Temple of Lord Narayana famously known as Sleeping Bishnu). After 2 nights' accommodation in Kathmandu, the yatra is commenced toward Syabrubesi or Rasuwagadhi border and further proceed to Kyrung, Saga, Mansarovar and Darchen. The three days holy Mount Kailash parikrama start from Darchen and end at Darchen after crossing highest point of the holy trek 5,500 meter known as Dormala Pass. Fishtail Tours & Travel Nepal and NTB Treks Pvt Ltd invite you to join this yatra during upcoming 2024 season which is going to start from April and end at October.

Fishtail Tourism House, 344/9 Dashrath Chand Marg, Baluwatar, Kathmandu, Nepal
Phone: +977-1-4519673 / 4528521 / 4521440, Fax: +977-1-4526446 / POB: 5657
Email: sales@fishtail.org, Website: www.fishtail.org



YATRA INFORMATION

Tour Code	Tour Title	Duration	Destination Covered
FMOI 500	Deluxe Overland Tour	13 Nights/ 14 Days	Kathmandu, Sysbrubesi, Holy Mt. Kailash & Mansarovar Lake

TRIP FACTS

Tour Grade	Tour Duration	Highest Elevation	Road Condition	Walking and trekking Duration	General Information
5	14 Days	5,610 Meter	Black Topped Highway	Approx 42 Km Holy trek including 10 Km gradual Climbing.	Adventure type of tour especially during 3 days of Parikrama. The journey is smooth and comfortable till Parikrama starting point.

Fixed Departure Dates

Group code	Date of Arrival in Kathmandu		Departure for Mt. Kailash		Return from the Yatra		Final Departure		Full Moon / No moon Dates
	Day	Date	Day	Date	Day	Dates	Day	Dates	
FT-MN 101	Wed	03 April	Fri	05 th Apr	Sun	14 th Apr	Tues	16 th Apr	
FT-MN 102	Thus	18 th April	Sat	20 th April	Mon	29 th April	Wed	1 st May	23 rd Apr
FT-MN 103	Tues	30 th April	Thurs	02 nd May	Sat	11 th May	Mon	13 th May	
FT-MN 104	Sat	18 th May	Mon	20 th May	Wed	29 th May	Fri	31 st May	23 rd May
FT-MN 105	Tues	28 th May	Thurs	30 th May	Sat	08 th Jun	Mon	10 th June	
FT-MN 106	Sat	15 th June	Mon	17 th June	Wed	26 th June	Fri	28 th June	22 nd Jun
FT-MN 107	Wed	26 th June	Fri	28 th Jun	Sun	07 th July	Tues	9 th July	
FT-MN 108	Wed	10 th July	Friday	12 th July	Sun	21 st July	Tues	23 rd July	21 st Jul
FT-MN 109	Tues	16 th July	Thurs	18 th July	Sat	27 th July	Mon	29 th July	21 st July
FT-MN 110	Tues	30 th July	Thurs	01 st Aug	Fri	9 th Aug	Sun	11 th Aug	
FT-MN 110	Wed	14 th Aug	Fri	16 th Aug	Sun	25 th Aug	Tues	27 th Aug	19 th Aug
FT-MN 111	Wed	28 th Aug	Fri	30 th Aug	Sun	08 th Sept	Tues	10 th Sept	
FT-MN 112	Thus	12 th Sept	Sat	14 th Sept	Mon	23 rd Sept	Wed	25 th Sept	18 th Sept
FT-MN 113	Thus	26 th Sept	Sat	28 th Sept	Mon	07 th Oct	Wed	09 th Oct	
FT-MN 114	Sat	12 th Oct	Mon	14 th Oct	Wed	23 rd Oct	Fri	25 th Oct	17 th Oct

OUTLINE ITINERARY:

- Day 01:** Arrival in Kathmandu,
Day 02: Trip preparation and half day Kathmandu pilgrimage sightseeing
Day 03: Drive from Kathmandu to Syabrubesi,
Day 04: Drive from Syabrubesi to Kyrung,
Day 05: Drive from Kyrung to Saga,
Day 06: Drive from Saga to Mansarovar and Puja,
Day 07: Drive from Mansarovar to Darchen,
Day 08: Drive to Yamadwar & Holy Trek to Dirapuk,
Day 09: Holy Trek from Dirapuk to Zuthulpuk,
Day 10: Holy Trek from Zuthulpuk to Darchen and drive to New Dongpa /Saga
Day 11: Drive from New Dongpa/Saga to Syabrubesi.
Day 12: Drive from Syabrubesi to Kathmandu,
Day 13: Puja at Pashupatinath Temple and free day for personal activities .
Day 14: Puja at Pashupatinath Temple and departure.

DETAILED ITINERARY:

DAY 01: ARRIVAL KATHMANDU

Dinner

Arrival at Tribhuban International airport, Kathmandu (1,350 M), meet and welcome by our office representative & transfer to hotel. Overnight stay at hotel.

DAY 02: PREPARATION & HALF DAY KATHMANDU PILGRIMAGE SIGHTSEEING

B/L/D

Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budhanilakanth temple. Return to hotel, lunch, briefing about the yatra and preparation for yatra. Overnight stay at hotel.

DAY 03: DRIVE TO SYABRUBESI (140 Km , 8 hours' drive)

B/L/D

Breakfast and drive to Syabrubesi (1,550 M, 140 km, 8 hours' drive). After arrival at Syabrubesi check into the hotel. Dinner and overnight stay at hotel.

DAY 04: DRIVE TO KYRUNG (55 Kms, 1 hour drive)

B/L/D

After breakfast drive to Nepal China friendship bridge (20 Kms, 30 min drive). Complete Immigration formalities in Nepal side and walk approx 15 minutes to cross Friendship Bridge. Complete all China side immigration formalities & walk further ahead & get introduced with your Chinese guide / coach drivers. After introduction, proceeds the journey to Kyrung (2,700 M). Arrive in Kyrung and overnight stay at hotel.



DAY 05: DRIVE TO SAGA (105 Kms, 4,640 meter, 4/5 hours drive) B/L/D

After breakfast drive to Saga (4,640 meter, 105 km, 4/5 hours' drive)/ New Dongpa(4,462 meter, 182 kms, 5/6 hours drive). You will witness beautiful waterfall, rivers, mountains and unique Tibetan landscape en route to Saga. After approx. 4/5 hours 'drive you will reach to Saga (4,640 M). Arrive in Saga and overnight stay at hotel.

DAY 06: DRIVE TO MANSAROVAR (410 Kms, 7/8 hours drive) B/L/D

After breakfast, drive to Mansarovar (4,556 M). Arrive Mansarovar, take a holy bath, perform Puja, Hawan, and Devtarpan etc. (self). Freshly cooked dinner will be served at the edge of Mansarovar Lake. Overnight stay at guesthouse.



DAY 07: DRIVE TO DARCHEN (30 Kms, 1 hour drive) B/L/D

Drive to Darchen (4,664M), en-route visit to Chuigumpa hot spring will be organized. Finally arrive in Darchen and overnight stay at hotel.

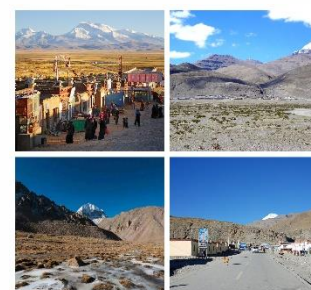
DAY 08: DRIVE TO YAMADWAR & HOLY TREK TO DIRAPUK, B/L/D

With packed lunch box, drive to Tarboch Flag Pole the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Sershong(8 Kms, 10 mins drive), Meet your porters/ pony caretaker etc. and trek to Dirapuk (4,765 M, 10 km , 5/6 hours trek). Overnight stay at guesthouse.



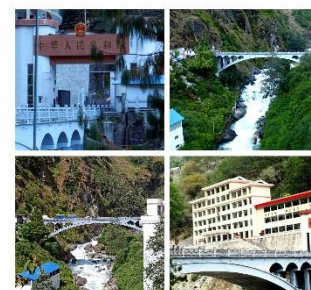
DAY 09: HOLY TREK TO ZUTHULPUK, B/L/D

Continue Parikrama over Droma La Pass (5,585 M) to Zuthulpuk (4,700 M, 22 KM, 7-8 hrs trek). Overnight stay at camp/ guesthouse.



DAY 10: HOLY TREK TO NEAR DARCHEN & DRIVE TO NEW DONGPA/SAGA B/L/D

Last and final day Kailash Parikrama ends near Darchen (4,664 M, 14 km, 3-4 hrs trek) and drive to New Dongpa (350 KM, 6 to 7 hrs, drive 4,464 M) or Saga (4,640 meter, 430 km, 7/8 hours' drive) . Packed lunch will be served on the way. Overnight stay at hotel.



DAY 11: DRIVE TO KYRUNG (105 KMS, 4/5 HRS DRIVE)

Drive to Kyrung (2,700m, 105km, 4/5 hrs drive). Arrive Kyrung city and check into hotel. Rest of the day is free for personal activities. Overnight stay at hotel.

DAY 12: DRIVE TO BORDER & DRIVE TO KATHMANDU (165 KMS, 8/9 HRS DRIVE).

Early morning, after breakfast drive to Nepal China- Friendship Bridge (55 Km and 1 hours' drive). Complete China side Immigration formalities and proceed further to complete Nepal Side immigration formalities. After completion of immigration formalities, you will be driven to Kathmandu (165 Km, 8/9 hours' drive). Dinner and overnight stay at hotel.

DAY 13: PUJA AT PASHUPATINATH TEMPLE

Breakfast and proceed to Pashupatinath Temple for Holy water offering. Return to hotel and free time until your departure transfer to the International airport for your onward flight. Overnight stay at Kathmandu.



DAY 14: DEPARTURE

Our cheerful representative will drop you off to the airport three hours prior to the flight departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

OVERLAND B2B YATRA COSTS (BASED ON 25 PAX AND ABOVE):

Type of Yatra	Indian Nationals			NRI / Foreigner Joined with Indian group	Single Room Supplement-Nepal only	
	Permit & Visa Charges	Other Expenses	Total Cost		Indian Nationals	NRI / Foreigners
Deluxe Overland Yatra via Kyrung/ Zhangmu	US\$ 1450.00	INR 55,000/-	INR 176,500/-	US\$ 2,250.00	INR 7,500/-	US\$ 250.00

Note: The ROE with US Dollar is calculated @ 83.00 per USD. Any change in ROE should be adjusted on the cost by either side

B2B YATRA COSTS FOR EXCLUSIVE GROUP/FAMILY AS PER THE GROUP SIZE BELOW:

Type of Yatra	Exclusive package for Friend/ Family based on ROE 70.00 per US\$ Dollar			Supplement for NRI/ Foreign Nationals
	14 to 18 Pax	19 to 24 Pax	25 and above	
Deluxe Overland Yatra	INR 196,500/-	INR 186,500/-	INR 176,500/-	US\$ 250.00

Note: The ROE with US Dollar is calculated @ 83.00 per USD. Any change in ROE should be adjusted on the cost by either side

PRICE INCLUDES:

- ✓ Airport-Hotel-Airport transfer by private vehicles,
- ✓ 4 nights hotel accommodation in Kathmandu at 5/4 star hotels.
- ✓ 8 nights' accommodation in Tibet/ China using guesthouse / camping with all meals,
- ✓ 1 nights stay at Syabrubesi at guesthouse or hotel.
- ✓ All land transfer from Kathmandu-Kyrung-Kathmandu,
- ✓ Fully Trained Nepali staffs,
- ✓ Fully trained Sherpa team,
- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Three time a day meals (Breakfast, Lunch & Dinner) while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,
- ✓ Tibet Visa & Permit Fee,
- ✓ Necessary Border charges,
- ✓ Ground transfers in Tibet on Deluxe Coach,
- ✓ Required trekking equipment,
- ✓ First aid kit,
- ✓ Free use of Down Jacket,
- ✓ Backpack, Rain coat(Pancho) ,Monkey cap & duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities for Nepali staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,
- × Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

MANAKAMANA, POKHARA JOMSOM & MUKTINATH

Tour Code	Tour Title	Tour Title	Tour Duration
FME-51 A	Muktidham Extension Tour	4 Nights/5 Days	Manakaman, Pokhara, Jomsom & Muktidham

OUTLINE ITINERARY:

Day 01: Arrive Kathmandu and transfer to hotel,

Day 02: Drive from Kathmandu to Pokhara via Manakamana,

Day 03: Fly from Pokhara to Jomsom & drive to Muktidham by local jeep & return to Jomsom,

Day 04: Fly from Jomsom to Pokhara & half day Pokhara sightseeing,

Day 05: Fly from Pokhara to Kathmandu & join on Holy Mount Kailash Yatra program.

DETAIL ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL, Dinner

Arrive in Kathmandu and transfer to your hotel. Dinner and overnight at hotel.

DAY 02: DRIVE TO POKHARA VIA MANAKAMANA B/L/D

After breakfast drive from Kathmandu to Pokhara (925 meter, 200 KM, / 7-8 hrs drive). En-route visit to Manakamana temple by cable car. Pray to God Manakamana- wish - filing goddesses , lunch and drive to Pokhara. Arrive Pokhara and check into hotel. Evening visit around the Fewa Lake. Overnight stay at hotel.

DAY 03: FLY TO JOMSOM (2,720 M), DRIVE MUKTIDHAM (3760 M) & BACK JOMSOM- B/L/D

Wake up early in the morning and proceed to airport with packed breakfast for flight to Jomsom. After 25 minutes flight you will reach to Jomsom. Walk to the hotel and separate your clothing and requirements for Muktinath. Walk for 15 minutes to catch local Jeep for Muktinath (30 km , 1 hour drive). Arrive at Muktinath jeep station and start climbing up to Muktinath temple. Arrive at Muktinath temple after approx 15 minutes hiking. Take bath at 108 holy water spouts, perform Puja at Muktinath temple, Jwala Mai etc. and visit around the places of interest etc. Return to Jeep stand for local jeep drive to Jomsom. Arrive Jomsom jeep station, walk to the hotel and overnight.

DAY 04: FLY BACK POKHARA (850 M) & POKHARA SIGHTSEEING B/L/D

Wake up early in the morning and walk to airport for flight to Pokhara. It is 25 minutes flight. Arrive Pokhara and check into hotel. Get refreshed and proceed for local half day sightseeing covering Devis Fall, Fewa Lake & Bindabasini Temple. Rest of the day is free for personal activities. Overnight stay at hotel.

DAY 05: FLY TO KATHMANDU & JOIN ON HOLY MOUNT KAILASH YATRA. B/L/D

Breakfast and transfer to domestic airport for a flight to Kathmandu (25 Minutes) to join on Holy Mount Kailash Yatra program.

MUKTIDHAM EXTENSION TOUR COST:

Type of Tour	Per person tour cost in INR as per the below group size				Single Room Supp.
	2-4 Pax	5 -9 Pax	10 – 15 Pax	16 & Above	
Normal Tour: 4/3 Star Hotels	INR.36,100	INR.33,400	INR.31,200	INR.30,200	INR.7500

COST INCLUDES:

- ✓ One night 4 star equivalent hotel accommodation in Kathmandu,
- ✓ Two nights 3 star equivalent hotel accommodation in Pokhara,
- ✓ One night 3/2 star equivalent Hotel accommodation at Jomsom,
- ✓ Kathmandu / Manakamana/ Pokhara by a/c vehicle as per the group size.
- ✓ Flight Pokhara-Kathmandu,
- ✓ Flight Pokhara-Jomsom-Pokhara,
- ✓ Jomsom-Muktinath-Jomsom by local jeep on SIC basis,
- ✓ Half day Pokhara sightseeing as per the itinerary,
- ✓ Pokhara Hotel – Airport transfer in private vehicle,
- ✓ Annapurna Conservation Entry Permit,
- ✓ TIMS Permit,
- ✓ ACAP permit fees.
- ✓ All meals (Breakfast, Lunch & Dinner – Veg) during your trip,
- ✓ Nepal government license holder tour-trekking guide,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the the staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.
- ✓

PRICE EXCLUDES:

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Sightseeing entrance permits,
- × Tips for the staffs and driver,
- × Alcoholic & soft drinks,
- × Personal expenses: shopping, laundry, trekking equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

HOLY MT KAILASH AND MANSAROVAR LAKE - AN INTRODUCTION:

Holy Mt Kailash and Mansarovar Lake, center of creation & the Universe are as old as the creation. Thousands of Sages, Ordinary Mortals, Philosophers and even Gods had submerged in the blissful trance at the very sight of this divine grandeur. It is the MERU, SUMERU, SUSHUMNA, HEMADRI (Golden Mountain), RATNASANU (Jewel Peak), KARNIKACHALA (Lotus Mountain), AMARADRI, DEVA PARVATHA (Summit of Gods), GANAPARVATHA, AJATADRI (Silver Mountain). Regarded as SWAYAMBHU, the self-created one, everything is said to emanate from here and finally returns here. Mind is the knot tying consciousness and matter-that is set free here.

Famously known to be an abode of LORD SHIVA and his divine consort PARVATI, Mt. Kailash expounds the philosophy of PURUSHA and PRAKRITI-SHIVA and SHAKTI. The radiant SILVERLY summit is the throne of TRUTH, WISDOM and BLISS-SACHIDANANDAM. The primordial sound AUM (NADABINDU) from the tinkling anklets of LALITA PRAKRITI created the visible patterns of the universe and the vibrations (DVANI) from the feet of Lord Shiva (NATARAJA) weaved the essence of ATMAN, the ultimate truth. The scriptures reiterate that one, who takes the holy dip at Mansarovar and carries out the Parikrama around Kailash, is absolved of his/her sins through generations and is absorbed into the Supreme Finality. There is no re-birth; sorrows or joys and he/she will be with ultimate – the Lord Shiva. In other words, they become Shiva.

In addition to the Hindus, the entire region is also one of the most important pilgrimage centers for the Buddhists. They worship DEMCHOK (Buddha in forceful form) seated on the summit of Kailash. It is also called Dharmapala; one version quotes the deity as a form of Shiva's manifestation. The description of the deity is more or less like Shiva. Devi is also given a similar form like Parvati. Buddhists adore Kailash as KANG RINGPOCHE and Mansarovar as TSO MAPHAM. Guru Rinpoche (The great Indian Master PADMASAMBHAVA who introduced Buddhism) and Saint Milerapaare greatly revered here by the pilgrims. Since TANTRISM runs through the main core of Buddhism here, their customs and practices would be found running close and parallel to Hindu traditions. Like Hindus, they also consider (DOLMA (DEVI) and GAURI KUND (ThukiZingbu) as holiest spots. Buddhists strongly believe that pilgrimage to this place liberates them to NIRVANA.

Besides, Jains acknowledge Kailash as ASTAPADA and PADMAHRADA. It is believed that ADINATH VRISHABDEVA - the first Tirtankara attained Nirvana here. A few claim that GURU NANAK meditated here. Across the river CHU, there on the Nyanri range stands an impressive temple. Inside this monastery there is a marble statue radiating peace and compassion. This statue is claimed to be that of Guru Nanak.

The entire area echoes with spiritual vibrations. Even the agnostics shall discover new balance amidst that fathomless serenity. One has to experience it. The common belief is that those who are ordained only could be there.

INFORMATION

Health Pre-caution: Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illnesses generally not encountered over the plains. Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness (malaise), high irritability, light loss of balance, disorientation, incoherence and insomnia are to name among a few. It is common to all irrespective of age, sex and physical fitness. Gradual acclimatization is the best answer. Tranquilizers, sleeping dosages and strong antibiotics must be avoided. Some symptoms do indicate that the body mechanism is readjusting to new environment.

Route & climatic conditions: Once the voyage commences, the panoramic Himalaya and Tibet cocoon the pilgrims in their effulgence and they drift beyond the reach of a conventional world. Deep silence and eerie expansiveness rule the atmosphere. A resourceful pilgrim, however, would enjoy his every step – planning is the key. Route from Kathmandu to Tatopani/Rasuwagadi (Timure) (Nepal-China border) is narrow and scary but from the border onward roads are well maintained. The high altitude Tibetan terrain is dry, cold and windy. Night is colder than day. Torrential rains, strong icy winds are common features. The average altitude is above 3,500 meters and the route covers many high altitude passes.

Risk and Liabilities: We will endeavor to make your journey smooth and pleasant as far as possible. However, the entire program in Tibet is conducted strictly under the rules and regulations of China Tibet Tourism Bureau (TTB). Therefore, Fishtail Tours/Trek (P) Ltd. & its related organizations will not be responsible for any changes in the itineraries due to unavoidable circumstances such as government restrictions, delay in receiving Tibet Travel Permit and Visa due to TTB's own rules and regulations, landslides, road blockages, floods, snow, political unrests, cancellation of flights, delay due to shortage of land cruiser Jeep/Coach in Tibet, personal sickness or accident. Any extra cost incurred shall be borne by travelers themselves.

Required Documents:

- Minimum of six months valid passport and two copies of passport size photographs.
- A normal health certificate from your personal doctor for travelers aged 60 years and above may be required (May not be compulsory always)

Fitness: This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are fit and have a strong willpower. People suffering from cardiac or respiratory problems should consult to their doctor. Morning and evening walks, jogging, stretching, meditation and regular exercises make the journey comfortable for all.

Food and Beverages: Delicious continental & Indian food will be served. Breakfasts and Dinners will be served in campsite by trained Nepali staffs. Packed lunch will be provided during daytime. We will serve mineral water for drinking purpose.

Clothing and Necessities: As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. –16 degrees Celsius) one should prepare accordingly. However, we suggest all yatries to travel light – maximum 10 to 15 Kg per person. We too provide certain clothing and essential from our end. Kindly go through the details and decide the requirement accordingly:

Clothing Requirement:

Clothing requirement may vary as per the yatra duration. On the basis of 14 days Overland Yatra, the following clothing are suggested;

4/5 Pairs of Thermal ware

Enough undergarment and warm soak

4 pair of outer clothing

Hand Gloves

Light Jackets & Sweater

Shoes with water resistant

Muffler and sandal

Hand Towel

Enough Soaks (Thick Woolen socks for Parikrama)

Other clothing including night clothing as per the personal need and preference

General Essentials:

Torch Light with battery

Multivitamin Tablets

Sun protection cream with 50 PH

Regular medicine that are being used

Wet and dry tissues

Dry fruits and energy bars

Vicks or Amritanjan

Dark Sun Glasses

Body Lotion

Water bottle – 2 bottles of 1 liter each

What we offer:

Feather Down jacket with up to -10 cold resistance

Back Pack for valuable and general essential

Duffel bag for personal clothing

Walking Stick for the 3 days Parikrama

Wind cheer or Puncho to cover cold wind and rain during parikrama

Monkey Cap

First Aid Box for general medicine

3 Times a day freshly cooked meal

Boiled and mineral water

Insurance: Full travel insurance covering medicine, Helicopter evacuation (if in case of emergency), loss of personal belongings, postponed/ pre-pond expenses of inward and outward flight and trip cancellation is strongly recommended.

CANCELLATION:

All notice of cancellation must be sent to our office in writing; verbal cancellation will not be accepted. There is no refund for services not used. In case of any cancellation the booking amount will be completely forfeited. In addition, the following cancellation rules will be applicable on the balance amount payable.

- 21 days period from tour departure date: 30% cancellation charges.
- 15 days period from tour departure date: 50% cancellation charges.
- 7 days and less periods: 75% cancellation charges.

The above cancellation rules are applied as per the rules and regulation of China Tibet Tourism Bureau and (IPSC) Indian pilgrims service Center, China

MOST IMPORTANT POINTS TO BE NOTED AND PREPARED:

It should come into notice of all **Kailash Yatrics** that, all Tibet and Holy **Mt. Kailash Yatra**/Tour operators in Nepal have very fewer roles to play in handling Tibet and Holy Mount Kailash Yatra operation. The decision of **Tibet Tourism Bureau (TTB)** and **China India Pilgrim Service Centre (CIPSC)** is final and mandatory to be followed and accepted by all. Hence, interested clients for **Tibet and Holy Mt Kailash Yatra** (especially Indian Yatrics) are requested to be prepared, both mentally and physically, for the following adverse situations and do the necessary preparations accordingly. In case of occurrence of any of the following conditions, the management of **Fishtail Group of Tourism Hospitality** or its associates won't be liable and be made responsible.

Though you might have submitted both your name list with advance payment and the application for the Tibet Travel Permit in time as per the rules, it cannot be guaranteed that the Tibet Travel Permit and the Visa will arrive in time. Sometimes, the Tibet Travel Permit or the Visa might be rejected by the concerned authorities, i.e., TTB and CIPSC at the very last hour (even after your arrival in Nepal or after issuance of your nonrefundable to and fro ticket to Nepal)

In case of failure to obtain the Tibet Travel Permit and the Visa on time as per the stipulated date of arrival/departure, all additional expenses in Nepal (accommodation, food, transportation etc.) have to be borne by the client himself/herself.

In case of rejection of your Tibet Travel Permit and the Visa by the concerned authorities, i.e., TTB and CIPSC, at the last hour (after arrival in Nepal), the client himself/herself has to issue fresh return ticket or manage his/her return journey on his/her own expense.

The entire price given below in Indian currency is calculated at the rate of 83/- per US Dollar, i.e. (ROE) 83/- at the time of pricing. All the difference due to currency fluctuation will be borne by either side.

WHY TO CHOOSE FISHTAIL TOURS & TRAVELS AS YOUR PILGRIMAGE YATRA OPERATOR TO HOLY MT.KAILASH AND MANSAROVAR–THE JOURNEY TO ABODE OF LORD SHIVA?

- The Yatra to Mt. Kailash and Mansarovar is considered as one of the toughest Yatras as the area lies in a high mountain terrain. Thus, it requires highly experienced team to ensure safety and comfortable journey for the pilgrims. Fishtail Tours & Travels team has been effectively trained to conduct these kinds of tours and has been organizing the Yatra for more than 17 years.
- We have very cordial relationship and rapport with IPSC/ TTB on every aspect. In case of an occurrence of any emergency during the Yatra, all the Yatris can get immediate help and support from the Chinese government.
- As mentioned earlier, our entire team members are trained for maintaining personal hygiene, safety, sanitation and cleanliness.
- We serve pure vegetarian, fresh and hygienic meals during the Yatra.
- We always use high quality international standard equipment to ensure comfort and safety of the Yatris.
- Fishtail team values your money and assures you that every penny you spend for the trip will be worthwhile as our sole priority is to provide you with the best quality service and guarantee your safety.
- We have no any hidden costs, except for personal expenses not covered by the contract. We never charge a single penny during the entire journey

BOOKING PROCEDURE:

For the booking of **Mt Kailash** or any other Tibet / China Tour the following document and payment must reached to us.

- Non-refundable booking Charge- Indian National INR 25,000/- & NRI/ Foreigner US\$ 500.00.
- Properly filled booking form with duly signed (given below).
- Clear passport copy with minimum 6 month validity.
- 2 copies of passport sized color photographs.



TOUR BOOKING FORM

Full Name (as in passport):

Age:

Sex: Profession:

Passport No:

Date of Issue:

Valid till:

Name of Father/ Mother/Guardian :

Name of Husband/ Wife:

Address:

Telephone: Office: Home: Mobile:

Email:

In case of Emergency Immediate contact details:

Name of the Person:

Relation:

Phone:

Mobile:

Most Important Medical Information/ Medication Details:

a,

b,

c,

I am interested to join in your regular Mt Kailash Tour (Please tick in one): Overland Tour/ Heli Tour/ Mt Kailash Via Lhasa Tour/Mount Kailash Inner Kora on my own decision which is scheduled to departure from Kathmandu on..... And final departure from Kathmandu on..... and here by deposited initial nonrefundable booking Charge U\$ 500.00 / INR 25,000/- by cash/ Bank transfer /cheque No: through bank.....on.....

I am fully aware about the landscape & climate of the route and other required general information about the yatra. I am traveling on my own decision. I am also aware about the duration of yatra and additional cost to be paid in case of any problem – flight cancellation due to bad weather, visa and permit problem which are beyond control of Fishtail Group or its associated partners.

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HOLY MOUNT KAILASH YATRA 2024

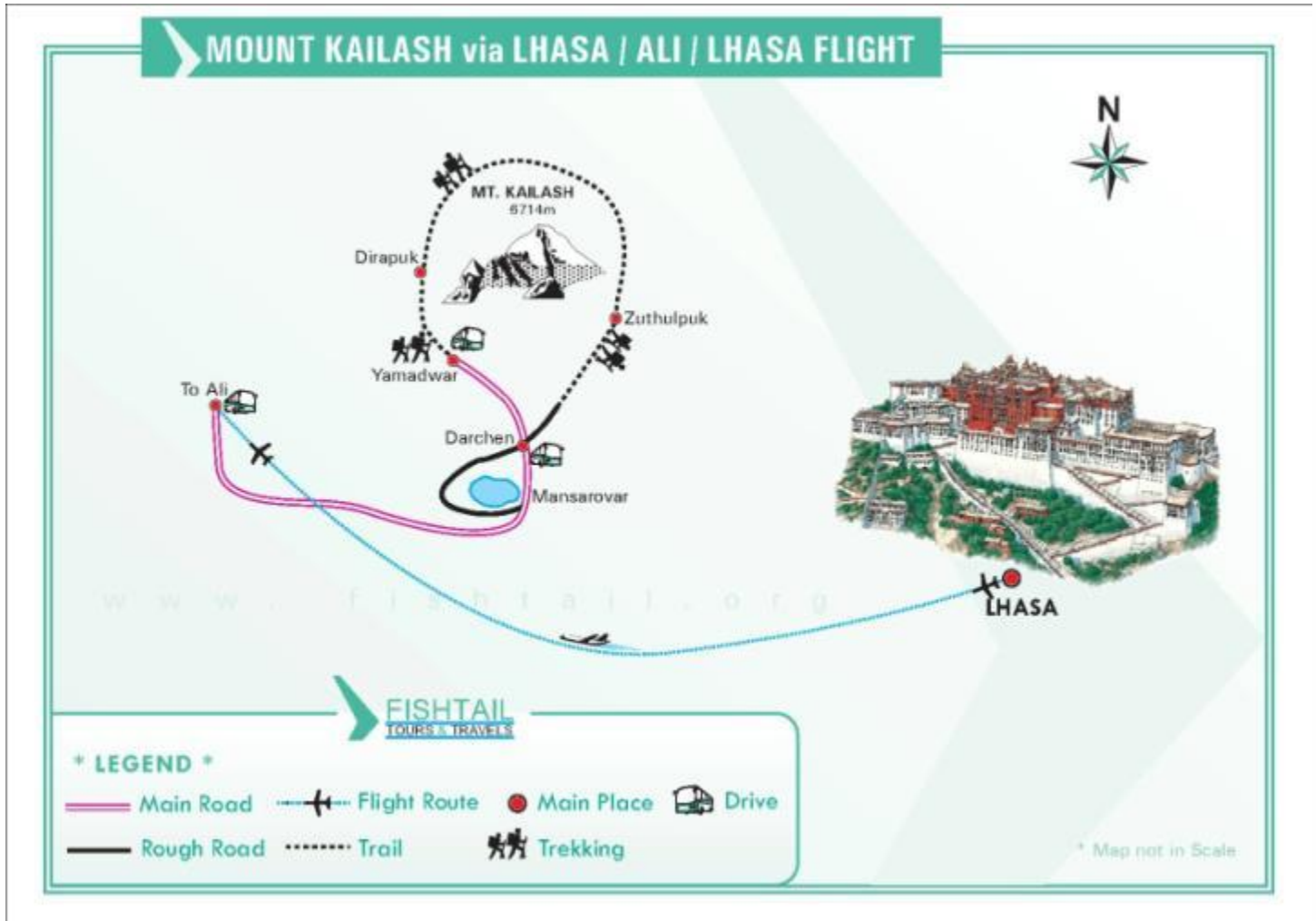
01,	MT KAILASH VIA LHASA - ALI - VVIP TOUR - 12 Days
02,	Muktinath Extension Tours - 5 Days
03,	Holy Mt Kailash - An Introduction
04,	Information
05,	Why to Choose Fishtail Tours and Travels as your Yatra Companion
06,	Tour Booking Form



FISHTAIL
TOURS & TRAVELS
DELIVERING SMILING HOLIDAYS SINCE 1990



MOUNT KAILASH VIA LHASA WITH LHASA / ALI / LHASA BY FLIGHT- VVIP YATRA



Product Introduction:

Mt Kailash via Lhasa with Lhasa- Ali – Lhasa -Domestic flight is a special yatra program which is prepared without Nepal tour. The tour start from Lhasa and end at Lhasa, covering Lhasa city sightseeing, fly to Ali, visit Mansarovar lake and Holy Mt Kailash including Mt Kailash Parikrama as per the interest of the clients. On return, fly back to Lhasa and take a international flight to your country and home via Beijing, Chendu, Shanghai etc. Fishtail Tours & Travel invite you to join on this special tour during your next Pilgrimage tour to abode of Lord Shiva.

Fishtail Tourism House, 344/9 Dashrath Chand Marg, Baluwatar, Kathmandu, Nepal

Phone: +977-1-4519673 / 4528521 / 4521440, Fax: +977-1-4526446 / POB: 5657

Email: sales@fishtail.org, Website: www.fishtail.org

YATRA INFORMATION

Tour Code	Tour Title	Duration	Destination Covered
FML - VIP 600	Holy Mount Kailash via Lhasa with Lhasa/ Ali/ Lhasa by flight	11 Nights/ 12 Days	Lhasa, Ali, Mount Kailash and Mansarovar Lake.

TRIP FACTS

Tour Grade	Tour Duration	Highest Elevation	Road Condition	Walking and trekking Duration	General Information
4	12 Days	5,610 Meter	Black Topped Highway	Approx 42 Km Holy trek including 10 Km gradual Climbing.	Adventure type of tour especially during 3 days of Parikrama. The journey is smooth and comfortable till Parikrama starting point.

Fixed Departure Dates

Group code	Date of Arrival in Kathmandu		Departure for Mt. Kailash via Lhasa		Return to Kathmandu		Final Departure		Full Moon / No moon Dates
	Day	Date	Day	Date	Day	Dates	Day	Dates	
FT-MN 102	Thus	18 th April	Sat	20 th April	Wed	28 th April	Thus	29 th April	23 rd Apr
FT-MN 104	Sat	18 th May	Mon	20 th May	Fri	28 th May	Sat	29 th May	23 rd May
FT-MN 106	Sat	15 th June	Mon	17 th June	Fri	25 th June	Sat	26 th June	22 nd Jun
FT-MN 108	Wed	10 th July	Friday	12 th July	Tues	20 th July	Wed	21 st July	21 st Jul
FT-MN 109	Tues	16 th July	Thurs	18 th July	Mon	26 th July	Tues	27 th July	21 st July
FT-MN 110	Wed	14 th Aug	Fri	16 th Aug	Tues	24 th Aug	Wed	25 th Aug	19 th Aug
FT-MN 112	Thus	12 th Sept	Sat	14 th Sept	Wed	22 nd Sept	Thus	23 rd Sept	18 th Sept
FT-MN 114	Sat	12 th Oct	Mon	14 th Oct	Fri	22 nd Oct	Sat	23 rd Oct	17 th Oct

OUTLINE ITINERARY:

Day 01: Arrive Kathmandu and Transfer to hotel

Day 02: Pilgrimage Sightseeing & briefing session

Day 03: Fly to Lhasa and transfer to hotel

Day 04: Lhasa Sightseeing,

Day 05: Fly to Ali and overnight stay at Ali,

Day 06: Drive to Mansarovar, holy bath, Puja, Hawan (self) & drive to Darchen,

Day 07: Drive to Holy Trek Starting Point- Yamadwar and Holy Trek to Dirapuk,

Day 08: Holy Trek to Zuthulpuk,

Day 09: Holy Trek to Near Darchen and drive to Ali,

Day 10: Fly to Lhasa and transfer to Lhasa city,

Day 11: Transfer to airport for flight to Kathmandu. Evening Holy water offering at Pashupatinath .

Day 12: Transfer to airport for flight for onward journey

DETAILED ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL

Dinner Only

Arrive Kathmandu ,meet welcome and transfer to hotel. Overnight stay at hotel.

DAY 02: PREPARATION & PILGRIMAGE SIGHTSEEING

B/L/D

Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budhanilakanth temple. Return to hotel, lunch, briefing about the Yatra and necessary preparation. Overnight stay at hotel.

DAY 03: FLY TO LHASA FREE DAY IN LHASA

B/L/D

Transfer to International airport for flight to Lhasa. Arrive Lhasa(3600 meter), meet, assist and transfer to hotel. Rest of the day is free to acclimatize with the environment. Overnight stay at hotel.

DAY 04: LHASA CITY SIGHTSEEING

B /L/D

After breakfast leave for full day city sightseeing tour to Magnificent Potala Palace (From Outside only) -the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. With a history of over 1,300 years, the Potala Palace is the treasure of Tibetan religion and culture, storing plenty of figures of the Buddha, murals, sutras etc. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa- the Sera Monastery, and the Dalai Lama's summer palace of the treasure Park of Tibet, the Norbulingka. Return to hotel and overnight stay at hotel.

DAY 05: FLY TO ALI & OVERNIGHT STAY AT ALI

B/L/D

After breakfast, transfer to airport for flight to Ali(4,274 meter). Arrive Ali airport after 2 hour flight and transfer to hotel. Overnight stay at hotel at Ali.

DAY 06: DRIVE TO MANSAROVAR & DRIVE TO DARCHEN

B/L/D

Breakfast and drive to Mansarovar (4,590 meter, 209 Kms , 4 hours drive). Arrive Mansarovar and take Holibath , puja, Hawan, DevTarpanetc. (Self)and drive to Darchen (4,664 M, 30 KM, 2 hrs).Overnight stay at guesthouse.

DAY 07: DRIVE TO YAMADWAR & HOLY TREK TO DIRAPUK, B/L/D

With packed lunch box, drive to Tarboch Flag Pole the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Sershong(8 kms, 15 mins drive), Meet your porters/ pony caretaker etc. and trek to Dirapuk (4,765 M, 10 km , 5/6 hours trek). Overnight stay at guesthouse



**DAY 08: HOLY TREK TO ZUTHULPUK,
B/L/D**

Continue Parikrama over Droma La Pass (5,585 M) to Zuthulpuk (4,700 M, 22 KM, 7-8 hrs trek). Overnight stay at camp/ guesthouse.



**DAY 09: HOLY TREK TO NEAR DARCHEN & DRIVE TO ALI
B/L/D**

Last and final day of Mt. Kailash Parikrama ends near Darchen (4,664 M, 14 KM, 3-4 hrs trek) & drive to Ali (220KM, 4 1/2 hrs drive). Arrive at Ali & overnight stay at hotel.

DAY 10: FLY TO LHASA & TRANSFER TO LHASA CITY

B/L/D

Fly to Lhasa (3,700 M) and transfer to hotel. Overnight stay at hotel at Lhasa.

**DAY 11: TRANSFER TO AIRPORT FOR FLIGHT TO KATHMANDU
B /L /D**

Breakfast and transfer to Lhasa airport for flight to Kathmandu. Arrive Kathmandu and transfer to hotel. Rest of the day is free for personal activities. Evening holy water offering and witness Arati Puja at Pashupatinath temple. Overnight stay at hotel.



DAY 12: FINAL DEPARTURE TRANSFER

B

Breakfast and free time until transferred to International airport for onwards flight.

VVIP B2B YATRA COST (BASED ON 20 YATRIES)

Tour Category	Permit & Vehicle Payable in USD	Other Expense Payable in INR	Total in INR@ ROE 83.00 Per USD	Single room supplement- Kathmandu & Lhasa only
Deluxe Tour – With 5 star hotel in Nepal & 3 star eqv hotel in Lhasa Xigatse & Saga and normal guesthouse in other part of Tibet.	US\$ 2,290.00	INR 145,000	INR 335,555.00	INR 45,000/-

Note: The complimentary person has to bear the flight fare & visa charge as applicable.

PRICE INCLUDES:-

- ✓ Special welcome at the International airport in Kathmandu.
- ✓ Special welcome at the International airport in Lhasa,
- ✓ Three nights' accommodation in Kathmandu at Deluxe 5 star hotel.
- ✓ Kathmandu Pilgrimage Sightseeing
- ✓ Kathmandu/ Lhasa/ Kathmandu flight fare
- ✓ Three nights' accommodation in Lhasa at hotel Bhramaputra / St Regis or similar.
- ✓ Two nights stay at hotel Gesa/ Xianxi (4 star deluxe) at Ali,
- ✓ Lhasa city sightseeing& airport transfers as per the itinerary,
- ✓ One Night stay at Hotel Himalaya at Darchen,
- ✓ Fully Trained Nepali staffs,
- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Three times a day meals (Breakfast, Lunch & Dinner) and tea/coffee and cookies) while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,
- ✓ Tibet Visa & Permit Fee,
- ✓ Ground transfers in Tibet on Deluxe Coach,
- ✓ Required trekking equipment,
- ✓ First aid kit,
- ✓ Free use of North Face feather Down Jacket,
- ✓ Backpack, Monkey cap, Rain coat(Pancho), Puja Bag with Puja materials& duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the tour staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:-

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,
- × Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost may incurred by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

MANAKAMANA, POKHARA JOMSOM & MUKTINATH

Tour Code	Tour Title	Tour Title	Tour Duration
FME-51 A	Muktidham Extension Tour	4 Nights/5 Days	Manakaman, Pokhara, Jomsom & Muktidham

OUTLINE ITINERARY:

Day 01: Arrive Kathmandu and transfer to hotel,

Day 02: Drive from Kathmandu to Pokhara via Manakamana,

Day 03: Fly from Pokhara to Jomsom & drive to Muktidham by local jeep & return to Jomsom,

Day 04: Fly from Jomsom to Pokhara & half day Pokhara sightseeing,

Day 05: Fly from Pokhara to Kathmandu & join on Holy Mount Kailash Yatra program.

DETAIL ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL, **Dinner**

Arrive in Kathmandu and transfer to your hotel. Dinner and overnight at hotel.

DAY 02: DRIVE TO POKHARA VIA MANAKAMANA **B/L/D**

After breakfast drive from Kathmandu to Pokhara (925 meter, 200 KM, / 7-8 hrs drive). En-route visit to Manakamana temple by cable car. Pray to God Manakamana- wish - filing goddesses , lunch and drive to Pokhara. Arrive Pokhara and check into hotel. Evening visit around the Fewa Lake. Overnight stay at hotel.

DAY 03: FLY TO JOMSOM (2,720 M), DRIVE MUKTIDHAM (3760 M) & BACK JOMSOM- B/L/D

Wake up early in the morning and proceed to airport with packed breakfast for flight to Jomsom. After 25 minutes flight you will reach to Jomsom. Walk to the hotel and separate your clothing and requirements for Muktinath. Walk for 15 minutes to catch local Jeep for Muktinath (30 km , 1 hour drive). Arrive at Muktinath jeep station and start climbing up to Muktinath temple. Arrive at Muktinath temple after approx 15 minutes hiking. Take bath at 108 holy water spouts, perform Puja at Muktinath temple, Jwala Mai etc. and visit around the places of interest etc. Return to Jeep stand for local jeep drive to Jomsom. Arrive Jomsom jeep station, walk to the hotel and overnight.

DAY 04: FLY BACK POKHARA (850 M) & POKHARA SIGHTSEEING **B/L/D**

Wake up early in the morning and walk to airport for flight to Pokhara. It is 25 minutes flight. Arrive Pokhara and check into hotel. Get refreshed and proceed for local half day sightseeing covering Devis Fall, Fewa Lake & Bindabasini Temple. Rest of the day is free for personal activities. Overnight stay at hotel.

DAY 05: FLY TO KATHMANDU & JOIN ON HOLY MOUNT KAILASH YATRA. **B/L/D**

Breakfast and transfer to domestic airport for a flight to Kathmandu (25 Minutes) to join on Holy Mount Kailash Yatra program.

MUKTIDHAM EXTENSION TOUR COST:

Type of Tour	Per person tour cost in INR as per the below group size				Single Room Supp.
	2-4 Pax	5 -9 Pax	10 – 15 Pax	16 & Above	
Normal Tour: 4/3 Star Hotels	INR.36,100	INR.33,400	INR.31,200	INR.30,200	INR.7500

COST INCLUDES:

- ✓ One night 4 star equivalent hotel accommodation in Kathmandu,
- ✓ Two nights 3 star equivalent hotel accommodation in Pokhara,
- ✓ One night 3/2 star equivalent Hotel accommodation at Jomsom,
- ✓ Kathmandu / Manakamana/ Pokhara by a/c vehicle as per the group size.
- ✓ Flight Pokhara-Kathmandu,
- ✓ Flight Pokhara-Jomsom-Pokhara,
- ✓ Jomsom-Mukthinath-Jomsom by local jeep on SIC basis,
- ✓ Half day Pokhara sightseeing as per the itinerary,
- ✓ Pokhara Hotel – Airport transfer in private vehicle,
- ✓ Annapurna Conservation Entry Permit,
- ✓ TIMS Permit,
- ✓ ACAP permit fees.
- ✓ All meals (Breakfast, Lunch & Dinner – Veg) during your trip,
- ✓ Nepal government license holder tour-trekking guide,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the the staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Sightseeing entrance permits,
- × Tips for the staffs and driver,
- × Alcoholic & soft drinks,
- × Personal expenses: shopping, laundry, trekking equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

HOLY MT KAILASH AND MANSAROVAR LAKE- AN INTRODUCTION:

Holy Mt Kailash and Mansarovar Lake, center of creation & the Universe are as old as the creation. Thousands of Sages, Ordinary Mortals, Philosophers and even Gods had submerged in the blissful trance at the very sight of this divine grandeur. It is the MERU, SUMERU, SUSHUMNA, HEMADRI (Golden Mountain), RATNASANU (Jewel Peak), KARNIKACHALA (Lotus Mountain), AMARADRI, DEVA PARVATHA (Summit of Gods), GANAPARVATHA, AJATADRI (Silver Mountain). Regarded as SWAYAMBHU, the self-created one, everything is said to emanate from here and finally returns here. Mind is the knot tying consciousness and matter-that is set free here.

Famously known to be an abode of LORD SHIVA and his divine consort PARVATI, Mt. Kailash expounds the philosophy of PURUSHA and PRAKRITI-SHIVA and SHAKTI. The radiant SILVERLY summit is the throne of TRUTH, WISDOM and BLISS-SACHIDANANDAM. The primordial sound AUM (NADABINDU) from the tinkling anklets of LALITA PRAKRITI created the visible patterns of the universe and the vibrations (DVANI) from the feet of Lord Shiva (NATARAJA) weaved the essence of ATMAN, the ultimate truth. The scriptures reiterate that one, who takes the holy dip at Mansarovar and carries out the Parikrama around Kailash, is absolved of his/her sins through generations and is absorbed into the Supreme Finality. There is no re-birth; sorrows or joys and he/she will be with ultimate – the Lord Shiva. In other words, they become Shiva.

In addition to the Hindus, the entire region is also one of the most important pilgrimage centers for the Buddhists. They worship DEMCHOK (Buddha in forceful form) seated on the summit of Kailash. It is also called Dharmapala; one version quotes the deity as a form of Shiva's manifestation. The description of the deity is more or less like Shiva. Devi is also given a similar form like Parvati. Buddhists adore Kailash as KANG RINGPOCHE and Mansarovar as TSO MAPHAM. Guru Rinpoche (The great Indian Master PADMASAMBHAVA who introduced Buddhism) and Saint Milerapaare greatly revered here by the pilgrims. Since TANTRISM runs through the main core of Buddhism here, their customs and practices would be found running close and parallel to Hindu traditions. Like Hindus, they also consider (DOLMA (DEVI) and GAURI KUND (ThukiZingbu) as holiest spots. Buddhists strongly believe that pilgrimage to this place liberates them to NIRVANA.

Besides, Jains acknowledge Kailash as ASTAPADA and PADMAHRADA. It is believed that ADINATH VRISHABDEVA - the first Tirtankara attained Nirvana here. A few claim that GURU NANAK meditated here. Across the river CHU, there on the Nyanri range stands an impressive temple. Inside this monastery there is a marble statue radiating peace and compassion. This statue is claimed to be that of Guru Nanak.

The entire area echoes with spiritual vibrations. Even the agnostics shall discover new balance amidst that fathomless serenity. One has to experience it. The common belief is that those who are ordained only could be there.

INFORMATION

Health Pre-caution: Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illnesses generally not encountered over the plains. Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness (malaise), high irritability, light loss of balance, disorientation, incoherence and insomnia are to name among a few. It is common to all irrespective of age, sex and physical fitness. Gradual acclimatization is the best answer. Tranquilizers, sleeping dosages and strong antibiotics must be avoided. Some symptoms do indicate that the body mechanism is readjusting to new environment.

Route & climatic conditions: Once the voyage commences, the panoramic Himalaya and Tibet cocoon the pilgrims in their effulgence and they drift beyond the reach of a conventional world. Deep silence and eerie expansiveness rule the atmosphere. A resourceful pilgrim, however, would enjoy his every step – planning is the key. Route from Kathmandu to Tatopani/Rasuwagadi (Timure) (Nepal-China border) is narrow and scary but from the border onward roads are well maintained. The high altitude Tibetan terrain is dry, cold and windy. Night is colder than day. Torrential rains, strong icy winds are common features. The average altitude is above 3,500 meters and the route covers many high altitude passes.

Risk and Liabilities: We will endeavor to make your journey smooth and pleasant as far as possible. However, the entire program in Tibet is conducted strictly under the rules and regulations of China Tibet Tourism Bureau (TTB). Therefore, Fishtail Tours/Trek (P) Ltd. & its related organizations will not be responsible for any changes in the itineraries due to unavoidable circumstances such as government restrictions, delay in receiving Tibet Travel Permit and Visa due to TTB's own rules and regulations, landslides, road blockages, floods, snow, political unrests, cancellation of flights, delay due to shortage of land cruiser Jeep/Coach in Tibet, personal sickness or accident. Any extra cost incurred shall be borne by travelers themselves.

Required Documents:

- Minimum of six months valid passport and two copies of passport size photographs.
- A normal health certificate from your personal doctor for travelers aged 60 years and above may be required (May not be compulsory always)

Fitness: This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are fit and have a strong willpower. People suffering from cardiac or respiratory problems should consult to their doctor. Morning and evening walks, jogging, stretching, meditation and regular exercises make the journey comfortable for all.

Food and Beverages: Delicious continental & Indian food will be served. Breakfasts and Dinners will be served in campsite by trained Nepali staffs. Packed lunch will be provided during daytime. We will serve mineral water for drinking purpose.

Clothing and Necessities: As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -16 degrees Celsius) one should prepare accordingly. However, we suggest all yatries to travel light – maximum 10 to 15 Kg per person. We too provide certain clothing and essential from our end. Kindly go through the details and decide the requirement accordingly:

Clothing Requirement:

Clothing requirement may vary as per the yatra duration. On the basis of 14 days Overland Yatra , the following clothing are suggested;

4/5 Pairs of Thermal ware

Enough undergarment and warm soak

4 pair of outer clothing

Hand Gloves

Light Jackets & Sweater

Shoes with water resistant

Muffler and sandal

Hand Towel

Enough Soaks (Thick Woolen socks for Parikrama)

Other clothing including night clothing as per the personal need and preference

General Essentials:

Torch Light with battery

Multivitamin Tablets

Sun protection cream with 50 PH

Regular medicine that are being used

Wet and dry tissues

Dry fruits and energy bars

Vicks or Amritanjan

Dark Sun Glasses

Body Lotion

Water bottle – 2 bottles of 1 liter each

What we offer:

Feather Down jacket with up to -10 cold resistance

Back Pack for valuable and general essential

Duffel bag for personal clothing

Walking Stick for the 3 days Parikrama

Wind cheer or Puncho to cover cold wind and rain during parikrama

Monkey Cap

First Aid Box for general medicine

3 Times a day freshly cooked meal

Boiled and mineral water

Insurance: Full travel insurance covering medicine, Helicopter evacuation (if in case of emergency), loss of personal belongings, postponed/ pre-pond expenses of inward and outward flight and trip cancellation is strongly recommended.

CANCELLATION:

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- 15 days period from tour departure date: 50% cancellation charges.
- 7 days and less periods: 75% cancellation charges.

The above cancellation rules are applied as per the rules and regulation of China Tibet Tourism Bureau and (IPSC) Indian pilgrims service Center, China

MOST IMPORTANT POINTS TO BE NOTED AND PREPARED:

It should come into notice of all **Kailash Yatrics** that, all Tibet and Holy **Mt. Kailash Yatra**/Tour operators in Nepal have very fewer roles to play in handling Tibet and Holy Mount Kailash Yatra operation. The decision of **Tibet Tourism Bureau (TTB)** and **China India Pilgrim Service Centre (CIPSC)** is final and mandatory to be followed and accepted by all. Hence, interested clients for **Tibet and Holy Mt Kailash Yatra** (especially Indian Yatrics) are requested to be prepared, both mentally and physically, for the following adverse situations and do the necessary preparations accordingly. In case of occurrence of any of the following conditions, the management of **Fishtail Group of Tourism Hospitality** or its associates won't be liable and be made responsible.

Though you might have submitted both your name list with advance payment and the application for the Tibet Travel Permit in time as per the rules, it cannot be guaranteed that the Tibet Travel Permit and the Visa will arrive in time. Sometimes, the Tibet Travel Permit or the Visa might be rejected by the concerned authorities, i.e., TTB and CIPSC at the very last hour (even after your arrival in Nepal or after issuance of your nonrefundable to and fro ticket to Nepal)

In case of failure to obtain the Tibet Travel Permit and the Visa on time as per the stipulated date of arrival/departure, all additional expenses in Nepal (accommodation, food, transportation etc.) have to be borne by the client himself/herself.

In case of rejection of your Tibet Travel Permit and the Visa by the concerned authorities, i.e., TTB and CIPSC, at the last hour (after arrival in Nepal), the client himself/herself has to issue fresh return ticket or manage his/her return journey on his/her own expense.

The entire price given below in Indian currency is calculated at the rate of 83/- per US Dollar, i.e. (ROE) 83/- at the time of pricing. All the difference due to currency fluctuation will be borne by either side.

WHY TO CHOOSE FISHTAIL TOURS & TRAVELS AS YOUR PILGRIMAGE YATRA OPERATOR TO HOLY MT.KAILASH AND MANSAROVAR–THE JOURNEY TO ABODE OF LORD SHIVA?

- The Yatra to Mt. Kailash and Mansarovar is considered as one of the toughest Yatras as the area lies in a high mountain terrain. Thus, it requires highly experienced team to ensure safety and comfortable journey for the pilgrims. Fishtail Tours & Travels team has been effectively trained to conduct these kinds of tours and has been organizing the Yatra for more than 17 years.
- We have very cordial relationship and rapport with IPSC/ TTB on every aspect. In case of an occurrence of any emergency during the Yatra, all the Yatries can get immediate help and support from the Chinese government.
- As mentioned earlier, our entire team members are trained for maintaining personal hygiene, safety, sanitation and cleanliness.
- We serve pure vegetarian, fresh and hygienic meals during the Yatra.
- We always use high quality international standard equipment to ensure comfort and safety of the Yatries.
- Fishtail team values your money and assures you that every penny you spend for the trip will be worthwhile as our sole priority is to provide you with the best quality service and guarantee your safety.
- We have no any hidden costs, except for personal expenses not covered by the contract. We never charge a single penny during the entire journey

BOOKING PROCEDURE:

For the booking of **Mt Kailash** or any other Tibet / China Tour the following document and payment must reached to us.

- Non-refundable booking Charge- Indian National INR 25,000/- & NRI/ Foreigner US\$ 500.00.
- Properly filled booking form with duly signed (given below).
- Clear passport copy with minimum 6 month validity.
- 2 copies of passport sized color photographs.

TOUR BOOKING FORM

Full Name (as in passport):

Age:

Sex: Profession:

Passport No:

Date of Issue:

Valid till:

Name of Father/ Mother/Guardian :

Name of Husband/ Wife:

Address:

Telephone: Office: Home: Mobile:

Email:

In case of Emergency Immediate contact details:

Name of the Person:

Relation:

Phone:

Mobile:

Most Important Medical Information/ Medication Details:

a,

b,

c,

I am interested to join in your regular Mt Kailash Tour (Please tick in one): Overland Tour/ Heli Tour/ Mt Kailash Via Lhasa Tour/Mount Kailash Inner Kora on my own decision which is scheduled to departure from Kathmandu on..... And final departure from Kathmandu on..... and here by deposited initial nonrefundable booking Charge U\$ 500.00 / INR 25,000/- by cash/ Bank transfer /cheque No: through bank.....on.....

I am fully aware about the landscape & climate of the route and other required general information about the yatra. I am traveling on my own decision. I am also aware about the duration of yatra and additional cost to be paid in case of any problem – flight cancellation due to bad weather, visa and permit problem which are beyond control of Fishtail Group or its associated partners.

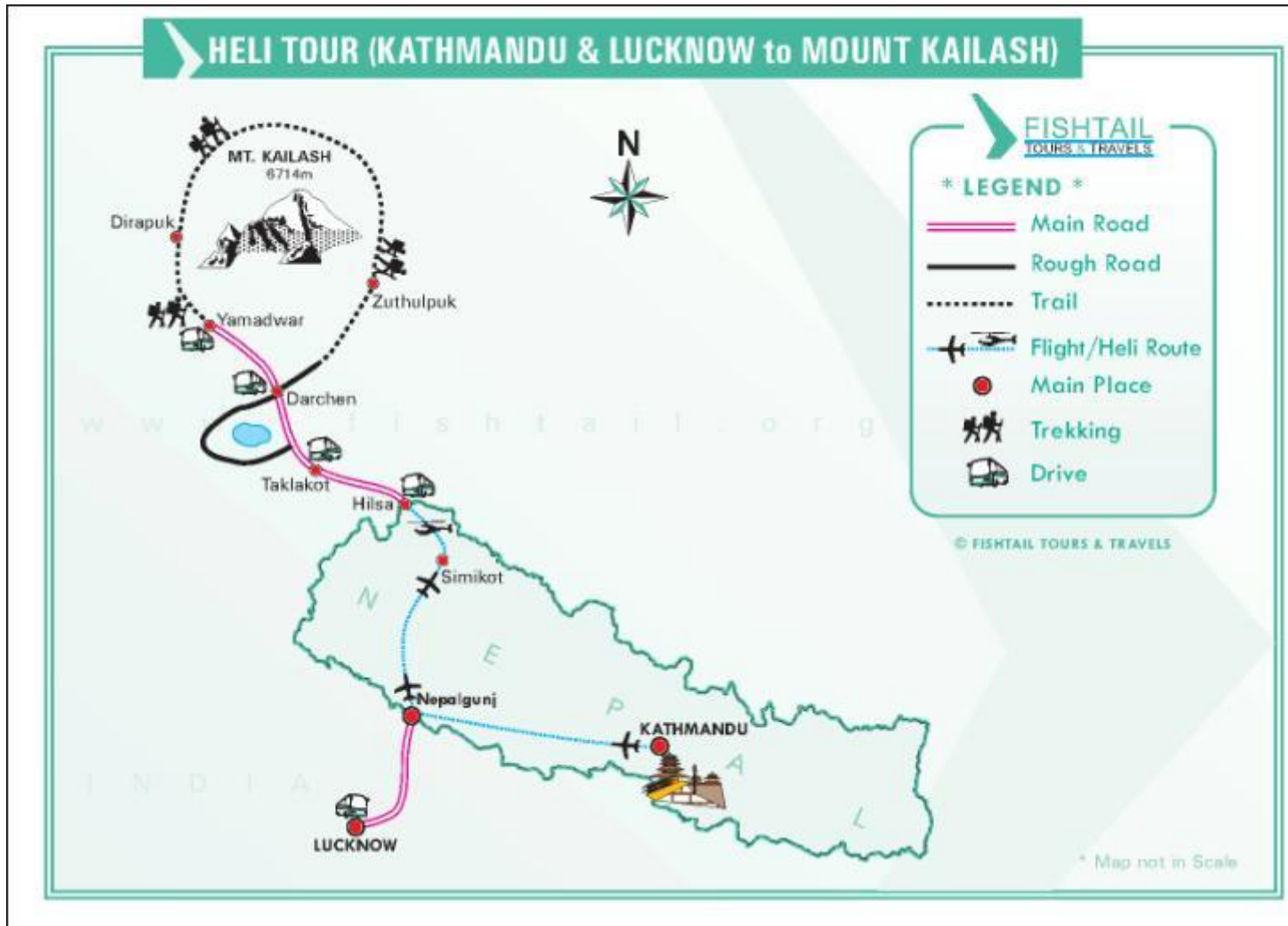
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HOLY MOUNT KAILASH YATRA 2024

01,	MT KAILASH HELI TOURS VIA HILSA - 12 Days
02,	Muktinath Extension Tours - 5 Days
03,	Holy Mt Kailash - An Introduction
04,	Information
05,	Why to Choose Fishtail Tours and Travels as your Yatra Companion
06,	Tour Booking Form



HELI TOUR VIA KATHMANDU OR LUCKNOW - WITH MOUNT KAILASH PARIKRAMA:



PRODUCT INFORMATION:

Heli Tour is one of the shortest yatra to the abode of Lord Shiva. This yatra will be commenced from Kathmandu, Nepal or Locknow India and proceed further to Nepalgunj where we will organize a briefing session along with distribution of all the free material as listed below. After briefing session in Nepalgunj we will fly to Simikot by scheduled flight and fly to Hilsa by Chartered Helicopter on sharing or private basis as per the type of Yatra. From Hilsa onwards, the journey will be commenced through Chinese coaches until return to Hilsa. The 3 days Parikrama around Mt Kailash will be started at Darchen and will be completed at Darchen after crossing 5,500 meter Dormala Pass. The main drawback of this route is frequent cancellation of flight due to bad weather. If weather condition remain fine, this Heli Tour to abode of Lord Shiva will be more convenience and less time taking. Fishtail Tours & Travel Nepal and NTB Treks Pvt Ltd invite you to join this Heli yatra to the abode of Lord Shiva during your upcoming season starting from April to October 2024.

YATRA INFORMATION

YATRA CODE	YATRA NAME	DURATION	DESTINATION COVERED
FMHI 200 A	Heli Tour via Kathmandu	11 Nights / 12 Days	Kathmandu, Nepalgunj, Simikot, Mount Kailash & Mansarovar Lake
FMHI 200 B	Heli Tour Via Lucknow (India)	11 Nights / 12 Days	Lucknow, Nepalgunj/ Simikot and Mount Kailash and Mansarovar lake
FMHI 200 C	Heli Tour with entry from Lucknow and exit from Kathmandu or Vice Versa	11 Nights / 12 Days	Kathmandu, Nepalgunj/ Simikot and Mount Kailash and Mansarovar lake

TRIP FACTS

Tour Grade	Tour Duration	Highest Elevation	Road Condition	Walking and trekking Duration	General Information
3	12 Days	5,610 Meter	Black Topped Highway	Approx 42 Km Holy trek including 10 Km gradual Climbing.	Adventure type of tour especially during 3 days of Parikrama. The journey is smooth and comfortable till Parikrama starting point.

FIXED DEPARTURE DATES – 2024

Fly In / Fly Out via Hilsa/Simikot

Month	Group Code	Arrival in Kathmandu		Simikot-Hilsa Helicopter		Hilsa-Simikot Helicopter		Departure from Kathmandu		Full Moon date
		Day	Date	Day	Date	Day	Date			
April	FMHI 201	Wed	3 rd April	Fri	05 th Apr	Fri	12 th Apr	Sun	14 th April	
April	FMHI 202	Thus	18 th April	Sat	20 th April	Sat	27 th Apr	Mon	29 th Apr	23 rd Apr
May	FMHI 203	Thus	2 nd May	Sat	4 th May	Sat	11 th May	Mon	13 th May	
May	FMHI 204	Wed	15 th May	Fri	17 th May	Fri	24 th May	Sun	26 th May	23 rd May
June	FMHI 205	Wed	29 th May	Fri	31 st May	Fri	7 th June	Sun	9 th June	
June	FMHI 206	Thus	13 th June	Sat	15 th June	Sat	22 nd June	Mon	24 th June	22 nd June
July	FMHI 207	Thus	27 th June	Sat	29 th June	Sat	6 th July	Mon	8 th July	

July	FMHI 208	Thus	11 th July	Sat	13 th July	Sat	20 th July	Mon	22 nd July	21 st Jul
Aug	FMHI 209	Thus	25 th July	Sat	27 th July	Sat	3 rd Aug	Mon	5 th Aug	
Aug	FMHI 210	Wed	14 th Aug	Fri	16 th Aug	Fri	23 rd Aug	Sun	25 th Aug	19 th Aug
Sept	FMHI 211	Wed	28 th Aug	Fri	30 th Aug	Fri	6 th Sept	Sun	8 th Sept	
Sept	FMHI 212	Thus	12 th Sept	Sat	14 th Sept	Sat	21 st Sept	Mon	23 rd Sept	18 th Sept
Oct	FMHI 213	Thus	26 th Sept	Sat	28 th Sept	Sat	5 th Oct	Mon	7 th Sept	
Oct	FMHI 214	Wed	9 th Oct	Fri	11 th Oct	Fri	18 th Oct	Sun	20 th Oct	17 th Oct

Please note: In case of heavy rush at Mansarovar during full moon day,

OUTLINE ITINERARY:

Day 01: Arrival in Kathmandu,

Day 02: Half day Pilgrimage Sightseeing & fly to Nepalgunj / Arrive Lucknow and transfer to Nepalgunj,

Day 03: Fly from Nepalgunj to Simikot/ Hilsa and drive to Taklakot,

Day 04: Full day acclimatization at Taklakot,

Day 05: Drive from Taklakot to Mansarovar

Day 06: Drive from Mansarovar to Darchen

Day 07: Drive to Yamadwar and holy Trek to Dirapuk,

Day 08: Holy trek to Zuthulpuk,

Day 09: Holy trek to near Darchen and drive to Taklakot

Day 10: Drive to Hilsa/fly to Simikot/ Nepalgunj

Day 11: Drive to Locknow airport for onward flight/ Fly to Kathmandu.

Day 12: Transfer to airport for onward flight.

DETAIL ITINERARY

DAY 01: ARRIVAL IN KATHMANDU, Dinner only

Arrival at Tribhuban International airport, Kathmandu (1,350 M), meet & welcome by our office representative & transfer to hotel. Overnight stay at hotel.



**DAY 02: PILGRIMAGE SIGHTSEEING & FLY TO NEPALGUNJ /
ARRIVE LUCKNOW & TRANSFER TO NEPALGUNJ B/L/D**

Puja at Lord Pashupatinath temple and Budanilkantha temple. After lunch transfer to domestic airport for flight to Nepalgunj (150 M, 45 minutes flight.). Arrive Nepalgunj and check into hotel. Or arrive at Lucknow and drive to Nepalgunj. Overnight stay at Hotel Siddhartha/ Sneha/ Cygnett or similar.



DAY 03: FLY TO SIMIKOT /HILSA & DRIVE TO TAKLAKOT B/L/D

Early morning transfer to airport for flight to Simikot (2,910 M). Complete immigration formalities & fly to Hilsa (3,704 M, 15 min flight).. Arrive Hilsa, complete the Nepal side immigration formalities and get introduced with Chinese Guide and drivers before entering into the Chinese Immigration office area. After immigration formalities proceed to Taklakot (30 Km, 4,025 meter, 1 hour drive). Overnight stay at hotel at Taklakot.



**DAY 04: FULL DAY ACCLAMATIZATION AT TAKLAKOT
B/L/D**

Today, you are free to acclimatize yourself. Freshly cooked meals will be served. Overnight stay at hotel at Taklakot.

**DAY 05: DRIVE TO MANSAROVAR & MANSAROVAR PARIKRAMA
B/L/D**

Drive to Mansarovar (4,590 M, 120 KM-2 Hrs). Perform puja, hawan and Devtarpan (self) followed by Mansarovar Parikrama. Overnight stay at guesthouse.



DAY 06: DRIVE TO DARCHEN, B/L/D

Breakfast and drive to Darchen (4,690 meter, 150 Km, 3 hours' drive) via Mansarovar lake and Rakshas lake. Arrive at Darchen and check into hotel. Overnight stay at hotel.

DAY 07: DRIVE TO YAMADWAR & HOLY TREK TO DIRAPUK, B/L/D

With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, -an auspicious gateway and the sky burial ground. Visit Yamadwar (4,690 M) and further drive to Sershong 8 KM from Darchen). Meet your porters/pony caretaker etc. and trek to Dirapuk (4,765 m, 10 KM, 3 to 4 hours trek). Overnight stay at guesthouse.



DAY 08: HOLY TREK TO ZUTHULPUK, B/L/D

Continue Parikrama over Dorna La Pass (5,610 M) to Zuthulpuk (4,700 M, 22 KM, 7 to 8 hrs trek). Overnight stay at guesthouse.



DAY 09: HOLY TREK TO NEAR DARCHEN& DRIVE TO TAKLAKOT B/L/D

Last and final day of Mt. Kailash Parikrama ends near Darchen (4,664 M, 14 KM / 3 to 4 hrs trek) & drive to Taklakot(150 KM, 3 hrs drive). Arrive at Taklakot and overnight stay at hotel.



DAY 10: DRIVE TO HILSA, FLY TO NEPALGUNJ VIA SIMIKOT &TRANSFER TO HOTEL B/L/D

Drive to Hilsa, complete immigration formalities at China side and walk to Nepal side and complete immigration formalities and further walk to Hilsa helipad to take chartered helicopter flight to Simikot. After immigration at Simikot, proceed for Nepalgunj by scheduled flight. Arrive Nepalgunj and transfer to hotel. Overnight stay at hotel.

DAY 11: FINAL DEPARTURE/ FLY TO KATHMANDU B/L/D

Breakfast and drive to Locknow airport for flight to onward journey OR Fly to Kathmandu and transfer to hotel. Overnight stay at hotel at Kathmandu.

DAY 12: FINAL DEPARTURE

B

Breakfast and free time until transferred to international airport for onward flight.

Deluxe SIC B2B Yatra cost (Based on 20 + Pax in a group)

YatraType	YatraEntry and Exit Points	Permit & Vehicle Payable in USD	Other Expense Payable in INR	Total in INR@ ROE 70.00 Per USD	Single room supplement- Kathmandu, &Nepalgunj only	Supplement for NRI/ Foreign Nationals
Type- A	Kathmandu in/ Kathmandu out	US\$ 1,250.00	INR 116,094/-	INR 220,000/-	INR 10,000/-	US\$ 500.00
TYPE-B	Locknow in / Locknow out	US\$ 1,250.00	INR 106,094/-	INR 210,000/-	INR 5,000/-	US\$ 400.00
TYPE-C	Kathmandu in/ Locknow out	US\$ 1,250.00	INR 111,094/-	INR 205,000/-	INR 7,500/-	US\$ 450.00

Note: The complimentary person have to bear the flight fare & visa charge as applicable.

YATRA COSTS (EXCLUSIVE GROUP/FAMILY AS PER THE GROUP SIZE BELOW):

Yatra Type	Yatra Starting and End Point	Yatra cost as per the group size based on ROE 83.00 per USD			Single Room Supplement (Kathmandu, Nepalgunj, Taklakot and Darchen)
		10 to 16 Pax	17 to 20 Pax	NRI/ Foreign National Supplement	
Type A	Ex- Kathmandu	INR 338,800	INR 328,800	US\$ 500.00	INR 30,000/-
Type B	EX- LOCKNOW	INR 328,800	INR 318,800	US\$ 450.00	INR 25,000/-
Type C	PICK UP LOCKNOW & DEPARTURE FROM KATHMANDU or VICE VERSA	INR 333,800	INR 323,800	US\$ 400.00	INR 27,500/-

Note: The complimentary person have to bear the flight fare & visa charge as applicable.

PRICE INCLUDES:

- ✓ Special welcome on arrival in Kathmandu or Lucknow,
- ✓ One briefing session in Kathmandu or Nepalgunj,
- ✓ 2 nights stay at 5/4 star Hotel accommodation in Kathmandu and 2 Nights stay at hotel Sitharth/ Cygnett/ Sneha on twin share basis with all meals(pure veg only) if the yatri have booked the yatra via Kathmandu Tour Code FMHI 200 A (Type A)
- ✓ Two night stay at Hotel Cygnett / Siddarth on twin share basis with all meals (pure vegetarian) if the Yatries have booked the Heli via Locknow/ Nepalgunj Tour Code FMHI 200 B (Type B)
- ✓ One night stay in Kathmandu at 5 / 4 star hotel and two night stay at Nepalgunj at Cygnett or Siddarth if the Yatries have booked the yatra with Locknow in / Kathmandu out or vice versa Tour Code FMHI 200 C (Type C)
- ✓ Six nights accommodation in Tibet (Guesthouse, Camp & Hotel) (3 star equivalent Hotel at Taklakot/Darchen) including all meals,
- ✓ Kathmandu half day sightseeing: Pashupatinath Temple, Boudhanath Stupa & Budhanilakanth Temple (if Yatra starts from Kathmandu- option 1),
- ✓ Flight Kathmandu-Nepalgunj-Kathmandu for option-1.
- ✓ Chartered Helicopter flight for Simikot-Hilsa-Simikot (on sharing basis),
- ✓ Nepalgunj/Simikot/ Nepalgunj by scheduled flight.
- ✓ Fully trained Sherpa team,
- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Three meals (Breakfast, Lunch & Dinner) every day while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,

- ✓ Tibet Visa & Permit Fee,
- ✓ Necessary Border charges,
- ✓ Ground transfers in Tibet on Deluxe Coach,
- ✓ Required trekking & kitchen equipment,
- ✓ First aid kit,
- ✓ Free use of Down Jacket,
- ✓ Backpack, Rain coat (Pancho) , Monkey cap & duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Simikot Area Entry Permit,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the tour staffs during the trip,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:-

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,
- × Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

MANAKAMANA, POKHARA JOMSOM & MUKTINATH

Tour Code	Tour Title	Tour Title	Tour Duration
FME-51 A	Muktidham Extension Tour	4 Nights/5 Days	Manakaman, Pokhara, Jomsom & Muktidham

OUTLINE ITINERARY:

Day 01: Arrive Kathmandu and transfer to hotel,

Day 02: Drive from Kathmandu to Pokhara via Manakamana,

Day 03: Fly from Pokhara to Jomsom & drive to Muktidham by local jeep & return to Jomsom,

Day 04: Fly from Jomsom to Pokhara & half day Pokhara sightseeing,

Day 05: Fly from Pokhara to Kathmandu & join on Holy Mount Kailash Yatra program.

DETAIL ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL, Dinner

Arrive in Kathmandu and transfer to your hotel. Dinner and overnight at hotel.

DAY 02: DRIVE TO POKHARA VIA MANAKAMANA B/L/D

After breakfast drive from Kathmandu to Pokhara (925 meter, 200 KM, / 7-8 hrs drive). En-route visit to Manakamana temple by cable car. Pray to God Manakamana- wish - filing goddesses , lunch and drive to Pokhara. Arrive Pokhara and check into hotel. Evening visit around the Fewa Lake. Overnight stay at hotel.

DAY 03: FLY TO JOMSOM (2,720 M), DRIVE MUKTIDHAM (3760 M) & BACK JOMSOM- B/L/D

Wake up early in the morning and proceed to airport with packed breakfast for flight to Jomsom. After 25 minutes flight you will reach to Jomsom. Walk to the hotel and separate your clothing and requirements for Muktinath. Walk for 15 minutes to catch local Jeep for Muktinath (30 km , 1 hour drive). Arrive at Muktinath jeep station and start climbing up to Muktinath temple. Arrive at Muktinath temple after approx 15 minutes hiking. Take bath at 108 holy water spouts, perform Puja at Muktinath temple, Jwala Mai etc. and visit around the places of interest etc. Return to Jeep stand for local jeep drive to Jomsom. Arrive Jomsom jeep station, walk to the hotel and overnight.

DAY 04: FLY BACK POKHARA (850 M) & POKHARA SIGHTSEEING B/L/D

Wake up early in the morning and walk to airport for flight to Pokhara. It is 25 minutes flight. Arrive Pokhara and check into hotel. Get refreshed and proceed for local half day sightseeing covering Devis Fall, Fewa Lake & Bindabasini Temple. Rest of the day is free for personal activities. Overnight stay at hotel.

DAY 05: FLY TO KATHMANDU & JOIN ON HOLY MOUNT KAILASH YATRA. B/L/D

Breakfast and transfer to domestic airport for a flight to Kathmandu (25 Minutes) to join on Holy Mount Kailash Yatra program.

MUKTIDHAM EXTENSION TOUR COST:

Type of Tour	Per person tour cost in INR as per the below group size				Single Room Supp.
	2-4 Pax	5 -9 Pax	10 – 15 Pax	16 & Above	
Normal Tour: 4/3 Star Hotels	INR.36,100	INR.33,400	INR.31,200	INR.30,200	INR.7500

COST INCLUDES:

- ✓ One night 4 star equivalent hotel accommodation in Kathmandu,
- ✓ Two nights 3 star equivalent hotel accommodation in Pokhara,
- ✓ One night 3/2 star equivalent Hotel accommodation at Jomsom,
- ✓ Kathmandu / Manakamana/ Pokhara by a/c vehicle as per the group size.
- ✓ Flight Pokhara-Kathmandu,
- ✓ Flight Pokhara-Jomsom-Pokhara,
- ✓ Jomsom-Muktinath-Jomsom by local jeep on SIC basis,
- ✓ Half day Pokhara sightseeing as per the itinerary,
- ✓ Pokhara Hotel – Airport transfer in private vehicle,
- ✓ Annapurna Conservation Entry Permit,
- ✓ TIMS Permit,
- ✓ ACAP permit fees.
- ✓ All meals (Breakfast, Lunch & Dinner – Veg) during your trip,
- ✓ Nepal government license holder tour-trekking guide,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the the staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Sightseeing entrance permits,
- × Tips for the staffs and driver,
- × Alcoholic & soft drinks,
- × Personal expenses: shopping, laundry, trekking equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

HOLY MT KAILASH AND MANSAROVAR LAKE- AN INTRODUCTION:

Holy Mt Kailash and Mansarovar Lake, center of creation & the Universe are as old as the creation. Thousands of Sages, Ordinary Mortals, Philosophers and even Gods had submerged in the blissful trance at the very sight of this divine grandeur. It is the MERU, SUMERU, SUSHUMNA, HEMADRI (Golden Mountain), RATNASANU (Jewel Peak), KARNIKACHALA (Lotus Mountain), AMARADRI, DEVA PARVATHA (Summit of Gods), GANAPARVATHA, AJATADRI (Silver Mountain). Regarded as SWAYAMBHU, the self-created one, everything is said to emanate from here and finally returns here. Mind is the knot tying consciousness and matter-that is set free here.

Famously known to be an abode of LORD SHIVA and his divine consort PARVATI, Mt. Kailash expounds the philosophy of PURUSHA and PRAKRITI-SHIVA and SHAKTI. The radiant SILVERLY summit is the throne of TRUTH, WISDOM and BLISS-SACHIDANANDAM. The primordial sound AUM (NADABINDU) from the tinkling anklets of LALITA PRAKRITI created the visible patterns of the universe and the vibrations (DVANI) from the feet of Lord Shiva (NATARAJA) weaved the essence of ATMAN, the ultimate truth. The scriptures reiterate that one, who takes the holy dip at Mansarovar and carries out the Parikrama around Kailash, is absolved of his/her sins through generations and is absorbed into the Supreme Finality. There is no re-birth; sorrows or joys and he/she will be with ultimate – the Lord Shiva. In other words, they become Shiva.

In addition to the Hindus, the entire region is also one of the most important pilgrimage centers for the Buddhists. They worship DEMCHOK (Buddha in forceful form) seated on the summit of Kailash. It is also called Dharmapala; one version quotes the deity as a form of Shiva's manifestation. The description of the deity is more or less like Shiva. Devi is also given a similar form like Parvati. Buddhists adore Kailash as KANG RINGPOCHE and Mansarovar as TSO MAPHAM. Guru Rinpoche (The great Indian Master PADMASAMBHAVA who introduced Buddhism) and Saint Mileraapaare greatly revered here by the pilgrims. Since TANTRISM runs through the main core of Buddhism here, their customs and practices would be found running close and parallel to Hindu traditions. Like Hindus, they also consider (DOLMA (DEVI) and GAURI KUND (ThukiZingbu) as holiest spots. Buddhists strongly believe that pilgrimage to this place liberates them to NIRVANA.

Besides, Jains acknowledge Kailash as ASTAPADA and PADMAHRADA. It is believed that ADINATH VRISHABDEVA - the first Tirtankara attained Nirvana here. A few claim that GURU NANAK meditated here. Across the river CHU, there on the Nyanri range stands an impressive temple. Inside this monastery there is a marble statue radiating peace and compassion. This statue is claimed to be that of Guru Nanak.

The entire area echoes with spiritual vibrations. Even the agnostics shall discover new balance amidst that fathomless serenity. One has to experience it. The common belief is that those who are ordained only could be there.

INFORMATION

Health Pre-caution: Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illnesses generally not encountered over the plains. Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness (malaise), high irritability, light loss of balance, disorientation, incoherence and insomnia are to name among a few. It is common to all irrespective of age, sex and physical fitness. Gradual acclimatization is the best answer. Tranquilizers, sleeping dosages and strong antibiotics must be avoided. Some symptoms do indicate that the body mechanism is readjusting to new environment.

Route & climatic conditions: Once the voyage commences, the panoramic Himalaya and Tibet cocoon the pilgrims in their effulgence and they drift beyond the reach of a conventional world. Deep silence and eerie expansiveness rule the atmosphere. A resourceful pilgrim, however, would enjoy his every step – planning is the key. Route from Kathmandu to Tatopani/Rasuwagadi (Timure) (Nepal-China border) is narrow and scary but from the border onward roads are well maintained. The high altitude Tibetan terrain is dry, cold and windy. Night is colder than day. Torrential rains, strong icy winds are common features. The average altitude is above 3,500 meters and the route covers many high altitude passes.

Risk and Liabilities: We will endeavor to make your journey smooth and pleasant as far as possible. However, the entire program in Tibet is conducted strictly under the rules and regulations of China Tibet Tourism Bureau (TTB). Therefore, Fishtail Tours/Trek (P) Ltd. & its related organizations will not be responsible for any changes in the itineraries due to unavoidable circumstances such as government restrictions, delay in receiving Tibet Travel Permit and Visa due to TTB's own rules and regulations, landslides, road blockages, floods, snow, political unrests, cancellation of flights, delay due to shortage of land cruiser Jeep/Coach in Tibet, personal sickness or accident. Any extra cost incurred shall be borne by travelers themselves.

Required Documents:

- Minimum of six months valid passport and two copies of passport size photographs.
- A normal health certificate from your personal doctor for travelers aged 60 years and above may be required (May not be compulsory always)

Fitness: This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are fit and have a strong willpower. People suffering from cardiac or respiratory problems should consult to their doctor. Morning and evening walks, jogging, stretching, meditation and regular exercises make the journey comfortable for all.

Food and Beverages: Delicious continental & Indian food will be served. Breakfasts and Dinners will be served in campsite by trained Nepali staffs. Packed lunch will be provided during daytime. We will serve mineral water for drinking purpose.

Clothing and Necessities: As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -16 degrees Celsius) one should prepare accordingly. However, we suggest all yatries to travel light – maximum 10 to 15 Kg per person. We too provide certain clothing and essential from our end. Kindly go through the details and decide the requirement accordingly:

Clothing Requirement:

Clothing requirement may vary as per the yatra duration. On the basis of 10mto 14 days Heli and Overland Yatra , the following clothing are suggested;

4/5 Pairs of Thermal ware

Enough undergarment and warm soak

4 pair of outer clothing

Hand Gloves

Light Jackets & Sweater

Shoes with water resistant

Muffler and sandal

Hand Towel

Enough Soaks (Thick Woolen socks for Parikrama)

Other clothing including night clothing as per the personal need and preference

General Essentials:

Torch Light with battery

Multivitamin Tablets

Sun protection cream with 50 PH

Regular medicine that are being used

Wet and dry tissues

Dry fruits and energy bars

Vicks or Amritanjan

Dark Sun Glasses

Body Lotion

Water bottle – 2 bottles of 1 liter each

What we offer:

Feather Down jacket with up to -10 cold resistance

Back Pack for valuable and general essential

Duffel bag for personal clothing

Walking Stick for the 3 days Parikrama

Wind cheer or Puncho to cover cold wind and rain during parikrama

Monkey Cap

First Aid Box for general medicine

3 Times a day freshly cooked meal

Boiled and mineral water

Insurance: Full travel insurance covering medicine, Helicopter evacuation (if in case of emergency), loss of personal belongings, postponed/ pre-pond expenses of inward and outward flight and trip cancellation is strongly recommended.

CANCELLATION:

All notice of cancellation must be sent to our office in writing; verbal cancellation will not be accepted. There is no refund for services not used. In case of any cancellation the booking amount will be completely forfeited. In addition, the following cancellation rules will be applicable on the balance amount payable.

- 21 days period from tour departure date: 30% cancellation charges.
- 15 days period from tour departure date: 50% cancellation charges.
- 7 days and less periods: 75% cancellation charges.

The above cancellation rules are applied as per the rules and regulation of China Tibet Tourism Bureau and (IPSC) Indian pilgrims service Center, China

MOST IMPORTANT POINTS TO BE NOTED AND PREPARED:

It should come into notice of all Kailash Yatries that, all Tibet and Holy Mt. Kailash Yatra/Tour operators in Nepal have very fewer roles to play in handling Tibet and Holy Mount Kailash Yatra operation. The decision of Tibet Tourism Bureau (TTB) and China India Pilgrim Service Centre (CIPSC) is final and mandatory to be followed and accepted by all. Hence, interested clients for Tibet and Holy Mt Kailash Yatra (especially Indian Yatries) are requested to be prepared, both mentally and physically, for the following adverse situations and do the necessary preparations accordingly. In case of occurrence of any of the following conditions, the management of Fishtail Group of Tourism Hospitality or its associates won't be liable and be made responsible.

Though you might have submitted both your name list with advance payment and the application for the Tibet Travel Permit in time as per the rules, it cannot be guaranteed that the Tibet Travel Permit and the Visa will arrive in time. Sometimes, the Tibet Travel Permit or the Visa might be rejected by the concerned authorities, i.e., TTB and CIPSC at the very last hour (even after your arrival in Nepal or after issuance of your nonrefundable to and fro ticket to Nepal)

In case of failure to obtain the Tibet Travel Permit and the Visa on time as per the stipulated date of arrival/departure, all additional expenses in Nepal (accommodation, food, transportation etc.) have to be borne by the client himself/herself.

In case of rejection of your Tibet Travel Permit and the Visa by the concerned authorities, i.e., TTB and CIPSC, at the last hour (after arrival in Nepal), the client himself/herself has to issue fresh return ticket or manage his/her return journey on his/her own expense.

The entire price given below in Indian currency is calculated at the rate of 83/- per US Dollar, i.e. (ROE) 83/- at the time of pricing. All the difference due to currency fluctuation will be borne by either side.

WHY TO CHOOSE FISHTAIL TOURS & TRAVELS AS YOUR PILGRIMAGE YATRA OPERATOR TO HOLY MT.KAILASH AND MANSAROVAR–THE JOURNEY TO ABODE OF LORD SHIVA?

- The Yatra to Mt. Kailash and Mansarovar is considered as one of the toughest Yatras as the area lies in a high mountain terrain. Thus, it requires highly experienced team to ensure safety and comfortable journey for the pilgrims. Fishtail Tours & Travels team has been effectively trained to conduct these kinds of tours and has been organizing the Yatra for more than 17 years.
- We have very cordial relationship and rapport with IPSC/ TTB on every aspect. In case of an occurrence of any emergency during the Yatra, all the Yatries can get immediate help and support from the Chinese government.
- As mentioned earlier, our entire team members are trained for maintaining personal hygiene, safety, sanitation and cleanliness.
- We serve pure vegetarian, fresh and hygienic meals during the Yatra.
- We always use high quality international standard equipment to ensure comfort and safety of the Yatries.
- Fishtail team values your money and assures you that every penny you spend for the trip will be worthwhile as our sole priority is to provide you with the best quality service and guarantee your safety.
- We have no any hidden costs, except for personal expenses not covered by the contract. We never charge a single penny during the entire journey

BOOKING PROCEDURE:

For the booking of Mt Kailash or any other Tibet / China Tour the following document and payment must reached to us.

- Non-refundable booking Charge- Indian National INR 25,000/- & NRI/ Foreigner US\$ 500.00.
- Properly filled booking form with duly signed (given below).
- Clear passport copy with minimum 6 month validity.
- 2 copies of passport sized color photographs.



TOUR BOOKING FORM

Full Name (as in passport):

Age:

Sex: Profession:

Passport No:

Date of Issue:

Valid till:

Name of Father/ Mother/Guardian :

Name of Husband/ Wife:

Address:

Telephone: Office: Home: Mobile:

Email:

In case of Emergency Immediate contact details:

Name of the Person:

Relation:

Phone:

Mobile:

Most Important Medical Information/ Medication Details:

a,

b,

c,

I am interested to join in your regular Mt Kailash Tour (Please tick in one): Overland Tour/ Heli Tour/ Mt Kailash Via Lhasa Tour/Mount Kailash Inner Kora on my own decision which is scheduled to departure from Kathmandu on..... And final departure from Kathmandu on..... and here by deposited initial nonrefundable booking Charge U\$ 500.00 / INR 25,000/- by cash/ Bank transfer /cheque No: through bank.....on.....

I am fully aware about the landscape & climate of the route and other required general information about the yatra. I am traveling on my own decision. I am also aware about the duration of yatra and additional cost to be paid in case of any problem – flight cancellation due to bad weather, visa and permit problem which are beyond control of Fishtail Group or its associated partners.

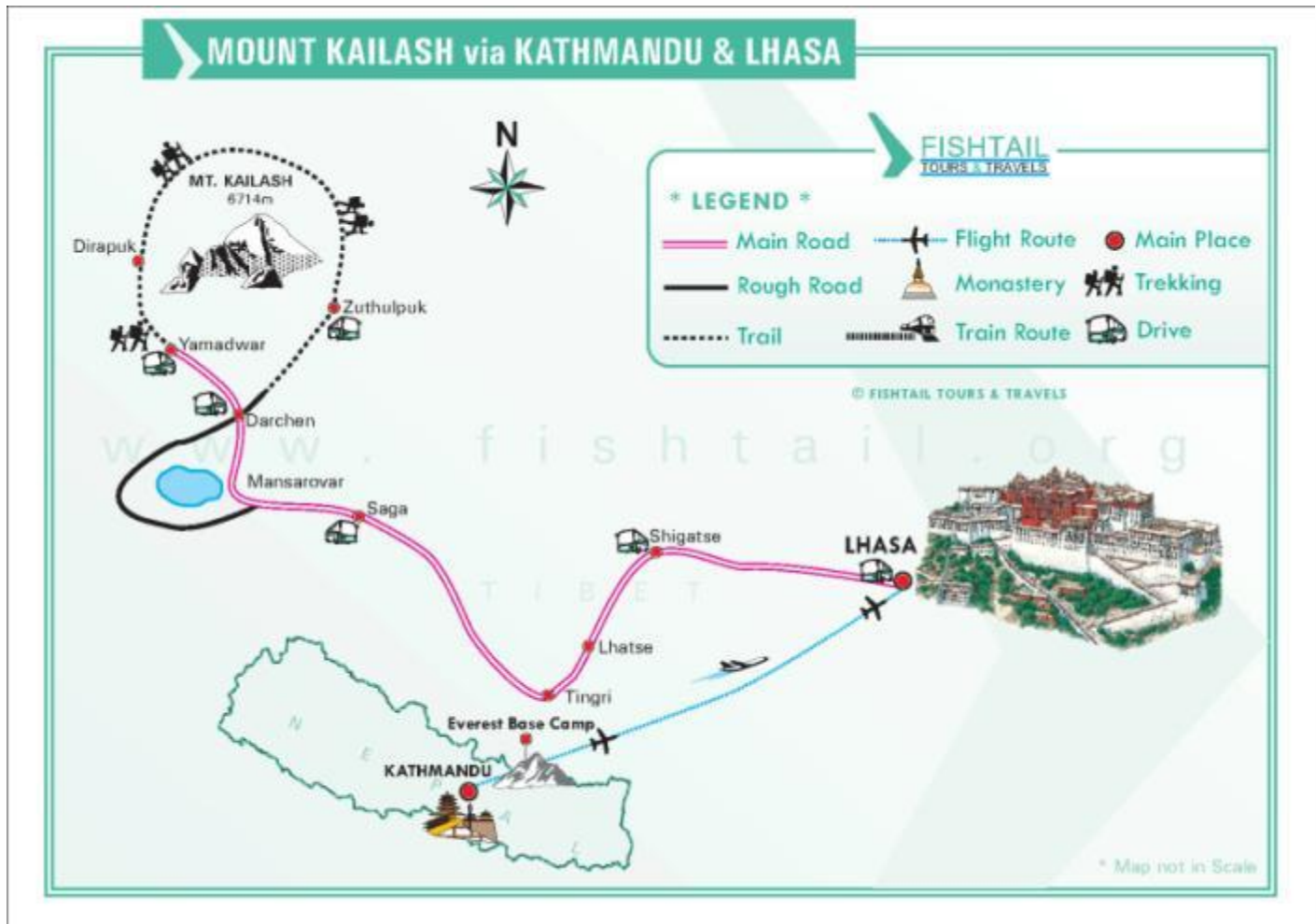
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HOLY MOUNT KAILASH YATRA 2024

01,	MOUNT KAILASH VIA LHASA - 15 Days
02,	Muktinath Extension Tours - 5 Days
03,	Holy Mt Kailash - An Introduction
04,	Information
05,	Why to Choose Fishtail Tours and Travels as your Yatra Companion
06,	Tour Booking Form



HOLY MT KAILASH VIA KATHMANDU & LHASA TOUR:



PRODUCT INTRODUCTION:

HOLY MT KAILASH VIA LHASA TOUR: is a special yatra which gives a traveler an experience of Tibetan culture, scenic beauty & a chance to explore two major cities of Tibet autonomous region- Lhasa and Shigatse. The tour (Yatra) starts from Kathmandu by flying to Lhasa. Lhasa City sightseeing will cover the famous Potala Palace & some monasteries around. The route from Lhasa to Saga is considered as most scenic route. Fishtail Tours & Travel invites you to join on this special tour during your next Pilgrimage tour to abode of Lord Shiva.



YATRA INFORMATION

Tour code	Tour Name	Duration of the Tour	Destination covered
FML-I 400	HOLY MT KAILASH VIA KATHMANDU & LHASA TOUR	14 Nights/ 15 Days	Kathmandu Valley , Lhasa and Holy Mt Kailash & Lake Mansarovar

TRIP FACTS

Tour Grade	Tour Duration	Highest Elevation	Road Condition	Walking and trekking Duration	General Information
4	15 Days	5,610 Meter	Black Topped Highway	Approx 42 Km Holy trek including 10 Km gradual Climbing.	Adventure type of tour especially during 3 days of Parikrama. The journey is smooth and comfortable till Parikrama starting point.

Fixed Departure Dates

Group code	Date of Arrival in Kathmandu		Departure for Mt. Kailash via Lhasa		Return from Lhasa		Final Departure		Full Moon / No moon Dates
	Day	Date	Day	Date	Day	Dates	Day	Dates	
FML I 401	Thus	18 th April	Sat	20 th April	Wed	1 May	Thus	2 nd May	23 rd Apr
FML I 402	Sat	18 th May	Mon	20 th May	Fri	31 st May	Sat	1 st June	23 rd May
FML I 403	Sat	15 th June	Mon	17 th June	Fri	28 th June	Sat	30 th June	22 nd Jun
FML I 404	Wed	10 th July	Friday	12 th July	Tues	23 rd July	Wed	24 th July	21 st Jul
FML I 405	Tues	16 th July	Thurs	18 th July	Mon	29 th July	Tues	30 th July	21 st July
FML I 406	Wed	14 th Aug	Fri	16 th Aug	Tues	27 th Aug	Wed	28 th Aug	19 th Aug
FML I 407	Thus	12 th Sept	Sat	14 th Sept	Wed	25 th Sept	Thus	26 th Sept	18 th Sept
FML I 408	Sat	12 th Oct	Mon	14 th Oct	Fri	25 th Oct	Sat	25 th Oct	17 th Oct

OUTLINE ITINERARY:

- Day 01: Arrival Kathmandu and transfer to hotel.
- Day 02: Pilgrimage Sightseeing / Briefing
- Day 03: Fly to Lhasa and transfer to hotel.
- Day 04: Lhasa Sightseeing
- Day 05: Drive to Shigatse
- Day 06: Drive to Saga
- Day 07: Drive to Mansarovar
- Day 08: Drive to Darchen
- Day 09: Drive to Yamadwar and Holy Trek to Dirapuk
- Day 10: Holy trek to Zuthulpuk
- Day 11: Holy trek near Darchen and drive to Saga
- Day 12: Drive to Shigatse OR Drive to Kyrung
- Day 13: Drive to Lhasa OR Drive to Border and further drive to Kathmandu.
- Day 14: Transfer to airport for flight to Kathmandu and Holy Water offering and free day.
- Day 15 :- Transfer to airport for flight to Onward journey

DETAILED ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL

Dinner Only

Arrive Kathmandu ,meet welcome and transfer to hotel. Overnight stay at hotel.

DAY 02: PREPARATION & PILGRIMAGE SIGHTSEEING

B/L/D

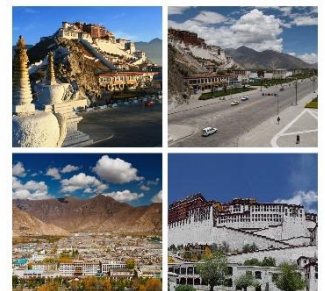
Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budhanilakanth temple. Return to hotel, lunch, briefing about the Yatra and necessary preparation.

Overnight stay at hotel.

DAY 03: FLY TO LHASA FREE DAY IN LHASA

B/L/D

Transfer to International airport for flight to Lhasa. Arrive Lhasa(3600 meter), meet, assist and transfer to hotel. Rest of the day is free to acclimatize with the environment. Overnight stay at hotel.



DAY 04: LHASA CITY SIGHTSEEING B /L/D

After breakfast leave for full day city sightseeing tour to Magnificent **Potala Palace (From Outside only)** - the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. With a history of over 1,300 years, the Potala Palace is the treasure of Tibetan religion and culture, storing plenty of figures of the Buddha, murals, sutras etc. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa- the **Sera Monastery**, and the Dalai Lama's summer palace of the treasure Park of Tibet, the **Norbulingka**. Return to hotel and overnight stay at hotel.



DAY 05: DRIVE TO SHIGATSE B /L/D

After breakfast, drive to Shigatse(3,836, 290 kms, 6/7 hours' drive). En-route enjoy the beautiful sceneries of the mountain landscape .Finally arrive Shigatse and check into hotel. After get refreshed proceed to visit Palkor Monastery and Tashilhunpo Monastery. Return to hotel, dinner and overnight.

DAY 06: DRIVE TO SAGA B /L/D

Breakfast and drive to Saga(4,640 meter , 460 Km). En-route enjoy the beautiful view of Mt.Shishapama, beautiful Tibetan landscaper Finally arrive Saga and check into hotel.

DAY 07: DRIVE TO MANSAROVAR B /L/D

After breakfast, drive to Mansarovar (4,556 Meter, 435 km). En- route witness Sand dunes & different type of Tibetan landscape. Finally arrive Mansarovar lake and enjoy the eye catching view of Holy Mt Kailash , Holy Mt GurlaMandhata and Mansarovar Lake. Overnight stay at lodge.



DAY 08: DRIVE TO DARCHEN B/L/D

Morning hour spend time at Mansarovar, afternoon , drive to Darchen(4,664meter, 30 Km, 1 hours drive). Arrive Darchen and busy on the preparation of Mount Kailash Parikrama. Overnight stay at hotel.

DAY 09: DRIVE TO SERSONG & HOLY TREK TO DIRAPUK B /L/D

Breakfast and drive to Tarboch Flag Pole, the first prostration point, -the auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Sershong (total 8 km) and trek to Dirapuk (4,765 m, 10 km, 3 to 4 hours trek). Overnight stay at guesthouse.



DAY 10: HOLY TREK TO ZUTHULPUK B /L/D

Continue trekking of challenging cross the Dikpala (5,000m) and Dormala (5,600m) to Zuthulpuke (4,700 m) (22km/ 7 to 8 hours trek). Overnight stay at Lodge.

DAY 11: HOLY TREK TO DARCHEN & DRIVE TO SAGA B /L/D

Last and final day of Mt. Kailash Parikrama ends near Darchen (16 km/ 3 to 4 hrs trek). En-route can enjoy the view of Thuktsa lake. Arrive near Darchen & drive to Saga (435 Km, 8 hours' drive). Overnight stay at hotel.

DAY 12: DRIVE FROM SAGA TO SHIGATSE OR DRIVE TO KYRUNG B /L/D

Drive from Saga to Shiigantse (460 Kms, 8 /9 hours drive) . Arrive Shigatse and check into hotel. Overnight stay at hotel.

DAY 13: DRIVE TO LHASA OR DRIVE TO BORDER & KATHMANDU B /L/D

Drive to Lhasa (3,600 meter, 290 km, 5/6 hours drive). Arrive Lhasa and check into hotel. Rest of the day is free to explore your own. Overnight stay at hotel. OR drive to Nepal – China border, complete immigration formalities and drive to Kathmandu. Arrive Kathmandu and check into hotel.



DAY 14: TRANSFER TO AIRPORT FOR FLIGHT TO KATHMANDU OR HOLY WATER OFFERING AT PASHUPATINATH AND FREE DAY B /L /D

Breakfast and transfer to Lhasa airport for flight to Kathmandu. Arrive Kathmandu and transfer to hotel. Rest of the day is free for personal activities. Evening holy water offering and witness Arati Puja at Pashupatinath temple. Overnight stay at hotel. OR Holy water offering at Pashupatinath temple and free day for personal activities. Overnight stay at hotel.



DAY 15: FINAL DEPARTURE TRANSFER B

Breakfast and free time until transferred to International airport for onwards flight.

B2B Deluxe SIC Tour Costs based on minimum 20 Pax in a group:

Tour Category	Permit & Vehicle Payable in USD	Other Expense Payable in INR	Total in INR@ ROE 70.00 Per USD	Single room supplement- Kathmandu, Lhasa, Xigatse & Saga only
Deluxe Tour – With 5 star hotel in Nepal & 3 star eqv hotel in Lhasa Xigatse & Saga and normal guesthouse in other part of Tibet.	US\$ 2,365.00	INR 110,000.00	INR 308,888.00	INR 45,000.00

Note: The complimentary person has to bear the flight fare & visa charge as applicable.

PACKAGE TOUR PRICE INCLUDES

- Special welcome at the International airport in Kathmandu.
- 3 nights stay at 4/5 star eqv hotel in Nepal on twin sharing AP basis
- Pilgrimage sightseeing in Nepal as per the itinerary.
- Special welcome at Lhasa International airport
- Lhasa Sightseeing as per the itinerary
- Professional English-speaking tour escort.
- Twin / Triple sharing 3 star hotel accommodation at Lhasa, Shigatse, Darchen and Saga & best available dormitory lodge accommodation at Mansarovar, Dirapuk and Zuthulpuk as per the itinerary.
- 3 time a day meals in Nepal & Tibet (China).
- Tibet visa and permit fee.
- Ground transfers in Tibet using deluxe Coach as per the group size.
- Oxygen cylinders and first aid kit.
- Kathmandu/ Lhasa/ Kathmandu flight.
- Free use of special North Face feather down Jacket.
- Free materials –Backpack, Rain Coat(Pancho), Monkey cap, Puja bag with puja items, and Duffel bag.
- Yatra completion Certificate.

COST EXCLUDES:

- Any expenses of personal nature as telephone calls, laundry, portorage, mineral water (Except served by the company) or any other services which are not mentioned on cost include part.
- Baggage and personal insurance.
- Extra costs that may arise due to delay to receive Tibet Travel Permit and Visa, prolonged delays or postponement of flight due to technical reasons/ acts of nature/ riots/ curfew/ government regulations or any other conditions whatsoever, which are beyond the control of Fishtail Tours & Travels and its associated agents.
- Personal expenses, tips and donations, insurance against loss of baggage, flight pre-pond and postponement expenses, damage of valuables, theft of personal items/belongings, medical expenses in case of accident and helicopter expenses for emergency evacuation.
- Entrance fee during sightseeing in Kathmandu & Lhasa.

Please note: Entrance fee for Tibet (Potala Palace) will be US\$ 75.00

MANAKAMANA, POKHARA JOMSOM & MUKTINATH

Tour Code	Tour Title	Tour Title	Tour Duration
FME-51 A	Muktidham Extension Tour	4 Nights/5 Days	Manakaman, Pokhara, Jomsom & Muktidham

OUTLINE ITINERARY:

Day 01: Arrive Kathmandu and transfer to hotel,

Day 02: Drive from Kathmandu to Pokhara via Manakamana,

Day 03: Fly from Pokhara to Jomsom & drive to Muktidham by local jeep & return to Jomsom,

Day 04: Fly from Jomsom to Pokhara & half day Pokhara sightseeing,

Day 05: Fly from Pokhara to Kathmandu & join on Holy Mount Kailash Yatra program.

DETAIL ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL, Dinner

Arrive in Kathmandu and transfer to your hotel. Dinner and overnight at hotel.

DAY 02: DRIVE TO POKHARA VIA MANAKAMANA B/L/D

After breakfast drive from Kathmandu to Pokhara (925 meter, 200 KM, / 7-8 hrs drive). En-route visit to Manakamana temple by cable car. Pray to God Manakamana- wish - filing goddesses , lunch and drive to Pokhara. Arrive Pokhara and check into hotel. Evening visit around the Fewa Lake. Overnight stay at hotel.

DAY 03: FLY TO JOMSOM (2,720 M), DRIVE MUKTIDHAM (3760 M) & BACK JOMSOM- B/L/D

Wake up early in the morning and proceed to airport with packed breakfast for flight to Jomsom. After 25 minutes flight you will reach to Jomsom. Walk to the hotel and separate your clothing and requirements for Muktinath. Walk for 15 minutes to catch local Jeep for Muktinath (30 km , 1 hour drive). Arrive at Muktinath jeep station and start climbing up to Muktinath temple. Arrive at Muktinath temple after approx 15 minutes hiking. Take bath at 108 holy water spouts, perform Puja at Muktinath temple, Jwala Mai etc. and visit around the places of interest etc. Return to Jeep stand for local jeep drive to Jomsom. Arrive Jomsom jeep station, walk to the hotel and overnight.

DAY 04: FLY BACK POKHARA (850 M) & POKHARA SIGHTSEEING B/L/D

Wake up early in the morning and walk to airport for flight to Pokhara. It is 25 minutes flight. Arrive Pokhara and check into hotel. Get refreshed and proceed for local half day sightseeing covering Devis Fall, Fewa Lake & Bindabasini Temple. Rest of the day is free for personal activities. Overnight stay at hotel.

DAY 05: FLY TO KATHMANDU & JOIN ON HOLY MOUNT KAILASH YATRA. B/L/D

Breakfast and transfer to domestic airport for a flight to Kathmandu (25 Minutes) to join on Holy Mount Kailash Yatra program.

MUKTIDHAM EXTENSION TOUR COST:

Type of Tour	Per person tour cost in INR as per the below group size				Single Room Supp.
	2-4 Pax	5 -9 Pax	10 – 15 Pax	16 & Above	
Normal Tour: 4/3 Star Hotels	INR.36,100	INR.33,400	INR.31,200	INR.30,200	INR.7500

COST INCLUDES:

- ✓ One night 4 star equivalent hotel accommodation in Kathmandu,
- ✓ Two nights 3 star equivalent hotel accommodation in Pokhara,
- ✓ One night 3/2 star equivalent Hotel accommodation at Jomsom,
- ✓ Kathmandu / Manakamana/ Pokhara by a/c vehicle as per the group size.
- ✓ Flight Pokhara-Kathmandu,
- ✓ Flight Pokhara-Jomsom-Pokhara,
- ✓ Jomsom-Muktinath-Jomsom by local jeep on SIC basis,
- ✓ Half day Pokhara sightseeing as per the itinerary,
- ✓ Pokhara Hotel – Airport transfer in private vehicle,
- ✓ Annapurna Conservation Entry Permit,
- ✓ TIMS Permit,
- ✓ ACAP permit fees.
- ✓ All meals (Breakfast, Lunch & Dinner – Veg) during your trip,
- ✓ Nepal government license holder tour-trekking guide,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the the staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Sightseeing entrance permits,
- × Tips for the staffs and driver,
- × Alcoholic & soft drinks,
- × Personal expenses: shopping, laundry, trekking equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

HOLY MT KAILASH AND MANSAROVAR LAKE- AN INTRODUCTION:

Holy Mt Kailash and Mansarovar Lake, center of creation & the Universe are as old as the creation. Thousands of Sages, Ordinary Mortals, Philosophers and even Gods had submerged in the blissful trance at the very sight of this divine grandeur. It is the MERU, SUMERU, SUSHUMNA, HEMADRI (Golden Mountain), RATNASANU (Jewel Peak), KARNIKACHALA (Lotus Mountain), AMARADRI, DEVA PARVATHA (Summit of Gods), GANAPARVATHA, AJATADRI (Silver Mountain). Regarded as SWAYAMBHU, the self-created one, everything is said to emanate from here and finally returns here. Mind is the knot tying consciousness and matter-that is set free here.

Famously known to be an abode of LORD SHIVA and his divine consort PARVATI, Mt. Kailash expounds the philosophy of PURUSHA and PRAKRITI-SHIVA and SHAKTI. The radiant SILVERLY summit is the throne of TRUTH, WISDOM and BLISS-SACHIDANANDAM. The primordial sound AUM (NADABINDU) from the tinkling anklets of LALITA PRAKRITI created the visible patterns of the universe and the vibrations (DVANI) from the feet of Lord Shiva (NATARAJA) weaved the essence of ATMAN, the ultimate truth. The scriptures reiterate that one, who takes the holy dip at Mansarovar and carries out the Parikrama around Kailash, is absolved of his/her sins through generations and is absorbed into the Supreme Finality. There is no re-birth; sorrows or joys and he/she will be with ultimate – the Lord Shiva. In other words, they become Shiva.

In addition to the Hindus, the entire region is also one of the most important pilgrimage centers for the Buddhists. They worship DEMCHOK (Buddha in forceful form) seated on the summit of Kailash. It is also called Dharmapala; one version quotes the deity as a form of Shiva's manifestation. The description of the deity is more or less like Shiva. Devi is also given a similar form like Parvati. Buddhists adore Kailash as KANG RINGPOCHE and Mansarovar as TSO MAPHAM. Guru Rinpoche (The great Indian Master PADMASAMBHAVA who introduced Buddhism) and Saint Milerapaare greatly revered here by the pilgrims. Since TANTRISM runs through the main core of Buddhism here, their customs and practices would be found running close and parallel to Hindu traditions. Like Hindus, they also consider (DOLMA (DEVI) and GAURI KUND (ThukiZingbu) as holiest spots. Buddhists strongly believe that pilgrimage to this place liberates them to NIRVANA.

Besides, Jains acknowledge Kailash as ASTAPADA and PADMAHRADA. It is believed that ADINATH VRISHABDEVA - the first Tirtankara attained Nirvana here. A few claim that GURU NANAK meditated here. Across the river CHU, there on the Nyanri range stands an impressive temple. Inside this monastery there is a marble statue radiating peace and compassion. This statue is claimed to be that of Guru Nanak.

The entire area echoes with spiritual vibrations. Even the agnostics shall discover new balance amidst that fathomless serenity. One has to experience it. The common belief is that those who are ordained only could be there.

INFORMATION

Health Pre-caution: Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illnesses generally not encountered over the plains. Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness (malaise), high irritability, light loss of balance, disorientation, incoherence and insomnia are to name among a few. It is common to all irrespective of age, sex and physical fitness. Gradual acclimatization is the best answer. Tranquilizers, sleeping dosages and strong antibiotics must be avoided. Some symptoms do indicate that the body mechanism is readjusting to new environment.

Route & climatic conditions: Once the voyage commences, the panoramic Himalaya and Tibet cocoon the pilgrims in their effulgence and they drift beyond the reach of a conventional world. Deep silence and eerie expansiveness rule the atmosphere. A resourceful pilgrim, however, would enjoy his every step – planning is the key. Route from Kathmandu to Tatopani/Rasuwa (Timure) (Nepal-China border) is narrow and scary but from the border onward roads are well maintained. The high altitude Tibetan terrain is dry, cold and windy. Night is colder than day. Torrential rains, strong icy winds are common features. The average altitude is above 3,500 meters and the route covers many high altitude passes.

Risk and Liabilities: We will endeavor to make your journey smooth and pleasant as far as possible. However, the entire program in Tibet is conducted strictly under the rules and regulations of China Tibet Tourism Bureau (TTB). Therefore, Fishtail Tours/Trek (P) Ltd. & its related organizations will not be responsible for any changes in the itineraries due to unavoidable circumstances such as government restrictions, delay in receiving Tibet Travel Permit and Visa due to TTB's own rules and regulations, landslides, road blockages, floods, snow, political unrests, cancellation of flights, delay due to shortage of land cruiser Jeep/Coach in Tibet, personal sickness or accident. Any extra cost incurred shall be borne by travelers themselves.

Required Documents:

- Minimum of six months valid passport and two copies of passport size photographs.
- A normal health certificate from your personal doctor for travelers aged 60 years and above may be required (May not be compulsory always)

Fitness: This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are fit and have a strong willpower. People suffering from cardiac or respiratory problems should consult to their doctor. Morning and evening walks, jogging, stretching, meditation and regular exercises make the journey comfortable for all.

Food and Beverages: Delicious continental & Indian food will be served. Breakfasts and Dinners will be served in campsite by trained Nepali staffs. Packed lunch will be provided during daytime. We will serve mineral water for drinking purpose.

Clothing and Necessities: As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -16 degrees Celsius) one should prepare accordingly. However, we suggest all yatries to travel light – maximum 10 to 15 Kg per person. We too provide certain clothing and essential from our end. Kindly go through the details and decide the requirement accordingly:

Clothing Requirement:

Clothing requirement may vary as per the yatra duration. On the basis of 14 days Overland Yatra, the following clothing are suggested;

4/5 Pairs of Thermal ware

Enough undergarment and warm soak

4 pair of outer clothing

Hand Gloves

Light Jackets & Sweater

Shoes with water resistant

Muffler and sandal

Hand Towel

Enough Soaks (Thick Woolen socks for Parikrama)

Other clothing including night clothing as per the personal need and preference

General Essentials:

Torch Light with battery

Multivitamin Tablets

Sun protection cream with 50 PH

Regular medicine that are being used

Wet and dry tissues

Dry fruits and energy bars

Vicks or Amritanjan

Dark Sun Glasses

Body Lotion

Water bottle – 2 bottles of 1 liter each

What we offer:

Feather Down jacket with up to -10 cold resistance

Back Pack for valuable and general essential

Duffel bag for personal clothing

Walking Stick for the 3 days Parikrama

Wind cheer or Puncho to cover cold wind and rain during parikrama

Monkey Cap

First Aid Box for general medicine

3 Times a day freshly cooked meal

Boiled and mineral water

Insurance: Full travel insurance covering medicine, Helicopter evacuation (if in case of emergency), loss of personal belongings, postponed/ pre-pond expenses of inward and outward flight and trip cancellation is strongly recommended.

CANCELLATION:

All notice of cancellation must be sent to our office in writing; verbal cancellation will not be accepted. There is no refund for services not used. In case of any cancellation the booking amount will be completely forfeited. In addition, the following cancellation rules will be applicable on the balance amount payable.

- 21 days period from tour departure date: 30% cancellation charges.
- 15 days period from tour departure date: 50% cancellation charges.
- 7 days and less periods: 75% cancellation charges.

The above cancellation rules are applied as per the rules and regulation of China Tibet Tourism Bureau and (IPSC) Indian pilgrims service Center, China

MOST IMPORTANT POINTS TO BE NOTED AND PREPARED:

It should come into notice of all **Kailash Yatrics** that, all Tibet and Holy Mt. **Kailash Yatra**/Tour operators in Nepal have very fewer roles to play in handling Tibet and Holy Mount Kailash Yatra operation. The decision of **Tibet Tourism Bureau (TTB)** and **China India Pilgrim Service Centre (CIPSC)** is final and mandatory to be followed and accepted by all. Hence, interested clients for **Tibet and Holy Mt Kailash Yatra** (especially Indian Yatrics) are requested to be prepared, both mentally and physically, for the following adverse situations and do the necessary preparations accordingly. In case of occurrence of any of the following conditions, the management of **Fishtail Group of Tourism Hospitality** or its associates won't be liable and be made responsible.

Though you might have submitted both your name list with advance payment and the application for the Tibet Travel Permit in time as per the rules, it cannot be guaranteed that the Tibet Travel Permit and the Visa will arrive in time. Sometimes, the Tibet Travel Permit or the Visa might be rejected by the concerned authorities, i.e., TTB and CIPSC at the very last hour (even after your arrival in Nepal or after issuance of your nonrefundable to and fro ticket to Nepal)

In case of failure to obtain the Tibet Travel Permit and the Visa on time as per the stipulated date of arrival/departure, all additional expenses in Nepal (accommodation, food, transportation etc.) have to be borne by the client himself/herself.

In case of rejection of your Tibet Travel Permit and the Visa by the concerned authorities, i.e., TTB and CIPSC, at the last hour (after arrival in Nepal), the client himself/herself has to issue fresh return ticket or manage his/her return journey on his/her own expense.

The entire price given below in Indian currency is calculated at the rate of 83/- per US Dollar, i.e. (ROE) 83/- at the time of pricing. All the difference due to currency fluctuation will be borne by either side.

WHY TO CHOOSE FISHTAIL TOURS & TRAVELS AS YOUR PILGRIMAGE YATRA OPERATOR TO HOLY MT.KAILASH AND MANSAROVAR–THE JOURNEY TO ABODE OF LORD SHIVA?

- The Yatra to Mt. Kailash and Mansarovar is considered as one of the toughest Yatras as the area lies in a high mountain terrain. Thus, it requires highly experienced team to ensure safety and comfortable journey for the pilgrims. Fishtail Tours & Travels team has been effectively trained to conduct these kinds of tours and has been organizing the Yatra for more than 17 years.
- We have very cordial relationship and rapport with IPSC/ TTB on every aspect. In case of an occurrence of any emergency during the Yatra, all the Yatris can get immediate help and support from the Chinese government.
- As mentioned earlier, our entire team members are trained for maintaining personal hygiene, safety, sanitation and cleanliness.
- We serve pure vegetarian, fresh and hygienic meals during the Yatra.
- We always use high quality international standard equipment to ensure comfort and safety of the Yatris.
- Fishtail team values your money and assures you that every penny you spend for the trip will be worthwhile as our sole priority is to provide you with the best quality service and guarantee your safety.
- We have no any hidden costs, except for personal expenses not covered by the contract. We never charge a single penny during the entire journey

BOOKING PROCEDURE:

For the booking of **Mt Kailash** or any other Tibet / China Tour the following document and payment must reached to us.

- Non-refundable booking Charge- Indian National INR 25,000/- & NRI/ Foreigner US\$ 500.00.
- Properly filled booking form with duly signed (given below).
- Clear passport copy with minimum 6 month validity.
- 2 copies of passport sized color photographs.



TOUR BOOKING FORM

Full Name (as in passport):

Age:

Sex: Profession:

Passport No:

Date of Issue:

Valid till:

Name of Father/ Mother/Guardian :

Name of Husband/ Wife:

Address:

Telephone: Office: Home: Mobile:

Email:

In case of Emergency Immediate contact details:

Name of the Person:

Relation:

Phone:

Mobile:

Most Important Medical Information/ Medication Details:

a,

b,

c,

I am interested to join in your regular Mt Kailash Tour (Please tick in one): Overland Tour/ Heli Tour/ Mt Kailash Via Lhasa Tour/Mount Kailash Inner Kora on my own decision which is scheduled to departure from Kathmandu on..... And final departure from Kathmandu on..... and here by deposited initial nonrefundable booking Charge U\$ 500.00 / INR 25,000/- by cash/ Bank transfer /cheque No: through bank.....on.....

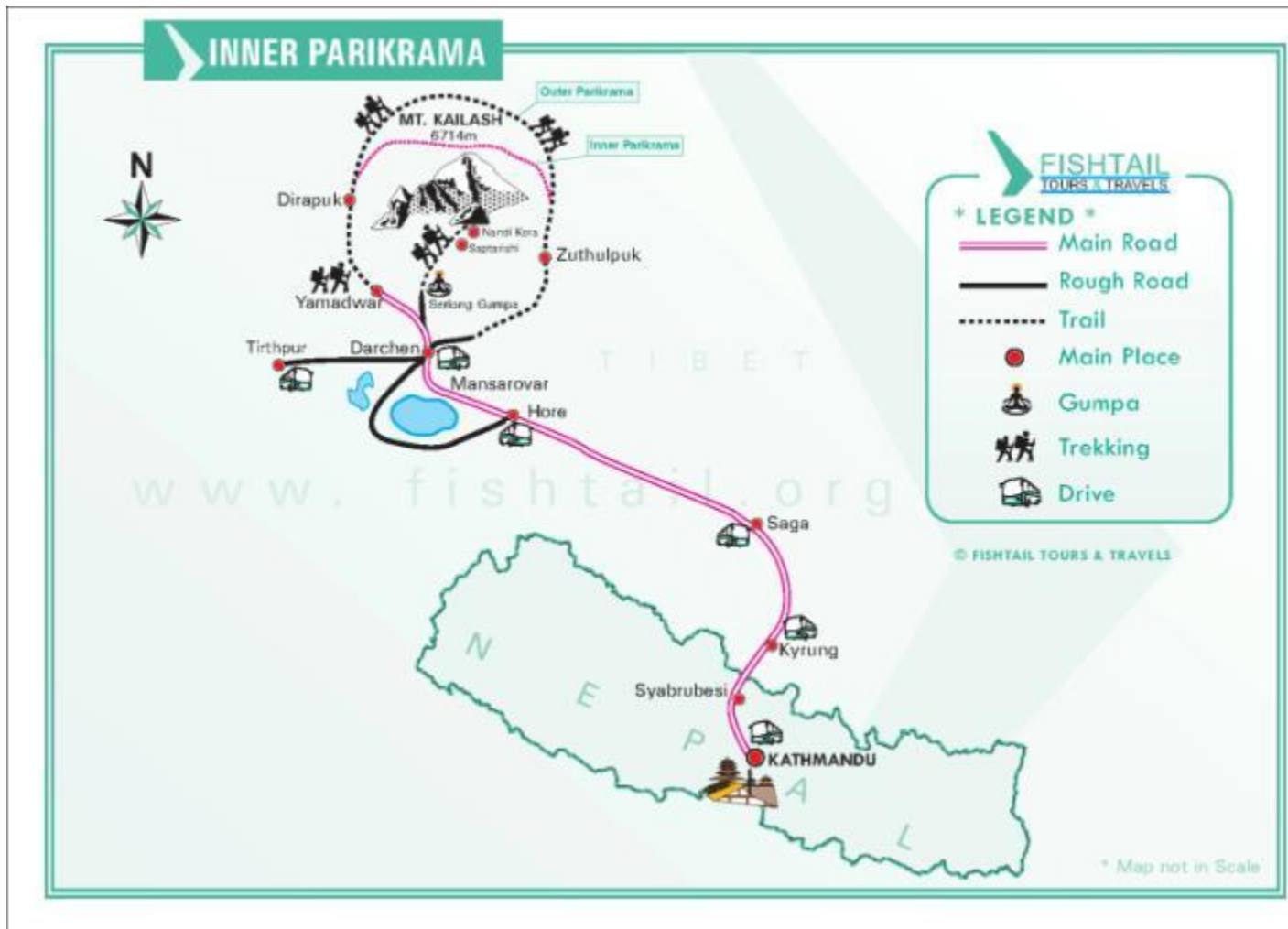
I am fully aware about the landscape & climate of the route and other required general information about the yatra. I am traveling on my own decision. I am also aware about the duration of yatra and additional cost to be paid in case of any problem – flight cancellation due to bad weather, visa and permit problem which are beyond control of Fishtail Group or its associated partners.

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HOLY MOUNT KAILASH YATRA 2024

01,	MOUNT KAILASH - NANDI & INNER KORRA - 17 Days
02,	Muktinath Extension Tours - 5 Days
03,	Holy Mt Kailash - An Introduction
04,	Information
05,	Why to Choose Fishtail Tours and Travels as your Yatra Companion
06,	Tour Booking Form

HOLY MT. KAILASH INNER PARIKRAMA (KORA)



Product Information:

Beside the regular Holy Mt. Kailash Yatra - Drive in/ Drive out, Fly in/ Fly out via Simikot, via Lhasa etc, Fishtail Tour/ Trek has been promoting a very special program for those yatri's who want to reach heart of the abode of Lord Shiva and want to make close darshan of Astaparnat (Astapada), Nandi Parbat, Kailashi Gange, Kuber Parbat, Astamatrikagan Parbat, Dakshinmurti Shivalaya, Sapta Rishis cave, Atmalingam, Nandi darshan, Kuber Parbat and Kuber Kund. All the good trekkers & climbers' devotee of lord Shiva are invited to join this special inner Parikrama during next 2024 season.

YATRA INFORMATION

Tour Code	Tour Title	Duration	Destination Covered
FMI-I 300	Holy Mt. Kailash with Nandi & Inner Kora	16 Nights/ 17 Days	Kathmandu, Holy Mt. Kailash, Mansarovar Lake, Tirthpuri, Sapta Rishi Cave , Nandi & Inner Kora

TRIP FACTS

Tour Grade	Tour Duration	Highest Elevation	Road Condition	Walking and trekking Duration	General Information
4	17 Days	6,100 Meter	Black Topped Highway	Approx 55 Km Holy trek including 5 Km steep Climbing.	High level Adventure trek. The Surface journey is smooth and comfortable till Parikrama starting point.

Date of Arrival in Kathmandu: 28th July & 12th August

OUTLINE ITINERARY:

- Day 01:** Arrival Kathmandu,
- Day 02:** Trip preparation and half-day Kathmandu pilgrimage sightseeing,
- Day 03:** Drive from Kathmandu to Syabrubesi,
- Day 04:** Drive from Syabrubesi to Kyrung,
- Day 05:** Drive from Kyrung to Saga,
- Day 06:** Drive from Saga to Mansarovar and Puja,
- Day 07:** Drive from Mansarovar to Darchen,
- Day 08:** Drive from Darchen to Yamadwar & Holy Trek to Dirapuk,
- Day 09:** Visit Charan Sparsh , Polung Glacier and North face and return to Dirapuk,
- Day 10:** Holy Trek and climbing to Zuthulpuk,
- Day 11:** Holy Trek to Darchen & rest.
- Day 12:** Drive to Serlong Gumpa and trek to Saptarishi / Nandi Korra and return to Darchen.
- Day 13:** Visit Tirthpuri and drive to Saga
- Day 14:** Drive from Saga to Kyrung
- Day 15:** Drive from Kyrung to Kathmandu,
- Day 16:** Puja at Pashupatinath Temple & free day in Kathmandu
- Day 17:** Final departure transfer to airport for onward journey .

DETAILED ITINERARY:-

DAY 01: ARRIVAL AT KATHMANDU (1,350 M), Dinner
Arrival at Tribhuban International airport (1,350 M), meet and welcome by our office representative & transfer to hotel. Overnight stay at hotel.

DAY 02: TRIP PREPARATION & KATHMANDU SIGHTSEEING, B/L/D

Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budanilkantha temple. Return to hotel, lunch and preparation for yatra. Overnight stay at hotel.

DAY 03: DRIVE TO SYABRUBESI (140 KM, 8 hrs drive) B/L/D
Drive to Syabrubesi (1,550 M). After arrival at Syabrubesi check into the hotel. Overnight stay at hotel

DAY 04: DRIVE TO KYRUNG (20+ 25 Kms 1 hours drive) B/L/D

After breakfast drive to Nepal China border, Timure (20 km, 30 Mins drive). Complete Nepal and China side immigration formalities & walk further ahead & get introduced with your Chinese guide / coach drivers. After introduction, proceeds the journey to Kyrung (2,700 M, 20 km, 30 mins drive). Arrive at Kyrung and overnight stay at guesthouse.

DAY 05: DRIVE TO SAGA (105 KM, 4 hours drive) B/L/D
After breakfast drive to Saga. En-route you will witness beautiful waterfall, rivers and mountain along with Tibetan landscape. After approx. 4/5 hour's drive you will reach to Saga (4,640 M). Arrive in Saga and overnight stay at hotel.

DAY 06: DRIVE TO MANSAROVAR, (410 Kms, 7/8 hours drive) B/L/D

After breakfast, drive to Mansarovar (4,556 M). Arrive Mansarovar, take a holy bath; perform Puja, Hawan, and Devtarpan etc (self). Freshly cooked dinner will be served at the edge of Mansarovar Lake. Overnight stay at guesthouse.

DAY 07: DRIVE TO DARCHEN (30 KM, 1 hour drive) B/L/D

Drive to Darchen (4,675 M), en-route visit to Chuigumpa hot spring will be organized. Finally arrive at Darchen and overnight stay at hotel.

DAY 08: HOLY TREK TODIRAPUK (8 Km drive and 10 Km trek) B/L/D

With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Serzhong. Meet your porters/ pony caretaker etc. and trek to Dirapuk (4,765 M). Overnight stay at guesthouse



DAY 09: VISIT POLUNG GLACIER & NORTH FACE

B/L/D

After breakfast start trek to close of North Face, bottom of Mt. Kailash (6,714 M) and Polung Glacier. Return to Dirapuk (4,765 M). Lunch and overnight at guesthouse/ Camp.



DAY 10: HOLY TREK & CLIMBING TO ZUTHULPUK

B/L/D

Early in the morning start climbing via Khandasang La, KuberKund to east face. Light lunch served on the way. Camp at third prostration point/ Zuthulpuk. Dinner & overnight at guesthouse.



DAY 11: HOLY TREK TO DARCHEN

B/L/D

After breakfast start trek to Darchen (4,675 M, 14 Kms, 2 hours trek) .Overnight stay at hotel at Darchen.



DAY 12: VISIT TO NANDI PARBAT, ATMA LINGAM ETC.

Early morning drive or trek to Serlong Gumpa. Proceed trek or climbing further to Atma Lingam, Kuwar Kund, Nandi Parbat etc. Return to Darchen and overnight stay at hotel.

DAY 13: VISIT TIRTHPURI & DRIVE TO SAGA

Breakfast and drive to Tirthpuri (45 km, 1 hours drive). Visit Tirthpuri and drive to Saga (4,640 m, 430 km, 7/8 hrs drive). Packed lunch will be served on the way. Overnight stay at hotel at Saga.

DAY 14: DRIVE TO KYRUNG (105 KMS, 4/5 HRS DRIVE)

Drive to Kyrung (2,700m, 105km, 4/5 hrs drive). Arrive Kyrung city and check into hotel. Rest of the day is free for personal activities. Overnight stay at hotel.



DAY 15: DRIVE TO BORDER & DRIVE TO KATHMANDU (165 KMS, 8/9 HRS DRIVE).

Early morning, after breakfast drive to Nepal China- Friendship Bridge (55 Km and 1 hours' drive). Complete China side Immigration formalities and proceed further to complete Nepal Side immigration formalities. After completion of immigration formalities, you will be driven to Kathmandu (165 Km, 8/9 hours' drive). Dinner and overnight stay at hotel.

DAY 16: PUJA AT PASHUPATINATH TEMPLE

Breakfast and proceed to Pashupatinath Temple for Holy water offering. Return to hotel and free time until your departure transfer to the International airport for your onward flight. Overnight stay at Kathmandu.



DAY 17: DEPARTURE

Our cheerful representative will drop you off to the airport three hours prior to the flight departure. The mystic land of the Himalayas holds many more secrets to be told. Come back again for another adventure visiting our spectacular mountains.

B2B DELUXE GROUP TOUR COSTS (Based on 25 Pax in a group)

Type of Yatra	Total Yatra Cost		Single Room Supplement – 4 Nights in Nepal		Accommodation details		
	Indian Nationals	NRI/ Foreigner	Indian Nationals	NRI/ Foreigner	Kathmandu	Saga & Darchen	Other Part of Tibet
Deluxe Yatra with 5/4 star hotel in Nepal	INR 206,600/-	US\$ 2,850.00	INR 10,000/-	US\$ 300.00	5/4 star Hotel	3 star Eqv hotels	Normal Guest House

PRICE INCLUDES:-

- ✓ Airport-Hotel-Airport transfer by private vehicles,
- ✓ 4 nights 5/4 star Hotel accommodation in Kathmandu
- ✓ Kathmandu/ Border/ Kathmandu transfer by normal coach.
- ✓ Fully Trained Nepali staffs,
- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Hotel / Lodge (Guesthouse) accommodation during the trip,
- ✓ Three time a day meals (Breakfast, Lunch & Dinner) while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,
- ✓ Tibet Visa & Permit Fee,
- ✓ Necessary Border charges,
- ✓ Experienced climbing Sherpa for inner and Nandi Kora,
- ✓ Required fixed rope, helmet and all related safety equipment and permit for Inner Parikrama,
- ✓ Climbing equipment including ropes & climbing gears,
- ✓ Ground transfers in Tibet by Deluxe Coach,
- ✓ First aid kit,
- ✓ Free use of Down Jacket,
- ✓ Backpack, Rain coat (Pancho) Monkey cap & duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities for the tour staffs during the trip,
- ✓ All kind of local and government TAX

PRICE EXCLUDES:-

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,

- × Beverages & Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost may incurred by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

MANAKAMANA, POKHARA JOMSOM & MUKTINATH

Tour Code	Tour Title	Tour Title	Tour Duration
FME-51 A	Muktidham Extension Tour	4 Nights/5 Days	Manakaman, Pokhara, Jomsom & Muktidham

OUTLINE ITINERARY:

Day 01: Arrive Kathmandu and transfer to hotel,

Day 02: Drive from Kathmandu to Pokhara via Manakamana,

Day 03: Fly from Pokhara to Jomsom & drive to Muktidham by local jeep & return to Jomsom,

Day 04: Fly from Jomsom to Pokhara & half day Pokhara sightseeing,

Day 05: Fly from Pokhara to Kathmandu & join on Holy Mount Kailash Yatra program.

DETAIL ITINERARY:

DAY 01: ARRIVE KATHMANDU & TRANSFER TO HOTEL,

Dinner

Arrive in Kathmandu and transfer to your hotel. Dinner and overnight at hotel.

DAY 02: DRIVE TO POKHARA VIA MANAKAMANA

B/L/D

After breakfast drive from Kathmandu to Pokhara (925 meter, 200 KM, / 7-8 hrs drive). En-route visit to Manakamana temple by cable car. Pray to God Manakamana- wish - filing goddesses , lunch and drive to Pokhara. Arrive Pokhara and check into hotel. Evening visit around the Fewa Lake. Overnight stay at hotel.

DAY 03: FLY TO JOMSOM (2,720 M), DRIVE MUKTIDHAM (3760 M) & BACK JOMSOM- B/L/D

Wake up early in the morning and proceed to airport with packed breakfast for flight to Jomsom. After 25 minutes flight you will reach to Jomsom. Walk to the hotel and separate your clothing and requirements for Muktinath. Walk for 15 minutes to catch local Jeep for Muktinath (30 km , 1 hour drive). Arrive at Muktinath jeep station and start climbing up to Muktinath temple. Arrive at Muktinath temple after approx 15 minutes hiking. Take bath at 108 holy water spouts, perform Puja at Muktinath temple, Jwala Mai etc. and visit around the places of interest etc. Return to Jeep stand for local jeep drive to Jomsom. Arrive Jomsom jeep station, walk to the hotel and overnight.

DAY 04: FLY BACK POKHARA (850 M) & POKHARA SIGHTSEEING

B/L/D

Wake up early in the morning and walk to airport for flight to Pokhara. It is 25 minutes flight. Arrive

Pokhara and check into hotel. Get refreshed and proceed for local half day sightseeing covering Devis Fall, Fewa Lake & Bindabasini Temple. Rest of the day is free for personal activities. Overnight stay at hotel.

DAY 05: FLY TO KATHMANDU & JOIN ON HOLY MOUNT KAILASH YATRA. B/L/D

Breakfast and transfer to domestic airport for a flight to Kathmandu (25 Minutes) to join on Holy Mount Kailash Yatra program.

MUKTIDHAM EXTENSION TOUR COST:

Type of Tour	Per person tour cost in INR as per the below group size				Single Room Supp.
	2-4 Pax	5 -9 Pax	10 – 15 Pax	16 & Above	
Normal Tour: 4/3 Star Hotels	INR.36,100	INR.33,400	INR.31,200	INR.30,200	INR.7500

COST INCLUDES:

- ✓ One night 4 star equivalent hotel accommodation in Kathmandu,
- ✓ Two nights 3 star equivalent hotel accommodation in Pokhara,
- ✓ One night 3/2 star equivalent Hotel accommodation at Jomsom,
- ✓ Kathmandu / Manakamana/ Pokhara by a/c vehicle as per the group size.
- ✓ Flight Pokhara-Kathmandu,
- ✓ Flight Pokhara-Jomsom-Pokhara,
- ✓ Jomsom-Muktinath-Jomsom by local jeep on SIC basis,
- ✓ Half day Pokhara sightseeing as per the itinerary,
- ✓ Pokhara Hotel – Airport transfer in private vehicle,
- ✓ Annapurna Conservation Entry Permit,
- ✓ TIMS Permit,
- ✓ ACAP permit fees.
- ✓ All meals (Breakfast, Lunch & Dinner – Veg) during your trip,
- ✓ Nepal government license holder tour-trekking guide,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the the staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Sightseeing entrance permits,
- × Tips for the staffs and driver,
- × Alcoholic & soft drinks,
- × Personal expenses: shopping, laundry, trekking equipment, SIM Card etc.

- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

HOLY MT KAILASH AND MANSAROVAR LAKE- AN INTRODUCTION:

Holy Mt Kailash and Mansarovar Lake, center of creation & the Universe are as old as the creation. Thousands of Sages, Ordinary Mortals, Philosophers and even Gods had submerged in the blissful trance at the very sight of this divine grandeur. It is the MERU, SUMERU, SUSHUMNA, HEMADRI (Golden Mountain), RATNASANU (Jewel Peak), KARNIKACHALA (Lotus Mountain), AMARADRI, DEVA PARVATHA (Summit of Gods), GANAPARVATHA, AJATADRI (Silver Mountain). Regarded as SWAYAMBHU, the self-created one, everything is said to emanate from here and finally returns here. Mind is the knot tying consciousness and matter-that is set free here.

Famously known to be an abode of LORD SHIVA and his divine consort PARVATI, Mt. Kailash expounds the philosophy of PURUSHA and PRAKRITI-SHIVA and SHAKTI. The radiant SILVERLY summit is the throne of TRUTH, WISDOM and BLISS-SACHIDANANDAM. The primordial sound AUM (NADABINDU) from the tinkling anklets of LALITA PRAKRITI created the visible patterns of the universe and the vibrations (DVANI) from the feet of Lord Shiva (NATARAJA) weaved the essence of ATMAN, the ultimate truth. The scriptures reiterate that one, who takes the holy dip at Mansarovar and carries out the Parikrama around Kailash, is absolved of his/her sins through generations and is absorbed into the Supreme Finality. There is no re-birth; sorrows or joys and he/she will be with ultimate – the Lord Shiva. In other words, they become Shiva.

In addition to the Hindus, the entire region is also one of the most important pilgrimage centers for the Buddhists. They worship DEMCHOK (Buddha in forceful form) seated on the summit of Kailash. It is also called Dharmapala; one version quotes the deity as a form of Shiva's manifestation. The description of the deity is more or less like Shiva. Devi is also given a similar form like Parvati. Buddhists adore Kailash as KANG RINGPOCHE and Mansarovar as TSO MAPHAM. Guru Rinpoche (The great Indian Master PADMASAMBHAVA who introduced Buddhism) and Saint Milerapaare greatly revered here by the pilgrims. Since TANTRISM runs through the main core of Buddhism here, their customs and practices would be found running close and parallel to Hindu traditions. Like Hindus, they also consider (DOLMA (DEVI) and GAURI KUND (ThukiZingbu) as holiest spots. Buddhists strongly believe that pilgrimage to this place liberates them to NIRVANA.

Besides, Jains acknowledge Kailash as ASTAPADA and PADMAHRADA. It is believed that ADINATH VRISHABDEVA - the first Tirtankara attained Nirvana here. A few claim that GURU NANAK meditated here. Across the river CHU, there on the Nyanri range stands an impressive temple. Inside this monastery there is a marble statue radiating peace and compassion. This statue is claimed to be that of Guru Nanak.

The entire area echoes with spiritual vibrations. Even the agnostics shall discover new balance amidst that fathomless serenity. One has to experience it. The common belief is that those who are ordained only could be there.

INFORMATION

Health Pre-caution: Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illnesses generally not encountered over the plains. Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness (malaise), high irritability, light loss of balance, disorientation, incoherence and insomnia are to name among a few. It is common to all irrespective of age, sex and physical fitness. Gradual acclimatization is the best answer. Tranquilizers, sleeping dosages and strong antibiotics must be avoided. Some symptoms do indicate that the body mechanism is readjusting to new environment.

Route & climatic conditions: Once the voyage commences, the panoramic Himalaya and Tibet cocoon the pilgrims in their effulgence and they drift beyond the reach of a conventional world. Deep silence and eerie expansiveness rule the atmosphere. A resourceful pilgrim, however, would enjoy his every step – planning is the key. Route from Kathmandu to Tatopani/Rasuwagadi (Timure) (Nepal-China border) is narrow and scary but from the border onward roads are well maintained. The high altitude Tibetan terrain is dry, cold and windy. Night is colder than day. Torrential rains, strong icy winds are common features. The average altitude is above 3,500 meters and the route covers many high altitude passes.

Risk and Liabilities: We will endeavor to make your journey smooth and pleasant as far as possible. However, the entire program in Tibet is conducted strictly under the rules and regulations of China Tibet Tourism Bureau (TTB). Therefore, Fishtail Tours/Trek (P) Ltd. & its related organizations will not be responsible for any changes in the itineraries due to unavoidable circumstances such as government restrictions, delay in receiving Tibet Travel Permit and Visa due to TTB's own rules and regulations, landslides, road blockages, floods, snow, political unrests, cancellation of flights, delay due to shortage of land cruiser Jeep/Coach in Tibet, personal sickness or accident. Any extra cost incurred shall be borne by travelers themselves.

Required Documents:

- Minimum of six months valid passport and two copies of passport size photographs.
- A normal health certificate from your personal doctor for travelers aged 60 years and above may be required (May not be compulsory always)

Fitness: This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are fit and have a strong willpower. People suffering from cardiac or respiratory problems should consult to their doctor. Morning and evening walks, jogging, stretching, meditation and regular exercises make the journey comfortable for all.

Food and Beverages: Delicious continental & Indian food will be served. Breakfasts and Dinners will be served in campsite by trained Nepali staffs. Packed lunch will be provided during daytime. We will serve mineral water for drinking purpose.

Clothing and Necessities: As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -16 degrees Celsius) one should prepare accordingly. However, we suggest all yatries to travel light – maximum 10 to 15 Kg per person. We too provide certain clothing and essential from our end. Kindly go through the details and decide the requirement accordingly:

Clothing Requirement:

Clothing requirement may vary as per the yatra duration. On the basis of 14 days Overland Yatra , the following clothing are suggested;

4/5 Pairs of Thermal ware

Enough undergarment and warm soak

4 pair of outer clothing

Hand Gloves

Light Jackets & Sweater

Shoes with water resistant

Muffler and sandal

Hand Towel

Enough Soaks (Thick Woolen socks for Parikrama)

Other clothing including night clothing as per the personal need and preference

General Essentials:

Torch Light with battery

Multivitamin Tablets

Sun protection cream with 50 PH

Regular medicine that are being used

Wet and dry tissues

Dry fruits and energy bars

Vicks or Amritanjan

Dark Sun Glasses

Body Lotion

Water bottle – 2 bottles of 1 liter each

What we offer:

Feather Down jacket with up to -10 cold resistance

Back Pack for valuable and general essential

Duffel bag for personal clothing

Walking Stick for the 3 days Parikrama

Wind cheer or Puncho to cover cold wind and rain during parikrama

Monkey Cap

First Aid Box for general medicine

3 Times a day freshly cooked meal

Boiled and mineral water

Enough Climbing rope

Crampon boot

Plastic boot

Snow Bar

Ice Axe

Insurance: Full travel insurance covering medicine, Helicopter evacuation (if in case of emergency), loss of personal belongings, postponed/ pre-pond expenses of inward and outward flight and trip cancellation is strongly recommended.

CANCELLATION:

All notice of cancellation must be sent to our office in writing; verbal cancellation will not be accepted. There is no refund for services not used. In case of any cancellation the booking amount will be completely forfeited. In addition, the following cancellation rules will be applicable on the balance amount payable.

- 21 days period from tour departure date: 30% cancellation charges.
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The entire price given below in Indian currency is calculated at the rate of 83/- per US Dollar, i.e. (ROE) 83/- at the time of pricing. All the difference due to currency fluctuation will be borne by either side.

WHY TO CHOOSE FISHTAIL TOURS & TRAVELS AS YOUR PILGRIMAGE YATRA OPERATOR TO HOLY MT.KAILASH AND MANSAROVAR–THE JOURNEY TO ABODE OF LORD SHIVA?

- The Yatra to Mt. Kailash and Mansarovar is considered as one of the toughest Yatras as the area lies in a high mountain terrain. Thus, it requires highly experienced team to ensure safety and comfortable journey for the pilgrims. Fishtail Tours & Travels team has been effectively trained to conduct these kinds of tours and has been organizing the Yatra for more than 17 years.
- We have very cordial relationship and rapport with IPSC/ TTB on every aspect. In case of an occurrence of any emergency during the Yatra, all the Yatries can get immediate help and support from the Chinese government.
- As mentioned earlier, our entire team members are trained for maintaining personal hygiene, safety, sanitation and cleanliness.
- We serve pure vegetarian, fresh and hygienic meals during the Yatra.
- We always use high quality international standard equipment to ensure comfort and safety of the Yatries.
- Fishtail team values your money and assures you that every penny you spend for the trip will be worthwhile as our sole priority is to provide you with the best quality service and guarantee your safety.
- We have no any hidden costs, except for personal expenses not covered by the contract. We never charge a single penny during the entire journey

BOOKING PROCEDURE:

For the booking of **Mt Kailash** or any other Tibet / China Tour the following document and payment must reached to us.

- Non-refundable booking Charge- Indian National INR 25,000/- & NRI/ Foreigner US\$ 500.00.
- Properly filled booking form with duly signed (given below).
- Clear passport copy with minimum 6 month validity.
- 2 copies of passport sized color photographs.



TOUR BOOKING FORM

Full Name (as in passport):

Age:

Sex: Profession:

Passport No:

Date of Issue:

Valid till:

Name of Father/ Mother/Guardian :

Name of Husband/ Wife:

Address:

Telephone: Office: Home: Mobile:

Email:

In case of Emergency Immediate contact details:

Name of the Person:

Relation:

Phone:

Mobile:

Most Important Medical Information/ Medication Details:

a,

b,

c,

I am interested to join in your regular Mt Kailash Tour (Please tick in one): Overland Tour/ Heli Tour/ Mt Kailash Via Lhasa Tour/Mount Kailash Inner Kora on my own decision which is scheduled to departure from Kathmandu on..... And final departure from Kathmandu on..... and here by deposited initial nonrefundable booking Charge U\$ 500.00 / INR 25,000/- by cash/ Bank transfer /cheque No: through bank.....on.....

I am fully aware about the landscape & climate of the route and other required general information about the yatra. I am traveling on my own decision. I am also aware about the duration of yatra and additional cost to be paid in case of any problem – flight cancellation due to bad weather, visa and permit problem which are beyond control of Fishtail Group or its associated partners.

.....

SUGGESTED OPTIONAL ACTIVITIES:

EVEREST MOUNTAIN FLIGHT: From Kathmandu Only



Mountain Flights are being operating every day early morning from 6:00 AM to 7:30 AM. Currently three major airline companies are operating this flight. Depending upon the booking 10 -12 flights are being operated daily. Mountain flights offer the luxurious option of a Himalayan experience. The **one-hour mountain** flight from Kathmandu takes you close to the highest peaks of the world lying in Nepal, including Mount Everest. During the flight, you will get to see Gosaithan (also called Shisha Pangma), Dorje Lhakpa, Phurbi Chyachu, Choba Bhamare, Gauri Shanker, Melungtse, Chugimago, Numbur, Karyolung, Cho-Oyu, Gyachungkang, Pumori, Nuptse and, of course, Everest. Mountain flights are offered by several airlines in the morning from the domestic airport in Kathmandu. Flights from Kathmandu reveal the Eastern Himalaya, while flights from Pokhara take you on a bird's eye view of the Western Himalaya.

Cost per person INR: 10,800/- (minimum 2 pax required)

Includes

Hotel-Airport-Hotel transfer

Guaranteed windows seat during the flight

WHITE WATER RAFTING AT TRISHULI:



Trisuli River ("Most popular River Rafting Trip")

Can be organized enroute to Pokhara. The Trishuli River consider as a high commercial whitewater sports destination of Nepal due to its easy accessible. It is an excellent river for those who are looking for a day short rafting trip and short multi day's trip without risk and challenge of big rapids with its beautiful scenery, peaceful environment and wonderful local cultural activities. In the monsoon season, water volume level rises up so the strength of the rapids increases and attracts rafters to challenge with its real adrenaline.

Starting point: Baireni/Charaudi/Fishing

Ending Point: Kurintar

River hours: 4 hours (Can make short 1-2 hours as well)

River Difficulty Grade: 2-3+

Best Season: March / April / May/ June /October / November

Cost per person INR 2500/- (minimum 2 pax required)

Inlcusions: Rafting guide along with safety euipments

PARAGLIDING



Paragliding is a relatively new adventure sport in Nepal, and is the simplest, safest and least expensive way of discovering the joys of flying alone to experience the aerial views of the magnificent Himalayas. Sarangkot, at 1,592m above Lakeside in Pokhara Valley, is the jumping off point for paragliders. From here, one can witness stunning views of three of the world's highest peaks (above 8,000m), namely, Dhaulagiri, Annapurna and Manaslu. In addition, the tour offers scenic views of beautiful lakes, aerial view of the Pokhara city, monasteries, temples etc.

One doesn't need to have an experience to paraglide, as there will be qualified pilots to take you through the mesmerizing tour. The flying season in Nepal commences in October and runs through June.

Cost per person INR 7850/-

Includes

Private transfer

25-30 mins paragliding with the licesend holder pilot

ULTRA LIGHT FLIGHT:



Ultralight aircraft is an ideal way to view the panoramic Himalayan range right in front of your eye Flights takes off from the Pokhara Airport and are operated almost throughout the year except during the monsoon (June through August). Flights take place from sunrise to 11 am and from 3 pm to sunset every day, provided there is no rainfall. During the half an hour flight, one flies over Pokhara city, Phewa Lake, Sarangkot Hill and gets close to the Machhapuchhre Mountain. Another option is to explore the Annapurna range from 12,000 feet or higher in an hour.

Cost per person

Duration	INDIAN	FOREIGH	Flying Route
15 mins	INR 12,000	\$150	Pokhara City Tour
30 mins	INR 17,000	\$220	Close to Mount Fishtail
1 hour	INR 30,000	\$330	Mountain flight (Mount Fishtail and Annapurna Range)
90 minutes	INR 39,000	\$440	Mountain flifgt (Mount Fishtail, Annapurna Range and Kapuche Lake)

Flight Video will be extra i.e INR 625 for INDIAN And \$ 15 for Foreign Nationalities .

Includes:

- Two way transfers
- Ultra flight with licensed holder pilot

ZIP FLYER :



Those looking for an adrenaline rush will find countless opportunities in the Himalayan nation of Nepal. Highground Adventures Nepal has introduced the most extreme zipline in the world. The officially named Zip-Flyer Nepal is the world's tallest, fastest and the longest zipline in the world located in Sarangkot- one of the most beautiful places in Nepal. It is not just another zipline; it is inclined at 56 degree, 1.8 km in length and 2000ft vertical drop. You zoom through the air at up to 160km/h with the Zip-Flyer making it the most extreme ride in the world. You can feel the wind in your hair as you gush down overlooking the majestic Himalayas and a mind-boggling 2000 feet vertical drop. After a minute of pure adrenaline, and travelling a distance of almost 2km, the ride begins to slow down as you approach the landing. The advanced, magnetic braking system then brings you to a complete stop.

During the ride, you'll get to experience the breath-taking views of Mount Fishtail, Annapurna Himalayan range and the raging Seti River.

Cost per person INR 4,700/-

Includes:

- Two way transfers
- One time Zip flyer
- Cable car ride to Sarangkot launch station

WORLD PEACE STUPA :



World Peace Pagoda is built by Nipponzan Fujii, after the II world war finished the pagoda was erected. During of the II world war many people lost their lives. At that time guru Nipponzan Fujii became very sad, since that time he began to campaign against the violence activity. He has focuses on unity of human being in the world, according to Guru Fujii he wanted to propound the concept of cosmopolitan. Similarly, the Peace Pagoda is a Buddhist stupa designed to provide a focus for people of all races and creeds within the world and to help unite them in their search for world peace. Actually in the world peace pagoda we can see four statues of Buddha, let people informed about the four incidents of Buddha, s life. Pokhara is itself a hanging paradise on the earth, still more the pagoda has added more charm and beauty in Pokhara, from World Peace Pagoda perfect view of mountain of Annapurna range.

A Buddhist monk from Japan and founder of the Nipponzan-Myohoji Buddhist Order. Fujii was greatly inspired by his meeting with Mahatma Gandhi in 1931 and decided to devote his life to promoting non-violence herewith he got very vital Consciousness through II world war too. And in 1947, he began to construct Peace Pagodas as shrines to World peace. By 2000, 80 Peace Pagodas had been built around the world in Europe, Asia, and the United States. Nepal has two World Peace Stupa at Lumbini and Pokhara.

Cost per person (minimum 2 pax required)

Pax	2-3 pax	4 pax	5-13 pax	14-20 pax
Rate	INR 875	INR 570	INR 525	INR 240

Includes:

Two way transfers

BUNGEE JUMPING AT POKHARA :

The ultimate thrill of a Bungee jump can now be experienced in Nepal at perhaps the best site in the world. The jump site offers a spellbinding view of the Himalayas, the hills and the rivers that will take your breath away. The 80m tower Bungge tower is cantilevered over a river adjacent to a 50m cliff in Hemja. It offers a free fall for 5 seconds in a blitz of pure fear and adrenaline.



Type	Price
Standarad Bungee Jump	INR 2820 nett per person
Tandem Bungee Jump	INR 5320 nett per couple

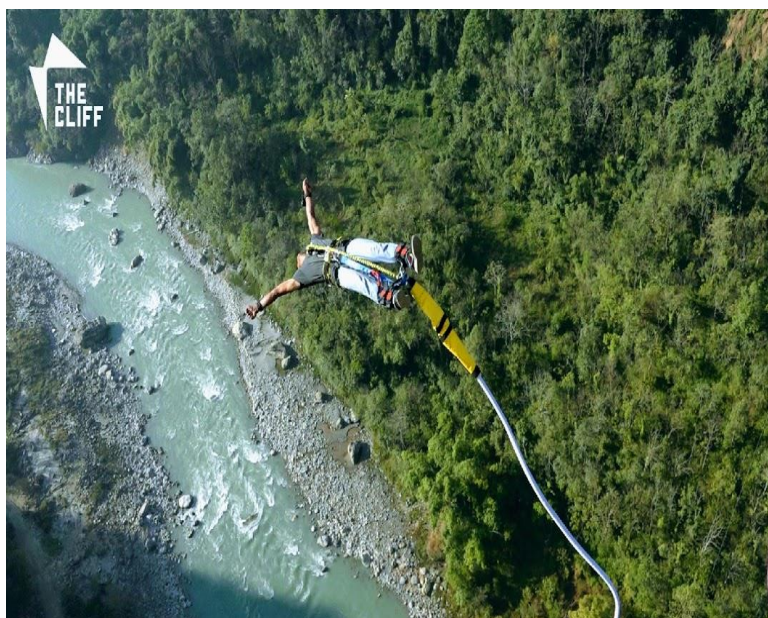
Includes:

All taxes and fees are
Pick up from our lakeside office and transfer to our site
Bungee briefing and one Bungee jump
HighGround Dream it! Dare it! Do it! T-shirt
Transfer to lake side

THE CLIFF KUSHMA BUNGEE

Bungee Jumping in Nepal is one of the most popular adventurous activities. The world's second-highest, most exciting and thrilling Bungee Jumping lies in the Kushma Parvat district of Nepal. Along with the astounding panoramic views in the Kaligandaki gorge amidst the Annapurna and Dhaulagiri mountains, lies the Kushma's suspension bridge from where the Bungee Jumping is into operation. The bungee Jumping spot resides in the 520 m. long suspension bridge which connects Kushma of Parvat to the Balewa of Baglung. The total height of Bungee Jumping is 228 m., making it the world's second-highest natural Bungee jumping paradise. It is the tallest bungee Jumping of Nepal.

Kushma Bungee Jump is popular as Asia's highest natural bungee swing.



Cost per person

Pax	1 pax	2-3 pax	4 pax	5-13 pax	14-20 pax
Rate	INR 8800	INR 6600	INR 5800	INR 5750	INR 5800

Includes

Bungee Jump
Safety gears

Cost Excludes

Accommodation, Beverages, Food & Supplies, Photos, transportation .

UPPER SETI RIVER RAFTING

Only 30 minutes from Pokhara's Lakeside, this short and sweet rafting adventure offers 1 ½ hours of non-stop adrenaline filled class III+/IV rapids. With fantastic Annapurna mountain views, crystal clear Himalayan whitewater and a beautiful gorge decorated with a suspension bridge and prayer flags – rafting the Upper Seti River is the ultimate half day trip in Nepal.

Mother Nature packs more rapids into 90 minutes on the Upper Seti than some other rivers provide in 2 to 3 days, making this a crew favorite right here in our own back yard.



Rate: INR 2500 nett per person

Inclusions:

- Two way transfers via Hemja-Bamboo Bridge-Yamdi
- 30 mins preparation/briefing time before rafting
- 90 minutes rafting on Seti River
- Liscensed holder Rafting Guide
- Lifejacket, paddles, helmet
- River permits

HOT AIR BALLOON

The flight includes a swift and sound flight to the best height from where you can feel the cold breeze with the mesmerizing views of the mountain ranges of Fishtail, Annapurna, and Dhaulagiri on the northern side with the sunrise view on the eastern side flaming its light to beautiful Pokhara City and the high hills at the southern and western side where the western side is again added with the beautiful sunset view in the evening flight.

40 Minutes in the air will blow your mind with beauty of Pokhara and the majestic Mountains around .



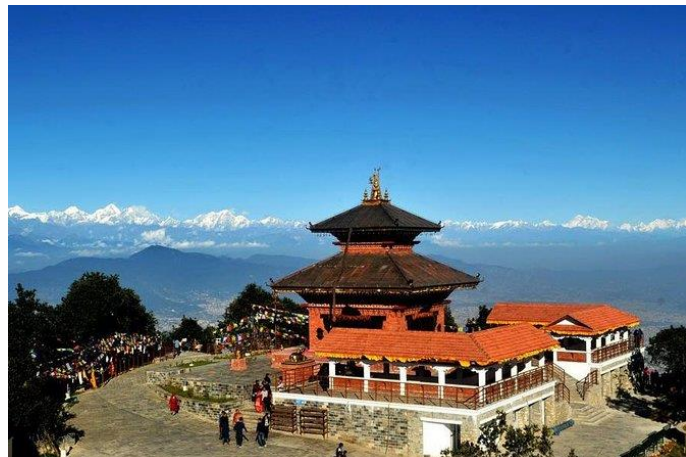
Price for SAARC Countries	Price for Foreigner
\$100	\$130

Includes:

All taxes and fees
Pick up and drop service

CHANDRAGIRI HILLS :

Chandragiri hills is one of the best destination sites in Nepal. It is located 16 kilometers south from Kathmandu central & Chandragiri hills(2551m – Top station) lies 07 kilometers west from Thankot – offer soaring peaks & breath taking views of Kathmandu valley – the panoramic views of Himalayan ranges from Mt. Everest(8848m) to Mt. Annapurna(8091m) makes any one unforgettable moment & feel like seeing whole Kathmandu valley. There is also a Bhaleshower Mahadev temple (Hindu devotees believe that the all-powerful Bhaleshwar Mahadev fulfills the wishes of all who come to pay homage to him in Chandragiri Hill).



There is playground for children, water fountain, park, horse riding, luxury resort, restaurant and many more other activities. One can hike or ride on a cable car to reach the top of the hill.

Cable car price per person: INR 800

Transportation charge:

No. of pax: 1-3	No. of pax :3-4	No. of pax 4-10	No. of pax:10-25
1375	1425	1205	1240

PUMDIKOT: The Shiva Statue in Pumdikot is 108 feet tall and the statue itself is 51 feet. There are 108 Shiva Linga around the statue in the temple. And you also can enjoy the amazing view of Pokhara city along with Phewa Lake from the Shiva temple. Besides these nature views, you also can enjoy the adventure activities like Paragliding, Ultralight flight, and Hot air Balloon from Shiva Statue Pumdikot.



Transportation charge:

No. of pax: 1-3	No. of pax :3-4	No. of pax 4-10	No. of pax:10-25
1375	1425	1205	1240

END OF ACTIVITIES

GENERAL TERMS & CONDITIONS OF FISHTAIL TOUR AND TRAVELS PVT. LTD

PRICE

All the above quoted prices are in INR, valid for Indian Nationals (Passport / Voter ID) only and are correct at the time of pricing but are subject to change without prior notice. As many components of tour packages are not Fishtail Tour's owned property, it is beyond its mean to prices as per the validity shown.

REFUND

All the tour & land arrangements which may be guaranteed are subject to Fishtail Travels inability to provide the same as result of act of Government or such authorities, civil disturbances, strike as a result of any other causes beyond Fishtail Travel's control. Fishtail Tour & Travel shall incur no liability to provide any services confirmed if such inability is due to, any of the cause listed above and no refund shall be made on the part or full payments received by us.

TURN AWAY

In the unlikely event, the Hotel / Resort Safari camp booked is unable to accommodate reconfirmed reservation for whatsoever reason, the properties as booked shall undertake the responsibility of accommodating the business in alternative property of equal ranking as far as possible. Any extra expense incurred during this process is not the responsibility of Fishtail Tours & Travels. Fishtail Tours & Travels will of course help in this process to the best of its ability taking the interest of principles in mind.

DEPOSITS

Reservation of hotel & other tour land arrangement are confirmed by Fishtail Tours & Travels subject to receipt of deposits. Advance payment of 60% of the total tour-land costs including Hotel must be received by Fishtail Tours & Travels with in 3 days of confirmation. Balance payment is to be made 10 days before of arrival and our account must be clear and reflected to Fishtail Tours & Travel Account to Kathmandu unless prior credit arrangements have been made with us.

ACCOMODATIONS:

Accommodation in Kathmandu will be Star Category as mention on tour Category. However we used to match similar category in other destinations beside Kathmandu because we have no proper star rating hotels in other small cities of Nepal like Pokhara / Chitwan / Nagarkot etc.

RESERVATIONS

Hotels mention in table are subject to available. In case of unavailability, we will provide similar category hotel. Reservations may be made through e-mail, telex, fax or telephone clearly stating the services required. We take the undertaking process for this reservation and duly confirm the arrangements. The final reconfirmation is required as per the schedule under "Naming & Rooming list".

SUPPLEMENT:

Christmas and New Year supplement cost will be added extra in the given cost. The exact rates will be confirmed at the time of bookings only as per the hotel systems.

CREDIT POLICY

Tour operators or travel agents interested in getting credit facilities from Fishtail Tours & Travels should make an application which shall be reviewed and the decision duly intimated to the applicant.

COMPLIMENTARY POLICY

For all the land tour arrangement, we will provide you one person complimentary on tour plan, for every 15 full paying guest in a tour. Complimentary or discount accommodation shall be made on a twin sharing basis not in a single occupancy basis.

TRIP CANCELLATION POLICY

The trip cancellation policy applies as follows:

- 60 - 30 days prior to departure 10% of the tour cost.
- 29 - 15 days prior to departure 20% of the tour cost
- 14 to 7 days prior to departure 60% of the tour cost.
- 6 days or less no refunds.

Our cancellation policy applies in every instance. There will be no exception for any reasons therefore we strongly recommend that you purchase trip cancellation insurance. This low cost insurance protects all deposits and payments should you have to cancel your trip due to personal or family illness. Should you or anyone in your choice purchase this insurance, please deal directly with the insurance company. Baggage and accident insurance are also available.

EXTRA COSTS

Round trip airfares from your starting location and back, some city meals, passport and visa fees, tips for guides and trek staff, any medical check-ups, treatment, evacuation and immunization, insurance of any kind, excess baggage charges, airport taxes and any other items of a personal nature are not included in land costs.

AIRLINE CLAUSE

The airlines are not to be held responsible for any act of omission or event during the time passengers is not on board their planes or conveyances. The passenger contract in use by the airline, when issued shall constitute the sole contract between such purchase of these tours and or passenger. Such contracts are subject to the laws of the countries involved.

YOUR FINAL AGREEMENT

By making reservations with Fishtail Tours & Travels or its associates and depositing your advance payment with us, our agents or representatives, you agree to each of the foregoing terms and conditions and agree that you are thereby bound. You also acknowledge that you have carefully read and understood the foregoing terms and conditions.